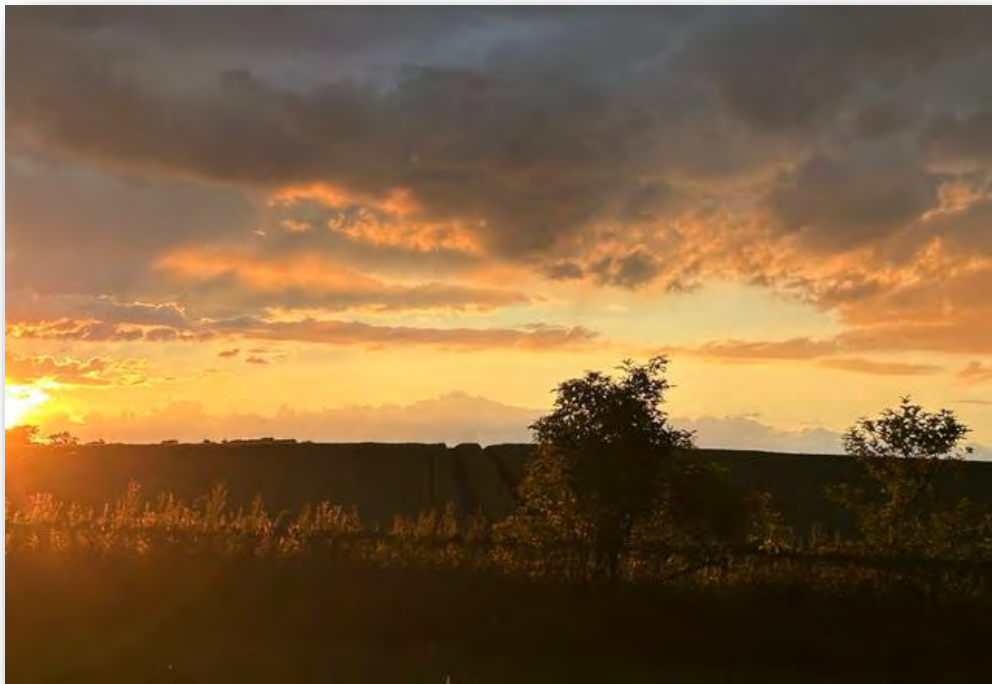


ST MARY'S
CHURCH,
DALMAHOY



In Touch

October - November 2024

Registered Charity No. SC014203

Who's Who

Bishop

The Rt Revd Dr John A Armes
 Diocesan Office
 21a Grosvenor Crescent
 Edinburgh EH12 5EL
 Tel: 0131 538 7033



Ministry Team

Revd Christine Downey Rector
 Tel: 07986957718
 Email: rector@stmarysdalmahoy.org.uk
 Ella Henderson Outreach

Mandy Smart Spiritual Nurture / Education & Growth
 Worship

Liturgical Assistants

Revd Janet Dyer Steve Haigh
 Denis King Carole MacBride

Administrator

Olivia Almond 0131 333 1683
 admin@stmarysdalmahoy.org.uk

Wedding Co-ordinator

Carole MacBride 07909 582760
 weddinginfo@stmarysdalmahoy.org.uk

Rector's Warden

Wilma Brown 07503 979 375

People's Warden

Mandy Smart 07779 909037
 peopleswarden@stmarysdalmahoy.org.uk

Pastoral Visitor

pastoral@stmarysdalmahoy.org.uk

Director of Music

Vacant

Patron

The Earl of Morton
 lordmorton@stmarysdalmahoy.org.uk

In this issue	Page
Who's Who	2 & 2
Pastoral Letter from Christine	4 - 5
From the Registers (October – November 2024)	6
All Souls Recital	7
Did Jesus and His Disciples Sing?	8 - 9
St Cuthbert's Medal Recipients	10
St Scruff's Dog Show	11 - 13
What's your favourite hymn?	14
Eucharist Readings: October – November	15
Diary of Events: October - November 2024	16
Recipe	18
Where to find St. Marys	19
Humour	20
Remembrance Sunday	21
Choir Festival	22
Musical Director Advert	23
Children's Page	24
Useful Numbers	Back Cover



Cover Photograph: Christine Downey

Pastoral Letter from Christine



Dear friends of St. Mary's

September always feels like the beginning of the year for me – new term, new initiatives, and the start of a season where we look to what's coming up in the Autumn; a change of gear as we look forward to Harvest, the craft fair September 28th, St. Francis and the Pet Blessing service, All Souls Requiem Mass, the All Souls Recital November 3rd, Remembrance Sunday, and then it will be Christmas!

This year I have really tried to embrace our fallow month of August and have enjoyed the slower pace of Summer with a trip to Finland. I have found a spaciousness and ease in which to inhabit my role, and my challenge is to take this quality of mind into the coming busy months!

Our lives are governed by the seasons, perhaps not in the way they once were, but we still have personal seasons of intense busyness with young families or grandchildren, work, rest and play with times of great joy, sadness and change.

In 2025 of course we celebrate our 175th anniversary and we look forward to all the events that will entail. There are rumours of cabarets or concerts, ceilidhs, and so much more, limited only by our imagination. So please clear your diaries and plan to attend as many events as possible! Please pass along your ideas for fun events to me or your wardens.

St. Mary's is also entering a season of anticipation and further growth, where we need everyone to prayerfully consider what they are able to offer. Rising costs have contributed to our fundraising campaign and though we have been changing things to be more efficient, and keep costs down, we all need to dig a little deeper into our pockets. The income from renting Douglas Hall has increased in recent years but the number of church weddings has fallen. Though happily the next couple of years have seen several couples already being booked in! Kiwi Cottage is now rented at a much-increased rate so that too is helping, as will our branded products to be sold in the Pro Shop at the Dalmahoy Hotel.

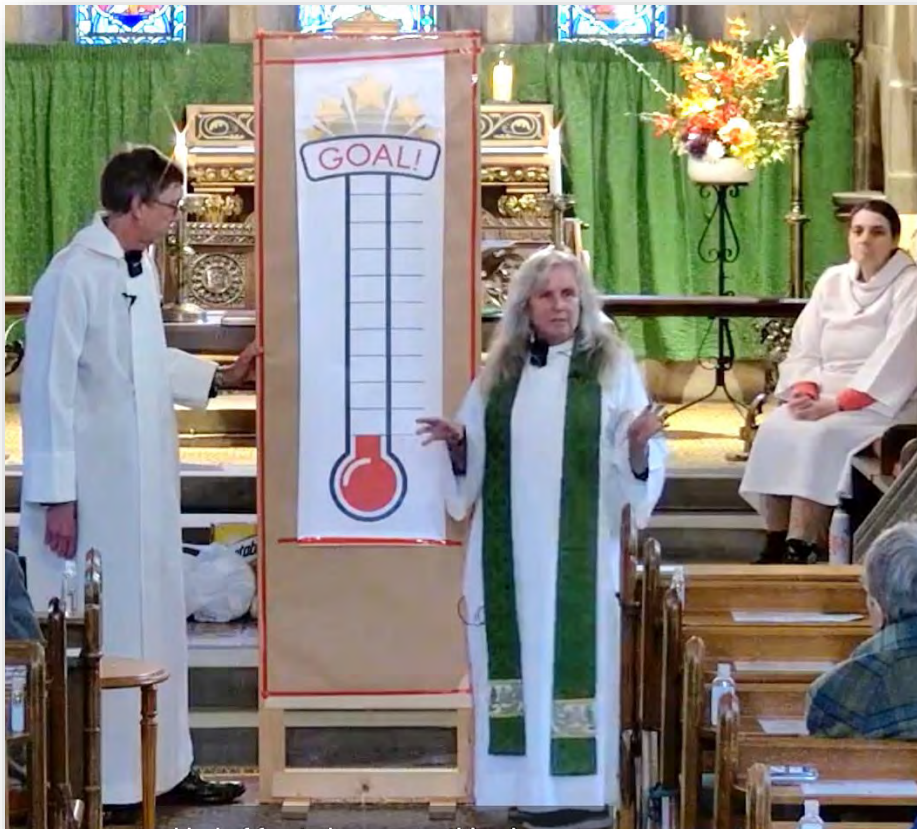
St. Mary's has been an important centre of care to the surrounding communities for 175 years and your gift now would go a long way to ensuring we continue that legacy well into the future.

Every little bit – every gift of time and talent you give, and every small act of service, is suffused with gratitude for all we have received from God.

Whatever season you find yourself in, know that you do not walk it alone. We have a loving Father who, as the quote reminds us, 'created mountains and oceans and galaxies, looked at you and thought the world needed one of you too'.

You are loved and valued beyond measure whatever season you find yourself in.

Christine+



What We Value at St. Mary's

Relationships

We were designed to do life with other people. We know that God cares for people through people. For this reason, we make every effort to be a church community where people are known and loved. (Matthew 19:19b)

Communion

"Do this in remembrance of me." Every week the congregation is led in communion, we take time to recall the sacrifice of Jesus and remember the forgiveness that we have been given, alongside the promise of the New Covenant, which is made possible by the blood of Jesus. (1 Corinthians 11:23-29)

Holy Bible

We value God's Word and believe that God continues to speak to us through the Bible. We believe that careful studying of God's Word, will result in spiritual growth and life change. (Timothy 3:16-17, Romans 12:2)

Prayer

We believe in the power of prayer. Pray is the continuous and on-going conversation between God and his people. We encourage everyone to have a person prayer life and be involved in congregational prayer. (Matthew 6:6, Matthew 21:13)

Jesus Christ

We value relationship with Jesus Christ. Jesus is our hope and our salvation. Jesus in our reason for living and in Him we discover that we were created on purpose for a purpose! (Acts 2:21, Ephesians 2:8-10)

Realness

We value making the message of Jesus easy for people. This means we take steps to speak and act in ways, so that people can understand the love of Christ. (1 Corinthians 9:22)



*-A safe place
to ask questions*

From the Registers (October – November 2024)

Baptism:

02/11/24 - Nicholas George Newton
13/10/24 – Maisie Caroline Margaret Chill



Weddings:

10/11/24 – Anna Hunter & Lewis Bridgman
29/11/24 – Iona Miller & Neil Wright



Remembering

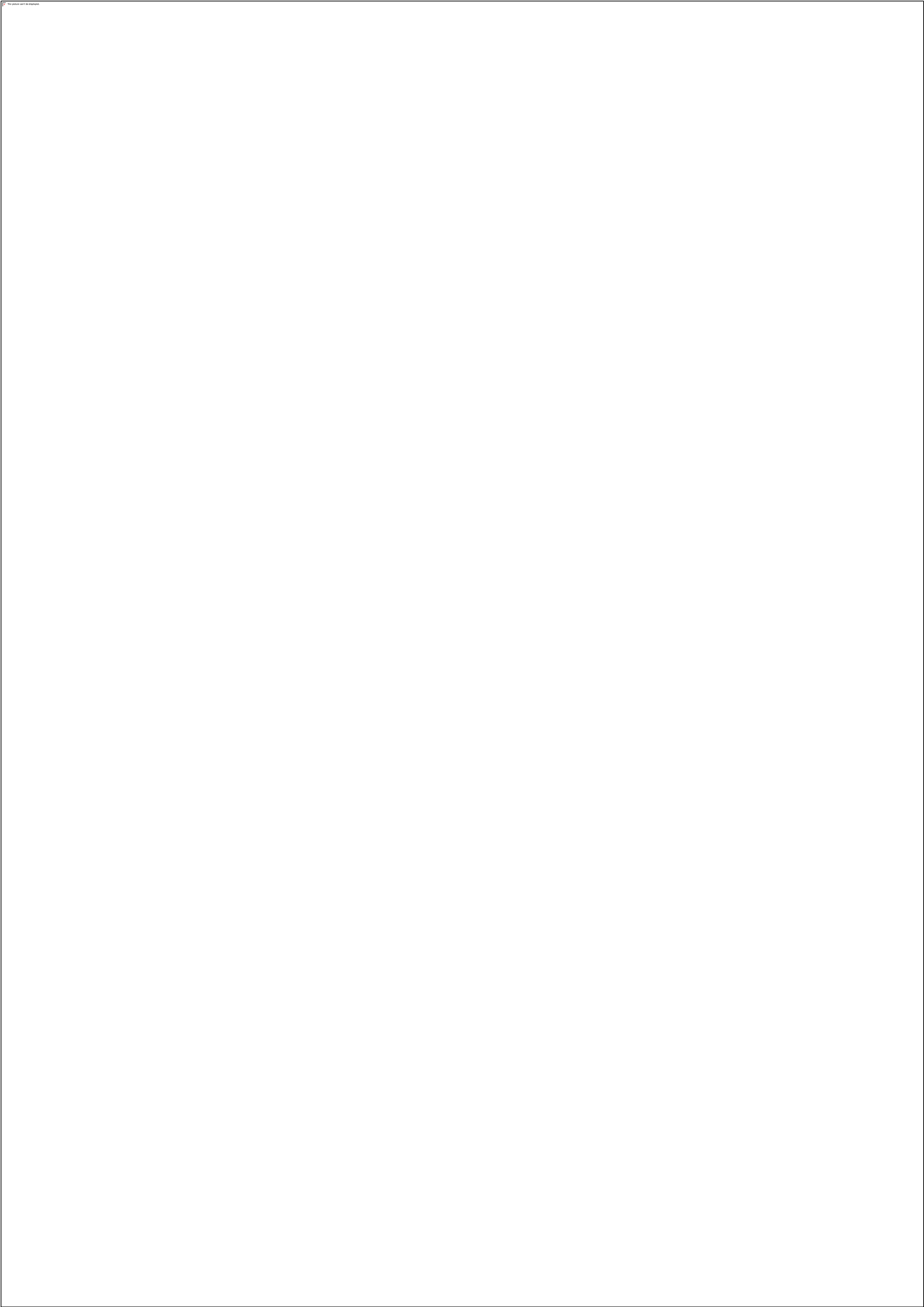
Sally McBride



Douglas Hall Classes & Events

Mondays	10:00am-12:00pm	Craft Group
Tuesdays	10:00am – 12:00pm	Knitting Bees
Wednesdays	11am	Communion
Thursdays	19:00 20:00pm	Yoga
Fridays	19:00 – 21:00pm	Ratho Scouts (occasionally)
2 nd , 4 th & 5 th Sundays	14:00-18:30pm	Mar Thoma Congregation

More information and **up-to-date** details
can be found on our website
www.stmarysdalmahoy.org.uk





Did Jesus and His Disciples Sing?

Many Christians hold dear the image of Jesus and His disciples gathered together in fellowship. But one question that has often intrigued believers and scholars alike is whether Jesus and His disciples sang together.

Music and singing are integral parts of worship in many religious traditions, so it is natural to wonder if they played a role in the lives of Jesus and His closest followers.

Biblical Evidence

The Gospels provide the most direct reference to Jesus and His disciples' singing. After the Last Supper, before they went out to the Mount of Olives, the Gospel of Matthew records: "When they had sung a hymn, they went out to the Mount of Olives" (Matthew 26: 30). A parallel passage in Mark 14: 26 also mentions this act of singing. This reference is brief, but it provides clear evidence that Jesus and His disciples did indeed sing together.

The hymn they likely sang was part of the Jewish Passover tradition. The "Hallel" Psalms (Psalms 113-118) were typically sung during the Passover meal, especially at the conclusion. These psalms are filled with praise and thanksgiving to God, and it is highly probable that Jesus and His disciples sang one or more of these Psalms as they concluded their Passover meal.

The Role of Singing in Jewish Worship

To understand the significance of this act, it's essential to recognise the role of singing in Jewish worship during Jesus' time. Singing was a deeply rooted tradition in Jewish religious life. The Psalms, which are essentially a collection of songs, were central to worship and personal devotion. Singing these Psalms was a way of expressing faith, communal identity, and devotion to God.

Given this cultural and religious context, it would have been entirely natural for Jesus and His disciples, as devout Jews, to engage in singing, particularly during significant religious observances like Passover.

The Spiritual Significance

The act of singing together would have been more than just a ritual; it would have been a way for Jesus and His disciples to bond spiritually. Singing the words of the Psalms, which speak of God's steadfast love, deliverance, and mercy, would have been a source of comfort and strength, especially as they faced the events that were about to unfold—Jesus' arrest, crucifixion, and eventual resurrection.

Moreover, singing is an act of worship that engages both the heart and mind. It allows the worshipper to express emotions and thoughts in a profound way. For Jesus and His disciples, singing together would have been a shared act of devotion, a moment of unity before the trials that lay ahead.

St Mary's Church, Dalmahoy, has carried forward this cherished tradition of singing as an integral part of our worship since 1850. Just as Jesus and His disciples found solace and unity in their hymns, we, too, gather in song, connecting with centuries of Christian worship and strengthening our bonds as a community of faith. The New Testament offers only a brief glimpse into the singing practices of Jesus and His disciples, yet it is clear that they did sing, particularly during their Passover observance. This simple yet profound act highlights the enduring significance of music in worship—a tradition that continues to inspire and unite us with Christians worldwide.

— Thomas Leigh



*I never force myself to be devout except when I feel so inspired,
and never compose hymns of prayers unless
I feel within me real and true devotion.*

Franz Schubert

St Cuthbert's Medal Recipients Maureen and Geoff



On Sunday September 15th the Feast of The Holy Cross Bishop John Armes, presented Maureen Blackwood and Geoff Angell with the St. Cuthbert's Medal in recognition of their long years of service to St. Mary's.

It was during his sermon that we were reminded that even the smallest act of service in Christ's Church peels back the darkness of our world just a little, to reveal the Kingdom of God. Small acts can and do

change our world for the better.

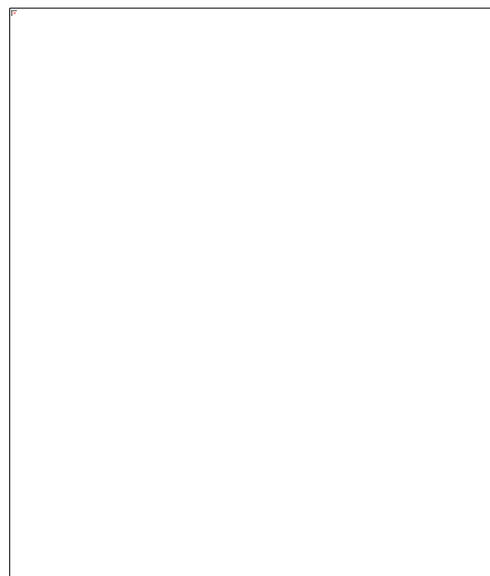
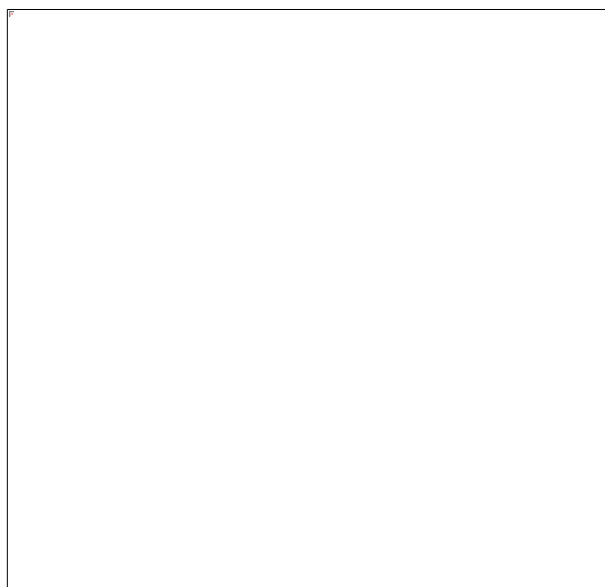
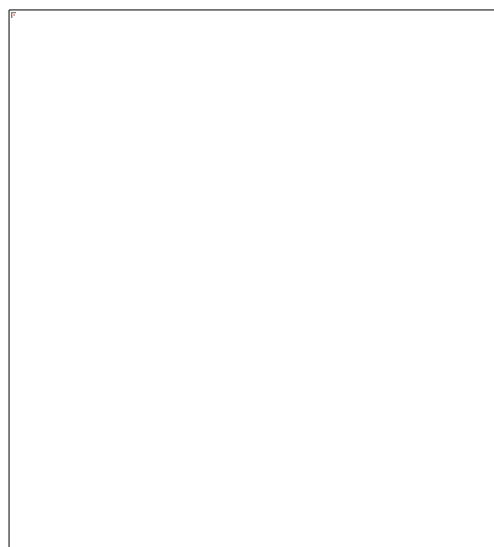
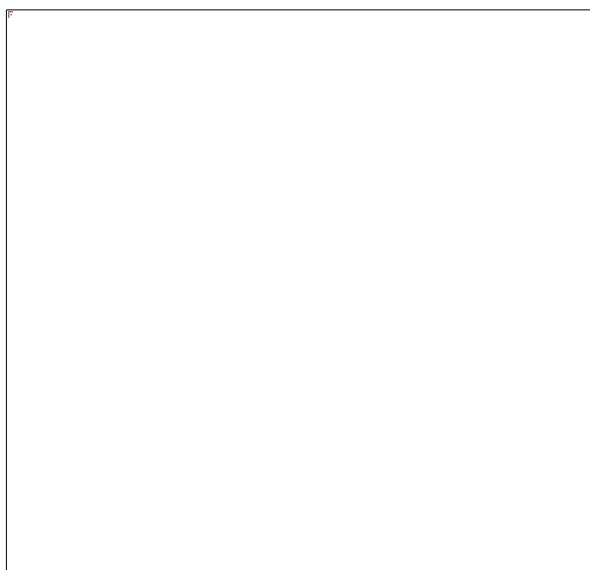
Geoff has been an accomplished vestry member envelope secretary, treasurer, and when St. Mary's needed urgent fundraising many years ago, helped immeasurably. Geoff has served on the vestry and been generous with his time in innumerable roles over the years including with our Fair-Trade Group and Walking Group. St. Mary's vestry felt we truly needed to recognize and let you know what a treasure Geoff is to all of us. Always helpful and always with a faithful 4-legged companion waiting patiently for him.



Maureen has been a member of St. Mary's Dalmahoy for 25 years and as our Sunday pew sheet coordinator, volunteer secretary, and an active member of our choir she had kept us all in good order. In recent years she has found the drive from Lauder often prevents her from attending every week (especially in winter) but even with the distance, she has maintained her enthusiasm for music and singing. Since my arrival, first with Louis and now Bruno, St. Mary's has been able to meet and bless her very special dogs.

St Scruff's Dog Show

On Saturday 10th August we held our annual St Scruffs Dog Show with proceeds benefitting the wonderful PDSA. We had an excellent turn out from the local community who brought their beloved pooches along to be judged in categories such as 'Dog with the shiniest coat' and 'Dog with the curliest tail'! Attendees enjoyed a thankfully dry day to socialise, share hot dogs and refreshments and win prizes on the tombola.

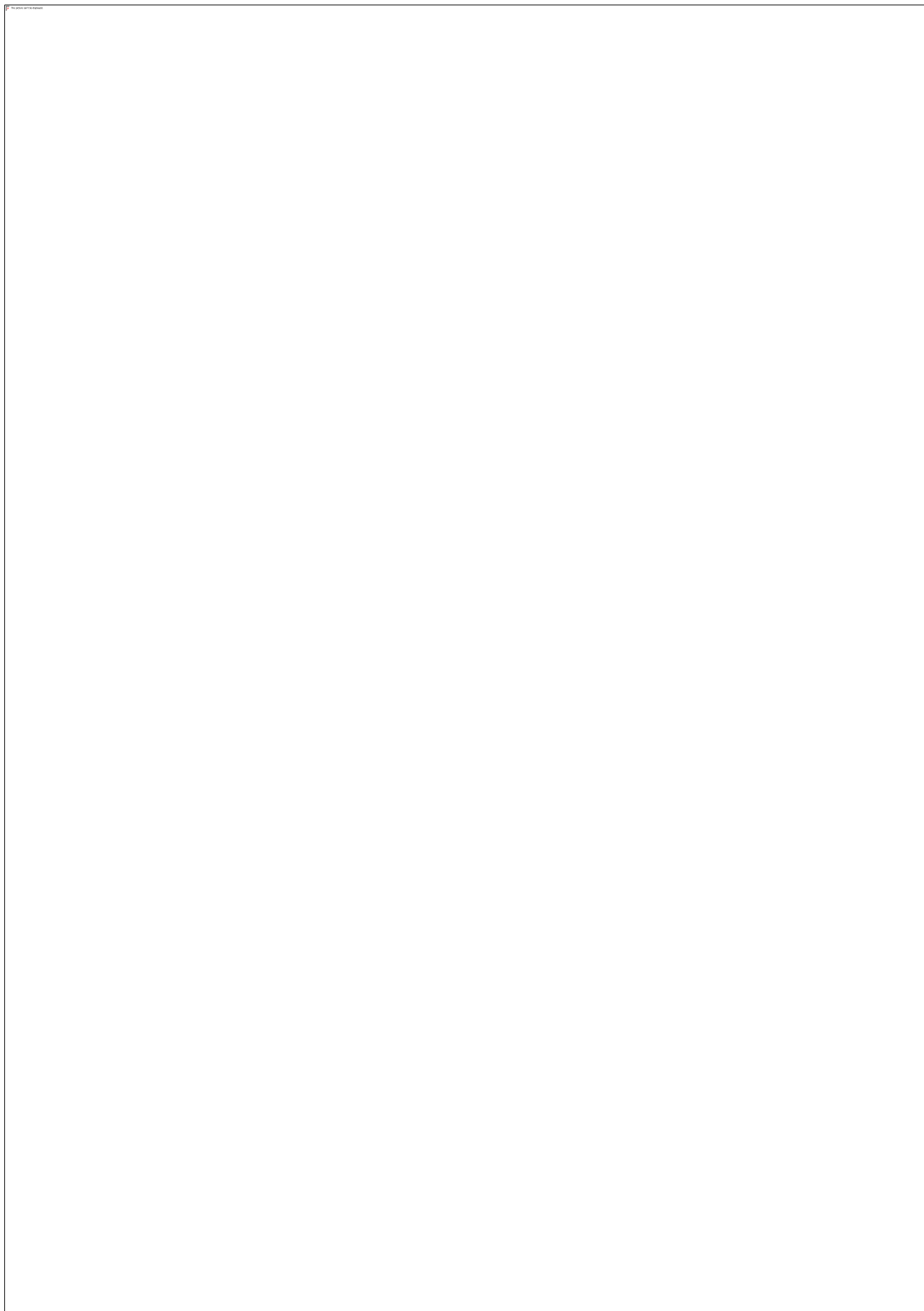




Our furry winners:

Class	1st Place	2nd Place	3rd Place
Puppy who sits quickest on command (2yrs and under)	Blue & Lily & David	Coco & Kylee	Puddie & Norman
Dog over 10 yrs with the wisest eyes	Oscar & Jamie	Tonka & Ben	Merri & Jane
The dog with the curliest tail	Max & Mel	Sapphire & Andrew	Buddy & Shaun
Fancy Dress dog and / or owner	Merri & Jane	Sadie / Puddie & Norman	Oscar & Jamie
Dog with the best set of whiskers	Buddy & Shaun	Roxy & Logan	Kara & Lyb & Alice
Dog with the shiniest coat	Coco & Kylee	Ebony & Roseanna	Anya & Igor & Irina
The most obedient dog (sit & down)	Anya & Igor & Irina	Bea & Emma	Theo & Fynn & Ruaridh
Dog with the best table manners	Ruaridh & Owner	Roxy & Logan	Coco & Kylee
Scruffiest dog	Max & Mel	Tonka & Ben	Dudley & Alex
Best dancing duo (dog and owner)	Theo & Fynn & Ruaridh	Roxy & Logan	Coco & Kylee
The Best in Show & Reserve show	Roxy & Logan	Oscar & Jamie	X





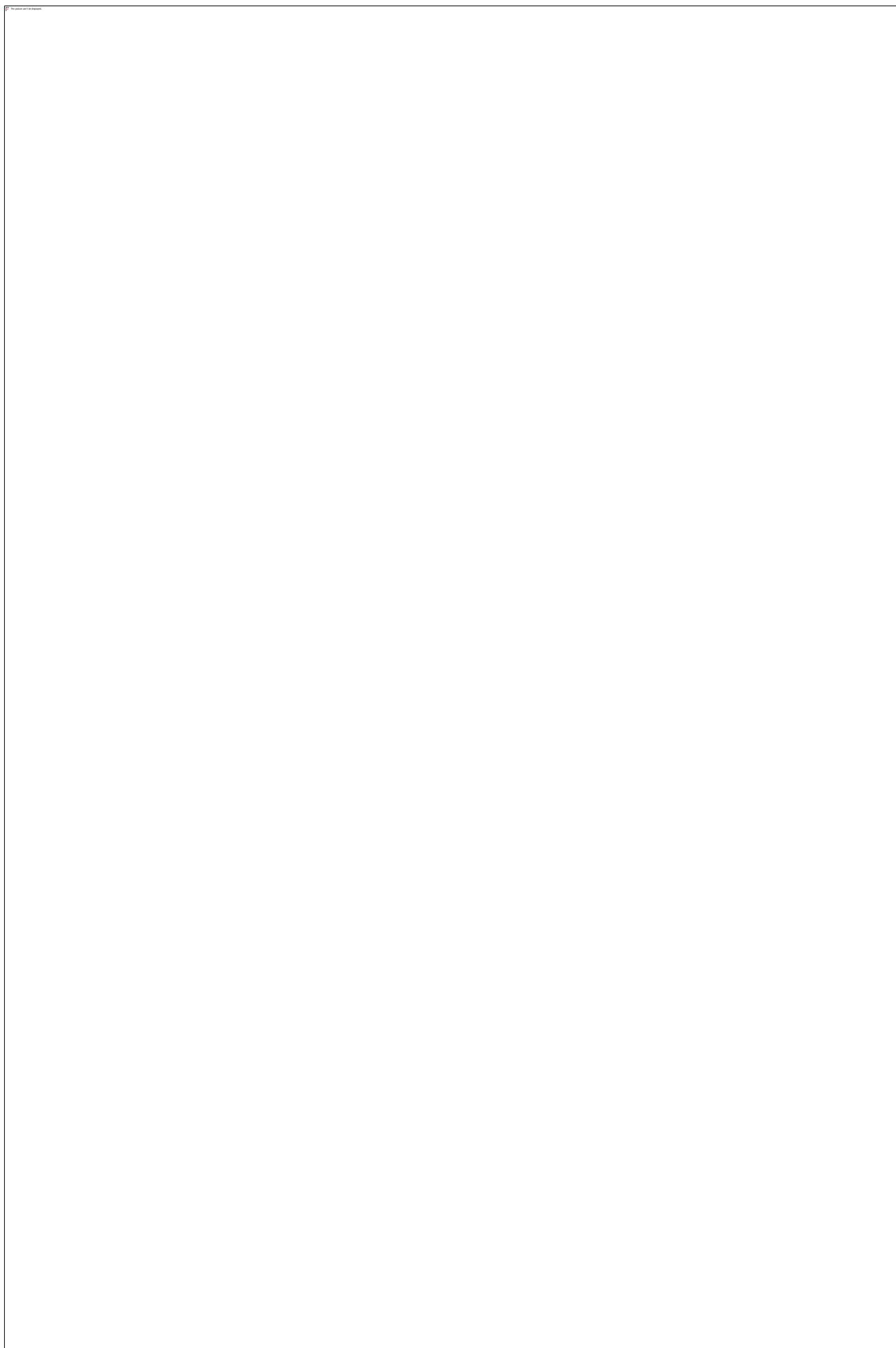
Eucharist Readings: – October & November 2024

October	
6th: Pentecost 20 Job 1:1; 2:1-10 Hebrews 1:1-4; 2:5-12 Mark 10:2-16	13th: Pentecost 21 Job 23:1-9, 16-17 Hebrews 4:12-16 Mark 10:17-31
20th: Pentecost 22 Job 38:1-7, (34-41) Hebrews 5:1-10 Mark 10:35-45	27th: Pentecost 23 Job 42:1-6, 10-17 Hebrews 7:23-28 Mark 10:46-52
November	
3rd: Pentecost 24 Ruth 1:1-18 Hebrews 9:11-14 Mark 12:28-34	10th : Pentecost 25 Ruth 3:1-5; 4:13-17 Hebrews 9:24-28 Mark 12:38-44
17th: Pentecost 26 1 Samuel 1:4-20 Hebrews 10:11-14, (15-18), 19-25 Mark 13:1-8	24th: The Last Sunday after Pentecost 2 Samuel 23:1-7 Revelation 1:4b-8 John 18:33-37



Diary of Events: October - November 2024

Date	Times	Venue	Event
2/11/24	17:00 – 18:00	Church	All Souls Requiem Mass
3/11/24	16:00-17:45	Church	All Souls Recital
10/11/24	10:30		Remembrance Sunday
17/11/24	12:00 – 13:00	Church	AGM
22/11/24	09:00 – 12:00	Douglas Hall	Choir Festival
<p>Please check News & Events on our webpage (https://stmarysdalmahoy.org.uk) Go to News & Events and scroll to the bottom of the page and you'll see the calendar.</p>			





Recipe:

Lohikeitto, or Finnish Salmon Soup

- INGREDIENTS FOR SALMON SOUP
- 454 g skin-on salmon filet
- 59 g unsalted butter
- 1 large leek, trimmed, sliced, and well rinsed
- 5 cups water (you can also use fish stock)
- 454 g potatoes, peeled and diced
- 1 large carrot, sliced
- 20 g fresh dill for garnish, finely chopped, divided
- 238 g cream
- 0.25 tsp allspice, use more to taste
- salt and pepper to taste

INSTRUCTIONS

- Remove the skin from the **salmon** and cut into largish chunks. Remove any small pin bones and discard. Reserve the skin, you're going to need it to make the broth.
- Melt the **butter** in a soup pot and sauté the **leeks** for about 10 minutes, stirring often, until nice and soft.
- **Note: if you are using fish stock you can skip this step.** While the leeks are cooking, put 5 cups of water and the reserved fish skin in a saucepan and bring to a boil. Turn down the heat and simmer gently for 10 minutes.
- Strain the broth and add to the pan with the leeks, along with the **potatoes**, **carrots**, and half of the fresh **dill**. Cook for another 10 minutes, or until the potatoes are just tender.
- Add the salmon chunks to the soup along with the **cream** and **allspice**, and gently simmer on low heat until cooked through, just a few minutes. Add the remaining dill, and **salt** and **pepper** to taste.

Where to Find St. Mary's:

FaceBook:

Search:

St. Mary's Dalmahoy



Follow Below Link:

<https://www.facebook.com/St.Marys.Dalmahoy>

YouTube:

Search:

St. Marys Dalmahoy



Follow Below Link:

<https://www.youtube.com/channel/UCUsCU8vdPLYXXpk0yl4GQjw>

An Easy & Fast way to make Donations to St Mary's: Use the QR code below:

You need to have a QR barcode reader app Installed on your smartphone to use the QR code.

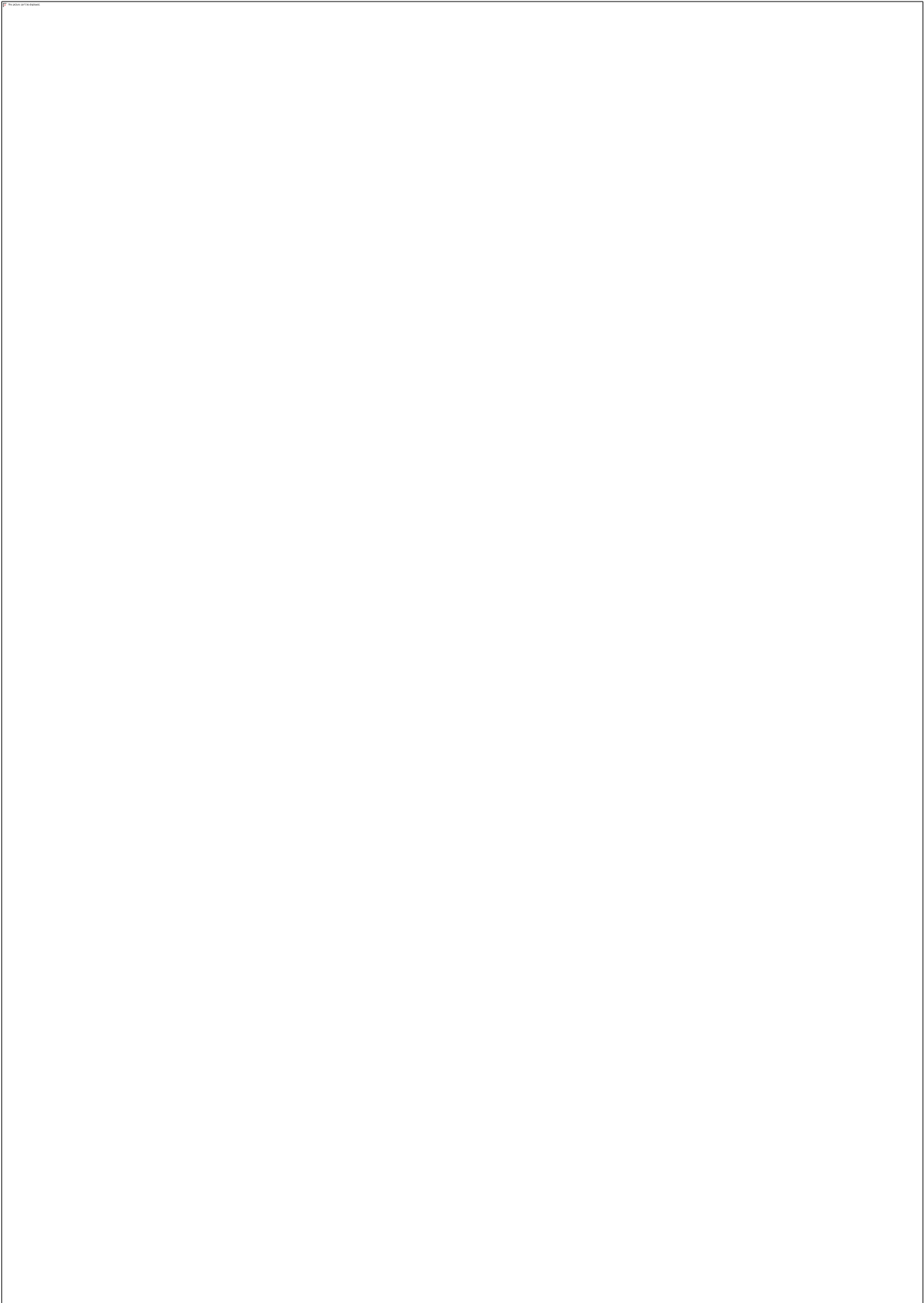


Humour

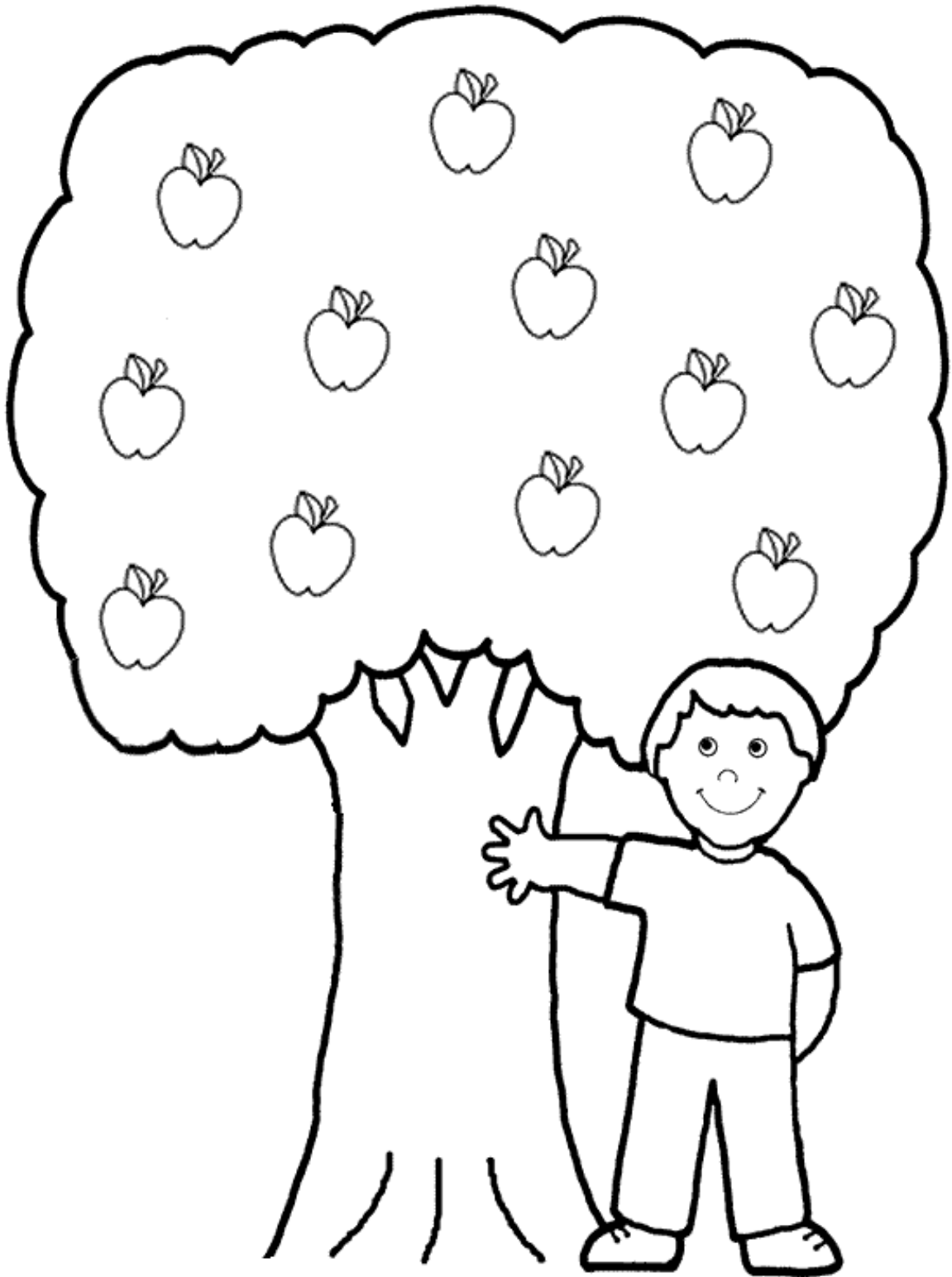
Church Humour: Bulletin bloopers (read carefully!)



- ◇ If you need to heave during the Postlude, please do so quietly.
- ◇ The Senior Choir invites any member of the congregation who enjoys sinning to join the choir.
- ◇ Barbara remains in the hospital and having trouble sleeping and requests tapes of Pastor Nelson's sermons.
- ◇ Applications are now being accepted for 2-year-old nursery workers.
- ◇ The ladies of the Church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon.
- ◇ The outreach committee has enlisted 25 visitors to make calls on people who are not afflicted with any church.
- ◇ A cookbook is being compiled by the ladies of the church. Please submit your favourite recipe, also a short antidote for it.
- ◇ At the evening service tonight, the sermon topic will be 'What is hell?' Come early and listen to our choir practice.
- ◇ Twenty-two members were present at the church meeting held at the home of Mrs. Marsha Crutchfield last evening. Mrs. Crutchfield and Mrs. Rankin sang a duet, The Lord Knows Why.
- ◇ After the sermon: A moment of silence for prayer and medication.
- ◇ Visitors are asked to sing their names at the church entrance.
- ◇ The Rev. Merriweather spoke briefly, much to the delight of the audience.
- ◇ The peace-making meeting scheduled for today has been cancelled due to a conflict.



Children's Page –



Who's Who (continued from Page 2)

Vestry 2023/2024

Secretary	Olivia Almond	0131 333 1683 secretary@stmarysdalmahoy.org.uk
Treasurer	Denis King	0131 333 1683 treasurer@stmarysdalmahoy.org.uk
Rector's Warden	Wilma Brown	07503 979 375 warden@stmarysdalmahoy.org.uk
People's Warden Lay Representative	Steve Haigh	01506 410 825 steven.haigh@btinternet.com
Alt. Lay Representative Member at Large	Wilma Brown Judy Goodman Anne Clapham	Mandy Smart Ella Henderson

Altar Guild

Co-ordinator Irina Grigolava	Denis King Carole Macbride	01506 873061
---------------------------------	-------------------------------	--------------

Child Protection & Vulnerable Adults Co-ordinator

Caroline Gunn 0131 443 4059
protection@stmarysdalmahoy.org.uk

Gift Aid Secretary

Geoff Angell 0131 315 2639

Fabric Co-ordinator

Carol MacBride 07909 582 760

Head Server

Denis King 01506 873061

Hall Bookings

Olivia Almond 0131 333 1683
admin@stmarysdalmahoy.org.uk

Visitors

Lois May Donaldson	0131 449 4279
Janice Goodfellow	01506 495082
Irina Grigolava	07796 305789
Denis King	01506 873061
Margaret King	01506 442549
Carole MacBride	07909 582760
Jane Russell	0131 441 2346

Prayer Chain

Revd Janet Dyer	John O'Connor
	Mandy Smart

Should you wish to add someone, or a situation, to our prayers, please email or telephone (see 'Rector's Warden' on page 2 for contact details).

Sunday Stewards

First Sunday	Richmond Davies	07968 582543
Second Sunday	Judy Goodman	0131 445 4197
Third Sunday	Irina Grigolava	07796 305789
Fourth Sunday	Wilma Brown	07503 979 375
Fifth Sunday	Mandy Smart	

Transport

If you need transport to or from church on Sunday, please contact the steward for that Sunday.

Postal Address

Church Office, St Mary's Church Hall,
Dalmahoy, Kirknewton, EH27 8EB

'In Touch' Editor

Christine Downey &
Olivia Almond

intouch@stmarysdalmahoy.org.uk

Website Administration

Vacant

webmaster@stmarysdalmahoy.org.uk

Organist Emeritus

John Blaber

emeritus@stmarysdalmahoy.org.uk

Service Times

Sunday	Morning Prayer (Said)	10:00 am
	Sung Eucharist	10:30 am
Wednesday	Said Eucharist	11:00 am

Church Open Times

Monday & Wednesday– 10:00 am to 12 noon for quiet reflection and prayer.

Deadline for articles for the December – January issue is 3:00 pm on Sunday 2025



**Please submit articles to:
intouch@stmarysdalmahoy.org.uk**

Useful Numbers:

We all have those times when we just need someone to talk to and confide in. Please find below a list of numbers you may find useful.

Why not keep this page just in case.

The Silver Line: Tel: 0800 4 70 80 90 Information – friendship – advice for older people. www.thesilverline.org.uk

Anxiety UK: Tel: 03444 775 774 www.anxietyuk.org.uk

Arthritis Helpline: Tel: 0800 5200 520 www.versusarthritis.org

Mind: Tel: 0300 123 3393 www.mind.org.uk Mental Health.

Age UK: Tel: 0800 678 1602 www.ageuk.org.uk

Samaritans: Tel: 116 123 www.samaritans.org

Childline: Tel: 0800 1111 Calls are free and Confidential

National Domestic Abuse: Tel: 0808 2000 247

Cruse Bereavement Care: Tel: 0808 080 1677 www.cruse.org.uk

