ST MARY'S CHURCH, DALMAHOY





In Touch

October - November 2023

Registered Charity No. SC014203

Who's Who

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Cover Photograph: Painting by Jack Downey

Pastoral Letter from Christine

The Autumn letter is always one tinged with some melancholy at the darkening of the days, tempered of course by the anticipation of the season of anticipation- Advent. It is an in between time, and a busy time too. All Souls is perfect way to start to enter into this time of anticipation and reflection.

Advent and Christmas



St. Mary's will be celebrating Evening prayer or Compline Thursday evenings at 6:10pm through Advent beginning Thursday November 30th. There will also be an 1:10pm service at the rectory for those that don't like travelling at night

On Saturday December 16th our wonderful Carol service begins at 3pm in the afternoon.

Our Longest Night/Blue Christmas Service is again on December 21st at 3pm in the afternoon. This service is for all those who feel a quieter time of worship is what they need to fully celebrate the coming of Jesus. If Christmas is difficult for you this service is quiet and contemplative.



This year there is an additional intergenerational Christmas eve service at 5:30pm for families, and those for whom our Traditional 10:30pm worship is a difficult time! Our Christmas Day morning worship will be a wonderful mix of carols and celebration.

AGM and what's coming soon!

Our AGM November 19th is not long off, and I would encourage all of you to see if you would like to spend some time helping to craft the future of St. Mary's on vestry, please do call or email me.

I believe there is a yearning for connection in our society a need to "go deeper" to make a real difference in the world by

action.

There are several ways St. Mary's can make a huge impact on the lives of individuals in the coming year.

One way is to commit whole heartedly to using our Fair-Trade stall for your cards, cookies or perhaps speak to Anne Clapham, Steve Haigh, or any other member of the team to ask how you can make Fair-Trade a part of your weekly shopping. This single thing can help so many make a living wage.

You can also have a positive impact on the world by being aware of your carbon footprint- how much plastic do you use— have you considered wax wraps for food leftovers or using toilet paper made from recycled paper products? Do you avoid single use plastics? Ethically sourced food and household products are an important step- try just one thing and slowly add another thing and another- it's amazing where you find yourself!

People often use January 1st -New Year to make resolutions, but the Christian New Year begins with Advent. This Advent as we wait in anticipation of both the birth of Christ into our world anew and His coming again at the end of the age, celebrate His great love for us by walking gently on the earth, and by making a resolution bring along a family member of friend to worship St. Mary's or to one of our special services. Let us together continue to create an environment where Christ's presence continues to bring forgiveness, healing, and joy to all.

This autumn as we anticipate what's to come- remember to take time to revel in the beautiful colours! This is the perfect time for hearty soups, pulling out the warm woollens and cosying up in front of a toasty fire!

Saturday November 4th at 11am I will be presenting my paper and describing a bit about my time at Windsor Castle's St. George's House. Come and bring a friend!

Every Blessing! Christine+



St Mary's Church, Dalmahoy

www.stmarysdalmahoy.org.uk

From the Registers (October – November 2023)

No Baptisms

Weddings

31 Aug

20 Oct Lesley Cameron & Andrew Lornie

Funerals





Douglas Hall Classes & Events

Mondays	10:00am-12:00pm	Craft Group
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Tuesdays

Wednesdays

Thursdays 19:00 20:00pm Yoga

Fridays 19:00 – 21:00pm Ratho Scouts

(occasionally)

Saturday last of the month 10:00-10:30 am Bookbug

2nd & 4th Sundays 14:00-18:30pm Mar Thoma Congregation



More information and up-to-date details can be found on our website

www.stmarysdalmahoy.org.uk

October 29th 7pm St. Mary's Dalmahoy Sunday After Dark

Readings & Jazz for the Hunter's Moon

Paul Chamberlain & Michael Haywood

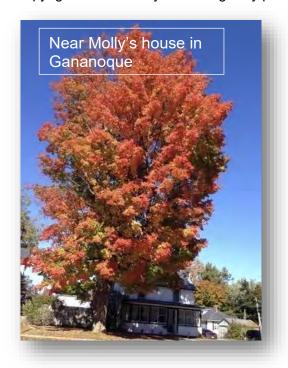
A Free Event! St. Mary's Dalmahoy

For Tickets Tel. 0131 333 1683 admin@stmarysdalmahoy.org.uk

www.stmarysdalmahoy.org.uk

The Annual Leaf Thing

Copyright © 2001 Molly Wolf. Originally published Fri, 19 Oct 2001



The annual leaf-thing is upon us again.

I spent an hour out in the side yard, raking up mounds of maple leaves, sweeping them into the big tarp, and taking them out back for Mother Nature to deal with. As I raked, I remembered years past: the early years when we had big leaf fires (we don't do that anymore--too hard on the environment), later years when the kids insisted on doing the appropriate kidly thing and taking huge running jumps into the piles. I also remember my endless anxiety

because I couldn't get the yard completely clean. I was measuring myself by my impossibly neat neighbour's standards. She had one small tree to deal with; I had three huge maples. I couldn't possibly keep my yard as neat as she kept hers.

But now she's moved, and I've changed. In middle age, I've begun to realize that the important thing is that I can see the lawn, not that I get every single leaf tucked away. Revelation: it's *my* yard, and if I don't feel like raking up every single leaf, that's my choice. Nyahh to all who say otherwise. It doesn't have to be perfect. It just has to be reasonably raked.

This all (through one of those mental sideway skews that bless and afflict me) reminded me somehow of a discussion I'd had with a friend, a woman who leads a Bible study group. One of the members of the group has been going on and on about what happens to a person after death. His denomination has strong views on the subject, as on just about all subjects, and so far as he's concerned, either you Believe or you are Damned. In his view, God is someone waiting to get you if you stray one step off the strait and narrow path. Salvation is a tenuous matter; it has to be earned by scrupulously good behaviour, and it can very easily disappear on you if you set a foot amiss. The Bible is literally word-for-word true,

because if one syllable isn't absolute literal truth, the whole thing goes out the window. I'd hate to have this man checking out my yard, I can assure you, because if there's one leaf out of place, I am in deep trouble.

But "straight and narrow" doesn't necessarily mean "boobytrapped." "This isn't always going to be easy" isn't the same thing as "I'm out to getcha for the least misstep." "Strait and narrow" means simply that you're going to have to strip off some stuff to get through this gate because some baggage, through its bulk or weight, holds you back from the Journey. Things like your pride, for example, or your desire for more material goodies, or your need to feel superior to others, or your secret belief that the way through to bliss is sex or chocolate or good red wine. Sometimes what we need to lay down is a good thing gone haywire: the need for security, for example. If we are in God's hand, what need do we have to fear? Isn't fear a failure to believe in God's love? To find my way towards God, I had to strip off my anxiety, my perfectionism. I had to strip off needing to please my neighbour and being frightened of her ill opinion. I had to let the maple leaves fly and accept that I can't control them, for the wind will take them where it wills. And then, when I had laid this baggage down, I could finally be free to turn my attention Godward.

The neighbourhood's changed; people seem to be a little less fussy about their yards now. The drought last summer, the ice storm four years ago (almost), the growing realization that lawn chemicals are not a Good Thing--all these together have knocked some common sense into our collective heads. Even those who reached their prime in the '50s when a disorderly lawn was a statement about your moral character, have come to believe that there are more important matters to worry about. What does it matter if a few maple leaves lurk around the joint? They mulch the soil, enriching it. They'll rot in time. It's not a big deal any more.

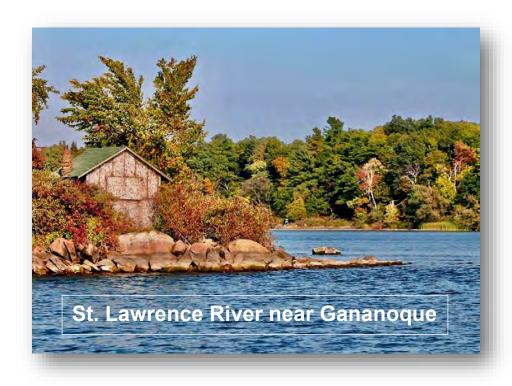
There were whole years back there, when I didn't get the leaves raked at all because life was Being Like That too much, and strangely, come the spring, I found it didn't make any difference. Winter had taken care of the matter for me. Of course, perfection is best, but I've come to believe that a yard rough-raked in joy and to the glory of the Lord is better than a leaf-free yard raked in fear of

what the neighbours might think. If I get five tarp loads cleared this morning and find in them a piece of prose for the weekend, then I'm doing well enough.

And having let go of this worry, I can enjoy the leaves and the beauty of the morning, blue as only an October sky can be. I can take a long leaning-on-the-rake moment to appreciate the sight of my black cat, asleep in a drift of leaves, ebony on gold. I can flick a small rakeful of leaves into the wind and over the crouched tortoiseshell grrrl-cat, who leaps and pounces on them. I can delight in the soft, fine green of the grass I uncover. I can watch leaves twirl down into the vacant lot next door, which nobody wants anyway. I can praise God in this morning because I've set my fear-filled perfectionism down, leaving the burden at the strait and narrow gate: here, Lord, *you* take it. And I can give belated thanksgivings for all the blessings I used to turn my back on; and I can apologize to my God for having so doubted his mercy.

I can take each tarp load back and let it fly over the back wall, not getting my knickers in a knot about getting the lawn perfectly clean...

...because after all, most of the leaves are still up there, on the trees...



Appreciation of the life of Olive Metcalfe

I met Olive and her husband Fred in this Church St Mary's in the 1980's. We became good friends and I treasure many happy memories of our time here. Olive was a faithful servant to St Mary's for nearly 50 years. She welcomed 6 Priests in that time.

There is a group at St Mary's called The Dalmatians which started in the nineties and is still running. It was Olive who first organised the Dalmatians at the request of our Priest Dean at the time. Olive had many interests and was a member of Probus, Generation Arts, a dance group and she and Fred were members of an amateur dramatic group many years ago.

Olive was a loving generous person and would open her home and provide hospitality to all. I have memories of a coffee morning in her flat in West Calder to raise money for the Church, Olive baked for a week, and we all enjoyed a lovely day in her garden. When Olive moved to Murieston her home hosted many dinners, Church meetings and social events. After Fred died, I would occasionally stay over for Bed and Breakfast and we would enjoy a nightcap together putting the World to rights before retiring, after all we could have run the Country better than any politician. You could always rely on Olive for a laugh, and we certainly had many of those.



I used to highly recommend a coffee at Olives, and I called it a Metcalfe coffee and one of our Priests coined the phrase "A Met Cafe" forget your Starbucks and Costa coffee this was delicious coffee, but it came with a warning!!!! Do not drive or operate machinery!!!

Olive opened her heart to everyone and was very rich in friends. We held Calder house groups and happy memories of times spent with friends Belle Saxby, Janice Good fellow, Tom Millard, Mandy and Marjory Smart.

Olive unfortunately did not have family of her own but her nieces and nephews some of whom I had the great pleasure of meeting, have been a wonderful loving support to her. Sadly, one of Olive's nephews Barry died a few years ago and Olive missed Barry so very much. Aino Barry's widow continued to phone Olive regularly as did Margaret and Alan, Judith and Richard, Anthony, Paul, Ronnie and Jack and Richard. Olive loved hearing from them all.

Olive made friends easily and when she had to give up her home and move to sheltered accommodation she settled quickly and soon made friends with those she met in Crusader Court and was very happy living there. The staff were wonderful, and I want to thank them for making her time there so very happy. I would call her every day that is to say if I could get her. She would be off visiting friends, sitting in the lounge catching up on the latest news, enjoying the exercise class, having her nails done or enjoying a movie on film night. I would get a call from friends "I can't get Olive is she ok"? "Oh yes just out and about".

Sometimes when a person reaches 90 their circle of friends gets smaller but not Olive, she had friends of all ages. I think this was partly due to a few of her special qualities, she always kept an open mind, was accepting of new ideas and always young at heart.

Wilma and all the Brown family were very good friends to Olive. Michael and Stef had her for Christmas over the past few years



and Matthew and Andrew enjoyed and loved her company and all adopted her as "Granny Olive".

Towards the end, her friends gathered, I sent out a message and as I was driving to be with her, my phone continued to beep from friends saying, "I am on my way". They dropped what they were doing to be with her.

We met in her hospital room, Janet had been with her in the morning, Brenda, Janice, Wilma me and Anthony spent the afternoon sharing stories while Olive slept and would smile when she heard something funny. Rev. Christine joined us and we all shared communion together. A very special time.

Those who knew Olive well, know how much she loved her teddies and there was quite a collection. I took her 3 favourites to her hospital room for her and a lasting memory we will take with us of Olive, was when we entered her room, the nurses had placed her teddy under her arm as she slept. The nurses and Doctors at St Johns were so very kind and they commented on her always smiling at them when they came in to her room.

Olive had worked in an administrative capacity for the police in West Calder and a police officer had posted on the forum about Olive's death and I will read a few of the messages.

"So sad to hear – she was a lovely person"

"That's very sad news, Olive was such a nice Woman"

"She was lovely when we worked at West Calder"

"Olive was a lovely lady and always very Friendly"

And in a letter of condolence, I received.

"Olive was a warm, kind and loving lady, in my experience, she was one of St Mary's treasures. We have been so blessed having known her. I am so glad and appreciative for the many special memories she gave me- too long to list. She is in safe hands surrounded by God's Love."

As we bid farewell to Olive, I will share what she said to me a few days before she died. Rona, I hope this is not Goodbye but if it is, I have had a good life.

In Loving Happy Memories my Dear Friend.

Rona xx

Tribute to Olive:

"We are sad because dear Olive is no longer here, but we are also glad that she was once was. Rest in Peace dear Friend"

John and Margaret





Sunday October 15th 10:30 am Guest Speaker Rona Finlayson

A Retiral Collection will be taken up at the offertory,

in aid of the Mission to Seafarers.



St. Mary's Autumn Craft Fair

Saturday 23rd September was St. Mary's second annual Autumn Craft fair.

The hall looked fantastic and the local crafters that attended were amazingly talented and their products were second to none.

We had a range of products keyrings, cushions, scarfs, books and

jewellery and much, much more.

St. Mary's had their own stall filled with a range of beautifully knitted products and it looked fantastic.

Ratho Scouts also attended and ran a home baking stall that was filled with delicious goodness.



This fair could not be run without the dedication of Margaret King and her team along with Carole and Christine. A lot of work goes into the organisation, setting up and on the day events. Thank you to all those that gave up their time to make it a successful day.

Although the foot fall wasn't as it was last year, the stall holders had a good time and amazingly St Mary's raised a total of £452, which in this climate, is very much needed.

We look forward to next year.







Sponsor our Sacraments!



Can you help with a bill? If you can sponsor one or more of these consumables it would help us enormously!

- Communion Wine £115 for 12 bottles. At present a bottle lasts around 1 month. So should only need to order once a year.
- Sanctuary Lights £63 for 20. Approximately two orders per year as last 8 days.
- o Lectern Candles 12" x 7/8" £41 for box of 25. Order twice a year.
- o Altar Candles 12" x 1 3/8" £47 for box of 12. Order twice a year.
- o Pavement Candles 24" x 2" for box of 6. Order twice a year.
- o Peoples Wafers jar of 1200 @ £26. Order once a year.
- o Priest Wafers £10 for box of 50. Order once a year
- o Paschal Candle £30. Order once a year

Contact Denis King to contribute.

or

use the QR code on page 27 & let Denis know!

Eucharist Readings: October – December 2023

October	
1st: Eighteenth Sunday after	8 th : Nineteenth Sunday after
Pentecost	Pentecost
1 st : Exodus 17:1-7	1st: Exodus 20:1-4, 7-9, 12-20
2 nd : Philippians 2:1-13	2 nd : Philippians 3:4b-14
Gospel: Matthew 21:23-32	Gospel: Matthew 21:33-46
15th: Twentieth Sunday after	22 rd : Twenty-First Sunday
Pentecost	after Pentecost
1st: Exodus 32:1-14	1st: Exodus 33:12-23
2 nd : Philippians 4:1-9	2 nd : 1 Thessalonians 1:1-10
Gospel: Matthew 22:1-14	Gospel: Matthew 22:15-22
29 th : Twenty-Second Sunday	
after Pentecost	
1st: Deuteronomy 34:1-12	
2 nd : 1 Thessalonians 2:1-8	
Gospel: Matthew 22:34-46	
November	
5th: Twenty-Third Sunday after	12th: Twenty-Fourth Sunday
Pentecost	after Pentecost
1 st : Joshua 3:7-17	1st: Joshua 24:1-3a, 14-25
2 nd : 1 Thessalonians 2:9-13	2 nd : 1 Thessalonians 4:13-18
Gospel: Matthew 23:1-12	Gospel: Matthew 25:1-13
19th: Twenty-Fifth Sunday after	26th: Last Sunday after
Pentecost	Pentecost
1 st : Judges 4:1-7	1st: Ezekiel 34:11-16, 20-24
2 nd : 1 Thessalonians 5:1-11	2 nd : Ephesians 1:15-23
Gospel: Matthew 25:14-30	Gospel: Matthew 25:31-46
December	
3rd: First Sunday of Advent	10th: Second Sunday of Advent
1 st : Isaiah 64:1-9	1st: Isaiah 40:1-11
2 nd : 1 Corinthians 1:3-9	2 nd : 2 Peter 3:8-15a
Gospel: Mark 13:24-37	Gospel: Mark 1:1-8

Introduction to St. Mary's new Organist

Dear Congregation,

I have been asked to introduce myself to you all, and I'll try to do so in a few sentences.

My name is Thomas Leigh (same as Jane Austen's uncle, as we certainly all know), and I grew up in Germany. After graduation, I developed a wanderlust that took me to Canada, France, China, England, and eventually to Scotland. So, I spent my last 20 years exclusively abroad and met my husband, Leslie, by a chain of fortunate circumstances seven years ago in China.



We are both history enthusiasts and particularly share an interest in the architecture and landscape of the Tudor period. We also love to explore nature reserves and museums. While I delve into English literature (novels and poetry) from the 17th to the 19th century, Leslie is an avid collector of paintings. In addition, he always supports the choir with his voice and, as a certified flower arranger, is also creative in filling rooms with a composition of floral acrobatics and exotic fragrances.

We look forward to worshipping Jesus with our fellow travellers and hope our small contribution will be a blessing to you and the surrounding community.

Thomas & Leslie

God - Spelled Backwards

When God made the earth and sky, The flowers and the trees. He then made all the animals, The fish, the birds and bees. And when at last He'd finished, Not one was quite the same. He said, "I'll walk this world of mine, And give each one a name". And so He travelled far and wide And everywhere He went, A little creature followed Him Until its strength was spent. When all were named upon the earth And in the sky and sea, The little creature said, "Dear Lord, There's not one left for me." Kindly the Father said to him, "I've left you to the end. I've turned my own name back to front And called you dog, my friend.

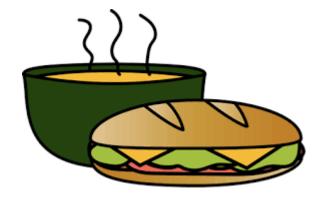
Unknown

Cabbage Roll Soup

- 1 large onion, diced
- 3 cloves garlic, minced
- 450g lean ground beef
- 225g lean ground pork
- 340g uncooked long grain rice
- 1 medium head cabbage, chopped (core removed)
- (28 ounces) can diced tomatoes (2 cans)
- 2 tablespoons tomato paste (purée)
- 4 cups (1000ml) beef broth
- 1½ cups (375ml) V8 or other vegetable juice (optional)
- 1 teaspoon paprika
- 1 teaspoon thyme
- 1 tablespoon Worcestershire sauce
- 1 bay leaf
- salt and pepper, to taste

Instructions

- In a large pot, brown onion, garlic, pork and beef. Drain any fat.
- Stir in chopped cabbage and let cook until slightly softened (about 3 minutes).
- Add all remaining ingredients, bring to a boil and reduced heat to medium low. Cover and simmer on low until rice is fully cooked (about 25-30 minutes)





SEASON OF CREATION PRAYER



Creator of All,

From your communion of love life sprung forth like a mighty river and the whole cosmos came into being.

On this Earth of overflowing love, the Word was made flesh and went forth with the life-giving waters proclaiming peace and justice for all creation.

You called human beings to till and keep your garden. You placed us into right relationship with each creature, but we failed to listen to the cries of the Earth and the cries of the most vulnerable. We broke with the flowing communion of love and sinned against you by not safeguarding the conditions for life.

We lament the loss of our fellow species and their habitats, we grieve the loss of human cultures, along with the lives and livelihoods that have been displaced or perished, and we ache at the sight of an economy of death, war and violence that we have inflicted on ourselves and on the Earth.

Open our ears to your creative, reconciling and sustaining Word that calls to us through the book of Scripture and the book of creation. Bless us once again with your life-giving waters so that the Creator Spirit may let justice and peace flow in our hearts and overflow into all creation.

Open our hearts to receive the living waters of God's justice and peace, and to share it with our suffering brothers and sisters, all creatures around us, and all creation.

Bless us to walk together with all people of good will so that the many streams of the living waters of God's justice and peace may become a mighty river all over the Earth.

In the name of the One who came to proclaim good news to all creation, Jesus Christ. **Amen.**



SEASON OF CREATION

Diary of Events: October – November 2023

Date	Times	Venue	Event	
1 st Oct	10:30am	Church	Blessing of Pets	
15 th Oct	10:30am	Church	Sea Farers with Rona Finlayson	
29 th Oct	7pm	Church	St. Mary's After Dark – The Hunters Moon	
2 nd Nov	7pm	Church	All Souls Requiem Mass	
4 th Nov	11am	Hall	Christine will present her paper & about her time at Windsor	
12 th Nov	10:30am	Church	Remembrance Sunday	
19 th Nov	12:00	Hall	AGM	
24 th Nov	09:15	Hall	Choir Festival	
From 30 th Nov	6:10pm	Church	Night Church every Thursday Then ask any questions 6:40pm	
From 30 th Nov	1:10pm	Rectory	Night (Afternoon) Church every Thursday	

Please check News & Events on our webpage

(https://stmarysdalmahoy.org.uk)

Go to News & Events and scroll to the bottom of the page and you'll see the calendar.



Were you the kid who got in trouble in Sunday school for asking too many questions?

Come join the rest of us.

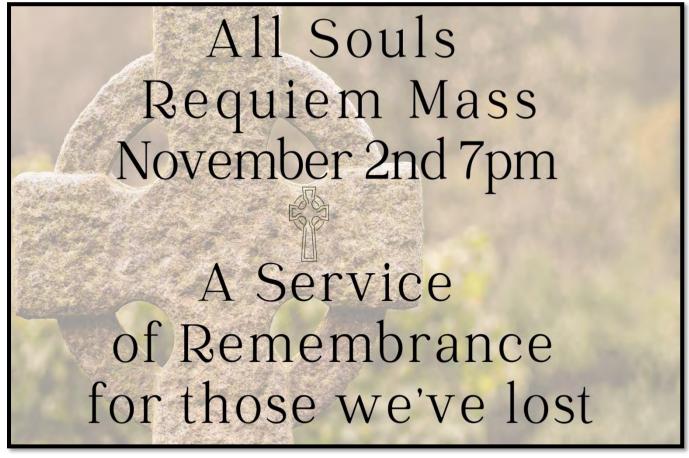
Night Church beginning November 30th.
Thursdays at 6:10pm, then
All the questions you can muster at 6:40pm



rector@stmarysdalmahoy.org.uk www.stmarysdalmahoy.org.uk

> Tel: 0131 333 1683 Insta: @smd_1850





Were you the kid who got in trouble in Sunday school for asking too many questions?

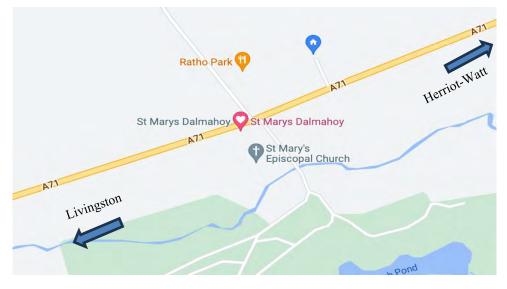
Come join the rest of us.

November 30th.

Can't make it to Night Church?

Thursdays at the rectory 1:10pm

All the questions you can muster!



rector@stmarysdalmahoy.org.uk www.stmarysdalmahoy.org.uk

Tel: 0131 333 1683 Insta: @smd

A Tribute to Ukraine

The picture I painted called "Tribute to Ukraine" was sold in the Pentland Art Club exhibition at Currie, I don't know who bought it.

It was donated to a charity which supplies portable baby incubators in areas across Ukraine. In particular, maternity hospitals where normal equipment has been badly damaged.

Janet.



Where to Find St. Mary's:

Facebook:

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St. Mary's Dalmahoy



Follow Below Link:

https://www.facebook.com/St.Marys.Dalmahoy

Instagram:

Follow Below Link

https://www.instagram.com/smd 1850/

YouTube:

Search:

St. Marys Dalmahoy



Follow Below Link:

https://www.youtube.com/channel/UCUsCU8vdPLYXXpk0yl4GQjw

An Easy & Fast way to make Donations to St Mary's: Use the QR code below:

You need to have a QR barcode reader app Installed on your smartphone to use the QR code.





Why did the ghost starch his sheet? He wanted everyone scared stiff.

What's a ghost's favourite dessert? I-Scream!

What kind of horse do ghosts ride? A night-mare

Why do ghosts make the best cheerleaders? They have a lot of spirit!

Why couldn't the mummy go to school with the witch? He couldn't spell.

Why couldn't the mummy go to school with the witch? He couldn't spell.

Why don't mummies take time off? They're afraid to unwind.

Why did the vampire read the newspaper? He heard it had great circulation.

Know why skeletons are so calm? Because nothing gets under their skin

Why can't skeletons play church music? Because they have no organs.

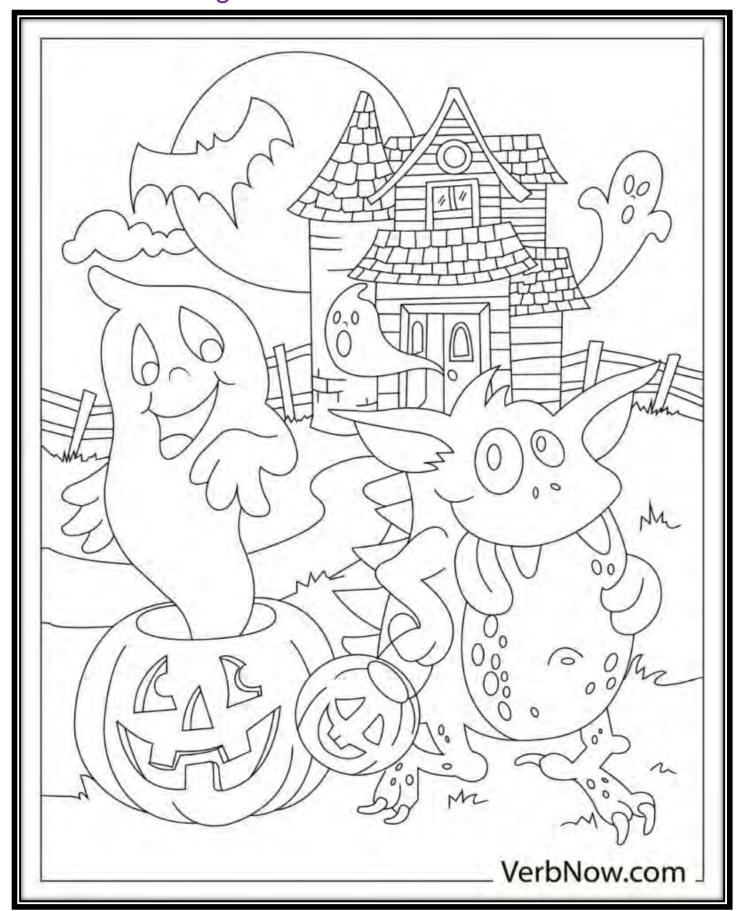
What do you call two witches who live together? Broom-mates!

What's a pumpkin's favourite genre? Pulp fiction.

Why did the zombie become a mortician? To put food on the table.

What brand of shampoo do zombies use? Head and Shoulders.

Children's Page –



Who's Who (continued from Page 2)

Vestry 2022/2023

Secretary Pippa Crichton 0131 333 1683 secretary@stmarysdalmahoy.org.uk

Treasurer

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Rector's Warden Wilma Brown 07503 979 375

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People's Warden Margaret King 01506 442 549 Lay Representative Steve Haigh 01506 410 825

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Alt. Lay Representative

Member at Large John O'Connor 01506 442 549

Anne Clapham

Altar Guild

Co-ordinator Denis King 01506 873061 Irina Grigolava Carole Macbride

Child Protection & Vulnerable Adults Co-ordinator

Caroline Gunn 0131 443 4059 protection@stmarysdalmahoy.org.uk

Gift Aid Secretary Geoff Angell 0131 315 2639

Fabric Co-ordinator Carol MacBride 07909 582 760

Head Server Denis King 01506 873061

Hall Bookings Pippa Crichton 0131 333 1683

admin@stmarysdalmahoy.org.uk

Visitors

Lois May Donaldson	0131 449 4279
Janice Goodfellow	01506 495082
Irina Grigolava	07796 305789
Denis King	01506 873061
Margaret King	01506 442549
Carole MacBride	07909 582760
Jane Russell	0131 441 2346

Prayer Chain

John O'Connor **Mandy Smart** Revd Janet Dyer

Should you wish to add someone, or a situation, to our prayers, please email or telephone (see 'Rector's Warden' on page 2 for contact details).

Sunday Stewards

First Sunday	Richmond Davies	07968 582543
Second Sunday	Judy Goodman	0131 445 4197
Third Sunday	Irina Grigolava	07796 305789
Fourth Sunday	Wilma Brown	07503 979 375
Fifth Sunday	Mandy Smart	

Transport

If you need transport to or from church on Sunday, please contact the steward for that Sunday.

Postal Address

Church Office, St Mary's Church Hall, Dalmahoy, Kirknewton, EH27 8EB

'In Touch' Editor

Christine Downey & intouch@stmarysdalmahoy.org.uk

Pippa Crichton

Website Administration

Vacant webmaster@stmarysdalmahoy.org.uk

Organist Emeritus

John Blaber emeritus@stmarysdalmahoy.org.uk

Service Times

Sunday Morning Prayer (Said) 10:00 am

Sung Eucharist 10:30 am

Wednesday Said Eucharist 11:00 am

Church Open Times

Monday & Wednesday– 10:00 am to 12 noon for quiet reflection and prayer.

Deadline for articles for the December – January issue is 3:00 pm on Sunday17th December

If possible, please submit articles using the following formats:

Paper size: A4; Portrait; 2 cm margins.

Photographs: JPG format (Separately & Hi-Res if poss.)

Main Headings: Arial Font, 22 point, Purple.

Subheadings: Arial Font, 16 point, Bold.

Body Text: Arial Font, 16 point, Normal.

This is so that the text is readable when reduced to an A5 booklet

Please submit articles to: intouch@stmarysdalmahoy.org.uk



Useful Numbers:

We all have those times when we just need someone to talk to and confide in. Please find below a list of numbers you may find useful.

Why not keep this page just in case.

The Silver Line: Tel: 0800 4 70 80 90 Information – friendship – advice for older people. www.thesilverline.org.uk

Anxiety UK: Tel: 03444 775 774 www.anxietyuk.org.uk

Arthritis Helpline: Tel: 0800 5200 520 www.versusarthritis.org

Mind: Tel: 0300 123 3393 www.mind.org.uk Mental Health.

Age UK: Tel: 0800 678 1602 www.ageuk.org.uk

Samaritans: Tel: 116 123 www.samaritans.org

Childline: Tel:0800 1111 Calls are free and Confidential

National Domestic Abuse: Tel: 0808 2000 247

Cruse Bereavement Care: Tel:0808 080 1677 www.cruse.org.uk

