# ST MARY'S CHURCH, DALMAHOY





# In Touch

June - July 2024

Registered Charity No. SC014203

# Who's Who

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**Cover Photograph: Helsinki National Cathedral** 

# Pastoral Letter from Christine

God's Spirit is on me; he's chosen me to preach the message of good news to the poor, sent me to announce pardon to prisoners and recovery of sight to the blind, to set the burdened and battered free, to announce, "This is God's year to act." (Luke 4: 16-21 The Message.)

Within his hometown, Jesus brings-to-reality the longing and hope of his people. Today, God's promises come true "in this place".

In today's circumstances though, people who have never been to church don't immediately connect with our language, customs, and culture.

In other words, they don't know when to sit stand or be quiet. So, what can we do to help them feel comfortable? Well, we try to model hospitality. We've put brief instructions in the orders of service, and there will be a slight revision to better help people feel comfortable. As a good host one's

own comfort is often sacrificed for the comfort of a guest.

When people do take a chance and venture into a parish, is their experience of Church life-giving or does it leave them feeling confirmed in the belief that there are just too many rules?

Some believe people outside the church have nothing of value to offer. But that is just not true. What they offer may make us uncomfortable, it may look very different to what we're used to but that doesn't mean there is nothing good that can come of the new.

We neglect our souls and lose our passion if we forget this, and act out of fear of the unknown instead of faith. Fear may cause us to cling to our current patterns, just because it's what we've remember as "always done" but this leads us to self-protective ways which isolate us from the very people we are to reach.

It is said that churches are not only a place where we are ministered to but equally, places from where we are to minister and help heal. What is it we are called to heal? Those burden of sin, and sadness, loneliness and selfishness, fear, and loss. How does St. Mary's do this? By providing space for encounter with the holy. By providing

compassionate care of the lonely, the scared and the lost.

But the work of salvation is God's work, it is not ours to decide how or when, each one will encounter the divine, or what the proper response to that is or when and how people will work out their salvation.

It is a rare and holy thing to able to offer such hospitality to those who need the presence of God in their lives. It takes a brave person to push open those heavy old doors not knowing what's on the other side. Will it be condemnation? Or will it be love and acceptance? That bit is our work and is up to us.

Happy summer!

Christine.



# From the Registers (June – July 2024)

## **Baptism**

No Baptisms

# Weddings

20<sup>th</sup> July Katy Hall & Andrew James



# Remembering



# **Douglas Hall Classes & Events**

Mondays 10:00am-12:00pm Craft Group

Tuesdays -

Wednesdays -

Thursdays 19:00 20:00pm Yoga

Fridays 19:00 – 21:00pm Ratho Scouts

(occasionally)

Saturday last of the month 10:00-10:30 am Bookbug

2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup> Sundays 14:00-18:30pm Mar Thoma Congregation



More information and up-to-date details can be found on our website

www.stmarysdalmahoy.org.uk

# **Traditional Hymns**

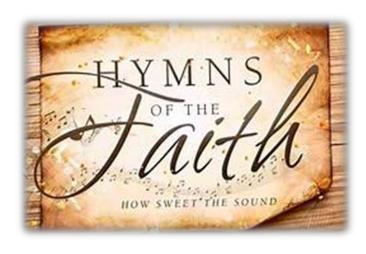
Traditional hymns hold a profound place within the tapestry of Christian worship, dating back to the seventeenth century when they began to be composed in English. These hymns serve as timeless expressions of the core tenets of the Christian faith and offer guidance for Christian living. Rooted in tradition and steeped in



theological depth, they provide a vehicle for believers to connect with the Church's rich heritage through the ages.

One of traditional hymns' defining characteristics is their ability to encapsulate complex theological truths in a straightforward and accessible manner. Through their lyrical compositions, hymn writers adeptly explore a single theme, often developing it in a logical progression that resonates with worshippers. Whether it be themes of redemption, grace, or the glory of God, traditional hymns have a unique capacity to convey profound spiritual truths with clarity and poignancy.

Furthermore, the versatility of the hymn genre is striking. Traditional hymns encompass a wide range of themes and emotions, making them suitable for various aspects of Christian worship. From narratives that recount biblical stories to hymns of praise that exalt the majesty of God, from confessional hymns that acknowledge human frailty to petitions for divine intervention, traditional hymns offer a diverse array of expressions for the believer's spiritual journey.



Moreover, traditional hymns serve as a tangible link to the Church's collective heritage. As worshippers engage with these timeless melodies and lyrics, they are reminded of their connection to generations of believers who have gone before them. This sense of continuity fosters a deep appreciation for the historical

roots of the Christian faith and underscores the Church's unity across time and space.

The breadth of topics covered by traditional hymns is also remarkable. Whether it is the exploration of fundamental doctrines or celebrating significant seasons in the Church calendar, traditional hymns provide a wealth of material for congregational worship. Moreover, they are often tailored to specific occasions, such as church anniversaries or prayers for the safety of seafarers, demonstrating their adaptability to various contexts and needs within the Christian community.

In conclusion, traditional hymns occupy a cherished place within Christian worship, serving as conduits for spiritual truth, vehicles for collective memory, and expressions of faith that transcend time and culture. As believers continue to draw upon the rich legacy of these hymns, they are reminded of the enduring power of music and poetry to inspire devotion, foster community, and deepen their relationship with God.

by Thomas Leigh Director of Music



# The Tree

#### from Janet

At the time of writing May 9<sup>th</sup> was the warmest day so far recorded in Scotland this year. In the garden of 499 L.R.W. Balerno on that day, a miracle happened! The massive sycamore that overshadows our Victorian



house, burst into life. All the buds which had been tightly closed against the bitterly cold winds and rain of the former endless weeks seemed to simultaneously relax and the rosy bud scales tumbled down like confetti at a wedding. It was like a video speeding up. The leaves appeared in great fluorescent apple green abundant swathes.



One could almost see it happening as I watched. Our tree was in its full spring glory. All across the valley of the Water of Leith the same thing was happening as the trees lit up the landscape. They looked good enough to eat, these so called "broccoli" trees. Only don't!

Sycamores are not particularly special. They are very common, non-natives, introduced back in the 15<sup>th</sup> century and they rapidly spread like weeds. They are useful for making kitchen spoons, tables and chairs and the back of violins. But ours is very special, rather like that one on Hadrian's wall. Our Sycamore has

lived beside us for more than 50 years, and noticeably has grown many feet taller in that time.

It dominates the garden and was here long before us and hopefully will be here long after us. It is so massive it can be seen for miles even from the top of Black Hill, a high point of the Pentlands. It stands out on the edge of a steep drop, once the bank of the Water of Leith, before the river was moved! The tree is a survivor, and part of the woodland that covered this area of the valley.

Sadly, we have had to fell 13 trees in our garden through disease or heartwood rot, and many were more than 200 years old.



Our tree has withstood the recent frequent intense storms of last winter. We held our breath many times! Our tree is special for it is home, shelter and playground for a huge diversity of fauna and flora.





Rooks, pigeons, collared doves, magpies, hawks, woodpeckers, blackcaps, blackbirds, and numerous little hedgerow birds, roost and rest, and watch us from the

heights as the bird table is frequently replenished. Owls spend nights hooting, we love

them, numerous insects inhabit the bark and are swiftly taken by the bats. Thousands of bees come for the sycamore flowers. Then there are the acrobats, the squirrels who race up and down the branches swinging like monkeys scolding away.



Thinking about those leaves, the movement of water, the sap, the roots, the tonnes of CO2 absorbed and amazing life giving O2 a tree of this size produces. How important is our tree

to the biodiversity! And how beautiful! Christ needed a tree. I wonder what it was.

Then sings my soul ..... Lord how great Thou art!



ADVICE FROM THE TREE

STAND TALL AND PROUD

ROOT YOURSELF IN THE EARTH

BE CONTENT WITH YOUR NATURAL

BEAUTY

DON'T BE AFRAID TO BRANCH OUT

THINK LONG TERM

GO OUT ON A LIMB

DRINK PLENTY OF WATER

ENJOY THE VIEW

BIG THINGS HAVE SMALL BEGINNINGS.

Sent by my daughter Nicola who runs forest schools.

P.S If you want to visit our tree give me a ring 01314493767

# Archaeology at St. Mary's

The aim of the project is to investigate and record the archaeological landscape of Tormain Hill just to the west of Ratho. After a brief announcement of the project on the Ratho Facebook page several people and community groups have expressed an interest in helping with the project, including the local



Scout group who use the Cup & Ring rock art on the hill as their group's logo. AOC archaeology group have been contacted and will be assisting with every Phase. The overall project will be split into three phases:

- 1. Phase One, to take place on 2<sup>nd</sup> & 11<sup>th</sup> July 2024, will consist of a full day or two evening workshops. This will explain the project, the significance of Tormain Hill as a Scheduled Monument and introducing participants to archaeological research methods. Participating members/groups will be taught about desk-based research, and then conduct an archive search using tools such as aerial photography, Canmore and LiDAR. This will equip participants to carry out research beyond the scope of the workshop. This research will be drawn together and used to determine the specific location and nature of the activities of Phase Two.
- 2. Phase Two will consist of survey of sites and areas identified through archival and desk-based research. This may include field walking, topographic survey, photogrammetry survey, and/or geophysical prospection. Permissions from landowners will be obtained and the community will be introduced to different survey



methodologies. Edinburgh Archaeological Field Society have already agreed to assist with this phase and help community members. Further details will be available when another grant application is submitted. To take place Oct/March 2024/25

3. Phase Three will seek to explore targeted sites identified based on results of desk-based research and survey. This will provide an opportunity to community members to participate in an archaeological excavation, with landowners' permissions. Helping the community gather the results and produce a publication and presentation for the Community Council. More detail will available when another application is submitted. To take place June 2025.

This application specifically relates to Phase One comprising archival/desk-based research workshop. This will be conducted by an experienced member of staff from AOC introducing participants to the overall project aims and potential of the project as well as the significance of the archaeology of the area. Participants will learn skills in different resources available for conducting a desk-based assessment including Canmore, historic maps, Scran, LiDAR, archives, aerial photos, and estate records. A Training Manual will be provided for participants to use outside the workshop. Participants will be taught how to integrate these various forms of data to produce a coherent assessment of the archaeological and historical potential of an area. Participants will go on to use these skills to draw together research on the Tormain Hill area to identify sites for further study.

Ben Bright.



# **Dalmatians**

2023/2024 **Dalmatians** The session completed in April. The 2024/2025 session will start in August. Overall things have gone well, with a varied programme of talks and other forms of entertainment.



Since the last report in early January there have been four Dalmatians meetings.

In January we held the annual fun day. This consisted of a series of questions for which the answers were contained in the letters of the word 'Dalmatians' (It's in In Touch for all to try). There were also a couple of rounds of Catchphrase pictures to guess. It was a good laugh for all attending.

In February, Carole gave a comprehensive talk on the Child in the Rough charity and the Star of Wonder school. Through Carole, this a charity that St She presented a good Mary's supports. number of slides which she had taken on her visits to Kenya. These gave the attendees an understanding of the location, layout, and facilities of the school. Carole also told the meeting about the daily routine of the school, and how the meals are made.

Having been to the school twice Carole was able to show improvements that had been made between visits, thanks to donations that had been received. She also talked about the improvements that were planned going forward.

Another charity that St Mary's has supported recently is Aquabox. At the March meeting Alun Morgan gave a very interesting talk about the



charity. We all take access to clean drinking water for granted but that isn't Aquabox the case for people in places whe disasters strike, whether natural the case for people in places where manmade . Alun demonstrated how

simple equipment could be used to turn dirty water into drinking water. Aquabox manages to keep costs very low by using Rotary Club volunteers to teach local people how to use the equipment for individual families or larger scale communities.

Many who attended the talk were moved to make donations to such a good cause.

Finally in April, Eric Melvin came and presented to the group his talk on 'A Visit to Edinburgh Castle'. Eric is well known for his historical talks about Edinburgh and once again gave a very interesting presentation. He has the amazing skill to be able to talk for at least 45

minutes on his subject without looking at

any notes. The talk itself was mainly a walk through the history of the evolution of the castle from being a settlement on the castle rock to being the fortress it became. It also gave us an overview of the social and political upheavals from the time of St Margaret in the 11<sup>th</sup> Century through to the visit of King George IV in 1822.

Thank you to all who have presented, organised and helped with catering, helped with setting up and clearing up. Dalmatians could not run without you.

It is now time to start preparing for the new session and getting a programme together. I have had a couple of offers of talks already, which I will be following up, but there will still be plenty of free slots. Over the years we have had talks, singing groups, craft demonstrations etc. So, any suggestions for topics of interest or people who may come along to entertain or give a demonstration would be most welcome.



The only real downside of the session was the continued fall in numbers attending regularly. While the reasons for this are completely understandable, it makes inviting outside speakers less of an option. It would be great to get more people coming along. The lunch, which is held after the scheduled speaker etc, is a great time to chat and catch with others. That may not be possible at other times.

Dalmatians is open to everyone; you don't need to be part of St Mary's congregation to attend. Should anyone have thoughts or questions on anything to do with the Dalmatians please talk with myself, Jane Russell, Margaret King, or anyone who you know attends it. It would be great to get the number of regular attendees up.

# **Denis King**





# **DALMATIANS QUIZ**

Using the letters in the words Dalmatians answer the clues below. Each separate letter can only be used once but where there is more than one instance of a letter (e.g. 3 A's) it can be used the number of times it appears. Answers on pg. 35

## For Example:

An assumed identity? Answer: Alias

- 1. Book and Musical show.
- 2. Morning Prayer in the Anglican church.
- 3. He fought against the Crusaders.
- 4. An EU country.
- 5. A Classic language.
- 6. To take a diagonal course, direction, or path.
- 7. A cured sausage
- 8. A spiritual leader in a form of Buddhism.
- 9. A type of cloth.
- 10. A Russian car brand.
- 11. Most people will have 20 of these.
- 12. A soiled or discoloured spot.
- 13. The capacity to sustain a prolonged stressful activity
- 14. Unfortunately.
- 15. A type of footwear,
- 16. A shoemaker's tool.
- 17. A Holy Person.
- 18. African Country.
- 19. Helps you find out where places are.
- 20. Russian leader.



# Eucharist Readings: June – August 2024

June		
2 <sup>nd</sup> : Pentecost 2	9 <sup>th</sup> : Pentecost 3	
1st: 1 Samuel 3:1 -10 (11-20)	1st: 1 Samuel 8:4-20 (11:14-15)	
2 <sup>nd</sup> : 2 Corinthians 4:5-12	2 <sup>nd</sup> : 2 Corinthians 4:13-5:1	
Gospel: Mark 2:23- 3:6	Gospel: Mark 3:20-35	
16 <sup>th</sup> : Pentecost 4	23 <sup>rd</sup> : Pentecost 5	
1 <sup>st</sup> : 1 Samuel 15:34 – 16:13	1 <sup>st</sup> : 1 Samuel 17:57 – 18:5, 10-16	
2 <sup>nd</sup> : 2 Corinthians 5:6-10 (11-	2 <sup>nd</sup> : 2 Corinthians 6:1-13	
13), 14-17.	Gospel: Mark 4:35-41	
Gospel: Mark 4:26 - 34		
30 <sup>th</sup> : Pentecost 6		
1st: 2 Samuel 1:1, 17-27		
2 <sup>nd</sup> : 2 Corinthians 8:7 – 15		
Gospel: Mark 5:21 - 43		
July	a ath D	
7 <sup>th</sup> : Pentecost 7	14 <sup>th</sup> : Pentecost 8	
1st: 2 Samuel 5:1-5, 9-10	1 <sup>st</sup> : 2 Samuel 6:1-5, 12b-19	
2 <sup>nd</sup> : 2 Corinthians 12:2-10	2 <sup>nd</sup> : Ephesians 1:3-14	
Gospel: Mark 6:1-13	Gospel: Mark 6:14-29	
21 <sup>th</sup> : Pentecost 9	28 <sup>th</sup> : Pentecost 10	
1 <sup>st</sup> : 2 Samuel 7:1-14a	1 <sup>st</sup> : 2 Samuel 11:1-15	
2 <sup>nd</sup> : Ephesians 2:11-22	2 <sup>nd</sup> : Ephesians 3:14-21	
Gospel: 6:30-34,53-56	Gospel: John 6:1-21	
August		
4 <sup>th</sup> : Pentecost 11	11 <sup>th</sup> : Pentecost 12	
1 <sup>st</sup> : 2 Samuel 11:26-12:13a	1 <sup>st</sup> : 2 Samuel 18:5-9, 15, 31-33	
2 <sup>nd</sup> : Ephesians 4:1-16	2 <sup>nd</sup> : Ephesians 4:25-5:2	
Gospel: John 6:24-35	Gospel: 6:35, 41-51	
18 <sup>th</sup> : Pentecost 13	25 <sup>th</sup> : Pentecost 14	
1st: 1 Kings 2:10-12, 3:3-14	1 <sup>st</sup> : 1 Kings 8:(1, 6, 10-11), 22-	
2 <sup>nd</sup> : Ephesians 5:15-20	30, 41-43	
Gospel: John 6:51-58	2 <sup>nd</sup> : Ephesians 6:10-20	
	Gospel: John 6:56-69	

# A Question for your contemplation

"SINCE
BECOMING A MEMBER
OF ST. MARY'S CHURCH.
WHAT IS YOUR
FONDEST MEMORY?"

"I fondly recall my very first visit to this beautiful church. I was warmly welcomed at the door, and co-incidentally it was by the late Francis King who was "stewarding" on the day. He had been an old business friend whom I knew when I worked in Glasgow some years before. I hadn't seen him for years and it was wonderful to meet him. Later when we chatted in the Church Hall, I was easily persuaded to return to the church. I have been attending ever since. That was at least 20 years ago.

Since then, my fondest memory is of my 3-month-old son Gregor being Christened (he is now nearly 14 years of age)

Early on that November Sunday, it snowed like it had never snowed before! We had a fair distance to travel and only just made it to the Church with seconds to spare before the service started.

Deryck Collingwood, our Minister at that time, had been getting seriously worried that we weren't going to make it! Anyway, it all worked out well.

The service was a joy and I will always remember that Sunday.

With love and thanks to all" Douglas G. Walker

The Christening/baptism of both Matthew and Kirsty were wonderful occasions but a rather more selfish memory tops my list - participating and performing in Cinderella as one of the ugly sisters (the other being the rector at the time - Deryck Collingwood) in the Douglas Hall. It was written, produced, staged and performed by members of the congregation and was great fun".

**Best wishes** 

Steve

"I am pretty sure it is the Easter vigil service" Ella Henderson

"I am pretty sure it is the Easter vigil service" Ella Henderson

"Since becoming a member of Saint Mary's in 1972 It has been a source of happiness sadness support love just like a family

We were married there in 1973 and then both the children were baptised in the 80s.

Sadly, my husband was buried at St Marys in 2012. We received great love and support from both Clergy and congregation. There was happiness too seeing my daughter married there and more recently seeing a grandson baptised.

I would be lost and greatly devastated if St Marys was not part of my life". Margaret Chill.

One of my fondest memories at St Mary's is getting the Easter Garden ready on Good Friday for Easter Day. It is lovely to do this with a group of us and have hot cross buns after

Jane Russell

There are two outstanding things that have happened to me since first coming to St. Mary's in the 1980's. The first was getting married, my second wife and I had both gone through divorces, but convinced our former ministers, Betty my wife to be was a member of Holy Cross, Davidsons Mains, and her minister and Simon Robinson at St. Mary's, persuaded the Bishop to allow us to have a church wedding.

The second was forming a walking group, starting with fairly local walks on a Sunday afternoon, then doing part of the fairly new Southern Upland Way, from St. Mary's loch to the Episcopal church in Melrose (20 plus miles on the first Saturday in June). That proved to be so successful, that over the next 9 or 10 years we covered the whole of the 212 miles from Portpatrick on the West Coast, to Coburnspath on the East coast. Many other friends joined in now and again, but a hard core of us from St. Mary's managed the lot.

Geoff Angell

It's very hard to pick just one memory, there have been so many over the years.

In my wedding coordinator role, one of my favourite weddings was held on Hogmanay during lockdown.

Numbers of guests were severely restricted and due to closure of the hotel on December 26th the planned afternoon tea reception had been cancelled at short notice.

So being able to host a cake cutting, speeches and toast to the happy couple in the church after their ceremony was very special and much appreciated by the couple and their families.

Kind regards, Carole MacBride

Thank you to those that provided an answer to the question. It was lovely to read your memories.

I would have paid good money to see Steve as the ugly sister, is there any video or photographic evidence??

If you have an idea for a question you would like to asked, please email me it:

admin@stmarysdalmahoy.org.uk

Your contributions are always welcome.

Thank you, Pippa.

May the Spirit of Pentecost renew our sense of awe at all that is possible among and between us, if only we choose each other.

Wrap us in the winds of those early days aflame with dreams and prophecies
 Arouse our weary longings,
 Form among us, strange connections across land and tongue,
 Make us drunk with the magic of an encounter so holy
that we can't make sense of any other way

Solidarity in bread and shelter Solidarity in truth and consequence Solidarity in ordinary acts of life

Let us linger in the faith of those ancestors
Their testimonies, brave and enticing
No loyalty to state, nor power, nor wealth
Only to this wild and surprising love
Ancient and abiding

# Lothians Model Railway Show 2024

The weekend of 6/7 April saw Our show return to St Mary's church hall. Following the experience and success of 2023, we decided to open 30 mins earlier for wheelchair users and people with sensory conditions, to allow them to view the show in a more of peaceful environment.

Friday the 5th saw us at the hall bright and breezy at 8am to mark out the hall ready

for this year's layouts and traders to arrive from 2pm. Many of the clubs and traders from 2023 returned this year, in addition on the layout front we welcomed Glenrothes Mrc, Renfrewshire Mrc, the Arnold group from Alyth and Trader CM3 models and

the Aln valley railway from Alnwick.

The layouts on display covered a wide range of topics from shunting yards, depots, stations, continuous runs and the highly popular layout based on the world of Harry Potter, these were













The show was very well attended with over 550 through the door, the early access was well attended and the cafe proved popular too. We had another very successful show with public, clubs and traders very happy with how the weekend went and the show wouldn't be a success without them and of course the support our family, friends and everyone at St Mary's Church and I'm very thankfully to them all.

The Lothian's model railway show has been a fantastic success over the last 2 years and has already outgrown the

hall so it is moving to a new home in 2025 just along the road at the Students Union at Herriot watt University, we will always be grateful to St Mary's though and it's not goodbye it's just farewell for now.

Brian & Trisha Thompson

# THE LOTHIANS **MODEL RAILWAY EXHIBITION 2025**

AT HERIOT-WATT UNIVERSITY, EDINBURGH

The Third Annual Model Rail Show organised by Pentland Model Railway Group



**SAT 12TH & SUN 13TH APRIL 2025** 10AM - 4:30PM CITY BYPASS &

FREE PARKING

**HERMISTON GAIT** 

CLOSE TO

**EXCELLENT PUBLIC** TRANSPORT LINKS

WORKING MODEL RAILWAY LAYOUTS MODEL RAILWAY SALES REFRESHMENTS AND MORE

Admission: Adults £ 6.00, Kids (aged 0-15) FREE

THE STUDENTS UNION HERIOT-WATT UNIVERSITY RICCARTON, CURRIE, EDINBURGH, EH14 4AS

www.lothianmodelrail.co.uk



# Thank you from Star of Wonder

On behalf of the pupils, staff and volunteers, I would like to say a huge thank you to the congregation of St Mary's Dalmahoy for the financial support that you have given to the school since I first became involved with them in 2023.

Those donations have helped with the following, a full month's worth of food and water for all the pupils (around 170) and teachers.

Carole





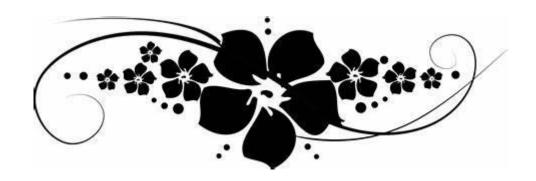
# Diary of Events: June - September 2024

Date	Times	Venue	Event
30 <sup>th</sup> June	From 1pm	The Rectory	BBQ / Canada Day
July 2 <sup>nd</sup> & 11th	5:30- 7:30pm	Hall	Archaeology Project Introduction
10 <sup>th</sup> August	2pm	Hall / Outside	St. Scruff's Dog Show
18 <sup>th</sup> August	10:30am	Church	Sea Sunday
8 <sup>th</sup> September	6 – 9pm	Church	Peace Vigil

Please check News & Events on our webpage

(https://stmarysdalmahoy.org.uk)

Go to News & Events and scroll to the bottom of the page and you'll see the calendar.



# In Gratitude

In gratitude for: This moment, This place, These people, We give ourselves to you. Take us out to live as changed people, because we have been touched by the living Lord & cannot remain the same. Ask much from us, Expect much from us, Enable much by us, Encourage many throu<mark>gh us.</mark> So, Lord, may we live to your Glory, both as inhabitants of earth and citizens of Heaven. Amen.

# Recipe: Lemon & Elderflower traybake

# Ingredients

- 250g lemon curd, plus extra to decorate
- 250g butter, softened
- 250g caster sugar
- 2 lemons, zested
- 4 eggs
- 100g self-raising flour
- 150g ground almonds



# For the pastry

- 200g plain flour, plus extra for dusting
- 125g cold unsalted butter, cut into cubes
- 1 tbsp caster sugar
- 1 lemon, zested
- 1 egg yolk

# For the icing

- 200g icing sugar
- 2 lemons juiced (use the zested lemons above)
- 2 tbsp elderflower cordial

#### Method

#### STEP 1

First, make the pastry. Tip the flour, butter, sugar and lemon zest into a food processor and blitz until the mixture resembles fine breadcrumbs. Tip in the egg yolk and ½-1 tbsp cold water and blitz again to bring everything together into a dough. If the dough isn't coming together, add more cold water, ½ tsp at a time, and blitz again. Roll the pastry out on a lightly floured surface to a 3mm thickness, then use it to line the base of a loose-bottomed traybake or brownie tin (ours was 20 x 30cm). Transfer to the fridge and chill for 20 mins.

#### • STEP 2

Heat the oven to 200C/180C fan/gas 6. Line the chilled pastry case with baking parchment and baking beans, then bake for 15 mins. Remove the parchment and beans and bake for 5 mins more until the pastry is lightly golden. Leave to cool for a few minutes before spreading over the lemon curd, leaving a 2cm border around the edges (it will spread out when the cake batter is poured over). Turn the oven down to 180C/160C fan/gas 4.

#### STEP 3

Beat the butter, sugar and lemon zest together using an electric whisk or in a stand mixer until pale, light and fluffy, about 8 mins. Beat in the eggs, one at a time along with 1 tbsp of the flour, then fold in the remaining flour and the ground almonds. Carefully spoon the batter over the lemon curd and gently spread out using the back of the spoon, then bake for 35-40 mins until a skewer inserted into the middle comes out clean. Leave to cool in the tin completely, then carefully remove to a board.

#### STEP 4

To make the icing, combine the icing sugar, lemon juice and elderflower cordial until loose enough to drizzle over the sponge, then swirl over extra lemon curd, if you like. Cut into squares and serve. Will keep in an airtight tin for up to three days.

https://www.bbcgoodfood.com/recipes/lemon-elderflower-traybake#

# Where to Find St. Mary's:

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# Humour

- What did the ocean say to the beach?
   Nothing, it just waved.
- · Why aren't lobsters generous? Because they're shellfish
- Where do birds stay when they go on vacation? Someplace cheep.
- Did you hear about the ice cream truck accident? It crashed on a rocky road.
- Did you hear about the dog who wears a swimsuit?
   Apparently, it looks quite fetching.
- Why don't seashells take baths? Because they wash up on the beach.
- What do you get when you cross an elephant and a fish?
   Swimming trunks.
- What happens when ice cream gets angry? It has a meltdown.
- Where do boats go when they're sick? To the dock.
- What do you call an anxious mosquito? A jitterbug.
- What did the tree say when summer finally arrived? What a releaf.
- What can cause dry skin after being in a swimming pool? A towel.
- What sits on the seabed and has anxiety? A nervous wreck.
- Why did the whale blush? It saw the ocean's bottom.
- What kind of sandals do frogs wear? Open-toad.
- Why do bananas wear sunscreen? Because they peel.
- Why did the watch go on vacation? To unwind.
- Why didn't the sun go to college? It already had a million degrees.
- Why is the ocean so clean? It has mer-maids.
- Why did the golfer bring two pairs of pants to the course? In case he got a hole in one.



# Children's Page –



St Mary's Church, Dalmahoy

#### **SNAITAMJAQ**

appears. instance of a letter (e.g 3 A's) it can be used the number of times it separate letter can only be used once but where there is more than one Using the letters in the words Dalmatians answer the clues below. Each

For Example:

An assumed identity ? Answer Alias

1. Book and Musical show. Matilda

2. Morning Prayer in the Anglican church. Matins

3. He fought against the Crusaders. Saladin

4. An EU country. Malta

5. A Classic language. Latin

6. To take a diagonal course, direction, or path. Slant

7. A cured sausage Salami

8. A spiritual leader in a form of Buddhism. Lama

9. A type of cloth. Satin

10. A Russian car brand. Latin

11. Most people will have 20 of these. Nails

12. A soiled or discoloured spot. Stain

13. The capacity to sustain a prolonged stressful activity Stamina

14. Unfortunately. Alas

15. A type of footwear, Sandal

16. A shoemaker's tool. Last

17. A Holy Person. Saint

18. African Country, Mali

# Who's Who (continued from Page 2)

## Vestry 2022/2023

Secretary Pippa Crichton 0131 333 1683

secretary@stmarysdalmahoy.org.uk

Treasurer Pippa Crichton 0131 333 1683

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Rector's Warden Wilma Brown 07503 979 375

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People's Warden

Lay Representative Steve Haigh 01506 410 825

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Alt. Lay Representative

Member at Large Judy Goodman Mandy Smart

Anne Clapham Ella Henderson

Altar Guild

Co-ordinator Denis King 01506 873061

Irina Grigolava Carole Macbride

Child Protection &Caroline Gunn0131 443 4059Vulnerable Adultsprotection@stmarysdalmahoy.org.uk

Co-ordinator

Gift Aid Secretary Geoff Angell 0131 315 2639

Fabric Co-ordinator Carol MacBride 07909 582 760

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Hall Bookings Pippa Crichton 0131 333 1683

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#### **Visitors**

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Janice Goodfellow	01506 495082
Irina Grigolava	07796 305789
Denis King	01506 873061
Margaret King	01506 442549
Carole MacBride	07909 582760
Jane Russell	0131 441 2346

# **Prayer Chain**

John O'Connor **Mandy Smart** Revd Janet Dyer

Should you wish to add someone, or a situation, to our prayers, please email or telephone (see 'Rector's Warden' on page 2 for contact details).

# **Sunday Stewards**

First Sunday	Richmond Davies	07968 582543
Second Sunday	Judy Goodman	0131 445 4197
Third Sunday	Irina Grigolava	07796 305789
Fourth Sunday	Wilma Brown	07503 979 375
Fifth Sunday	Mandy Smart	

# **Transport**

If you need transport to or from church on Sunday, please contact the steward for that Sunday.

#### **Postal Address**

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#### 'In Touch' Editor

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#### **Website Administration**

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**Organist Emeritus** 

John Blaber emeritus@stmarysdalmahoy.org.uk

**Service Times** 

Sunday Morning Prayer (Said) 10:00 am

Sung Eucharist 10:30 am

Wednesday Said Eucharist 11:00 am

**Church Open Times** 

Monday & Wednesday– 10:00 am to 12 noon for quiet reflection and prayer.

Deadline for articles for the August - September issue

is 3:00 pm on Sunday 21st July 2024



Please submit articles to: intouch@stmarysdalmahoy.org.uk



# **Useful Numbers:**

We all have those times when we just need someone to talk to and confide in. Please find below a list of numbers you may find useful.

Why not keep this page just in case.

The Silver Line: Tel: 0800 4 70 80 90 Information – friendship – advice for older people. www.thesilverline.org.uk

Anxiety UK: Tel: 03444 775 774 www.anxietyuk.org.uk

Arthritis Helpline: Tel: 0800 5200 520 www.versusarthritis.org

Mind: Tel: 0300 123 3393 www.mind.org.uk Mental Health.

Age UK: Tel: 0800 678 1602 www.ageuk.org.uk

Samaritans: Tel: 116 123 www.samaritans.org

Childline: Tel:0800 1111 Calls are free and Confidential

National Domestic Abuse: Tel: 0808 2000 247

Cruse Bereavement Care: Tel:0808 080 1677 www.cruse.org.uk

