

ST MARY'S
CHURCH,
DALMAHOY



In Touch

October - November 2022

Registered Charity No. SC014203

Who's Who

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Cover Photograph: Google

Pastoral Letter from Christine

Accepting and incorporating impermanence into our rituals enables us to accept and embrace change in a healthy and liberating way, but that impermanence must be balanced with stability points, immovable foundations like roots that grow into our souls. Change only comes when we let go and anchor ourselves more deeply in the loving presence of God and in the permanence of God's eyes always upon us.

- Christine Sine



I feel as though impermanence and change is all around me at the moment. Queen Elizabeth II's funeral, marking the end of a remarkable life and reign makes all of us aware that nothing is forever.

This week I pulled out my cold weather clothes and rearranged my wardrobe as the nights now demand sweaters or hoodies. So many indicators of change, and reminders of the impermanence of life and the need to let go of each season as we journey through life.



I love the quote Joan Chittister uses from Og Mandino: *"I will love the light for it shows me the way, yet I will endure the darkness because it shows me the stars."* Chittister comments: *"The stars that come with the darkness are the new insights, new directions, new awareness of the rest of life that darkness brings."* So true and so important to recognize.

St. Mary's continues to show grace throughout all the changes and challenges that come, and I am so honoured to be a part of this community.

We have had such a joyous season of welcoming people back of new and successful programmes! I have to say a heartfelt thank you to everyone who showed up to help, those willing to be put to work and those who bore the burden of organising our events. We all had such fun!



This year my annual leave included an amazing trip to Gresford, Wales and the exploration of nearby Chester. I think the photos speak for themselves.

Ben too gained much insight and experience from his course at the Poulton Research Project where I was lucky enough to have a one-on-one guided tour by the Project manager.

So, as we enter yet another exciting season at St. Mary's, I invite you to consider serving on vestry. Once daylight savings occurs, vestry meetings will again be hybrid both in person and via zoom so attending should be easier. If you would like to participate in another capacity during the liturgy, please speak to me all training will be provided. If you are at all interested in learning to live stream our services, please speak to Ben.

We are a busy place!

God Bless

Christine+



From the Registers (Sept – Nov 2022)

Baptism

18th Sept Eilidh Edgeworth Fisher

Weddings

1st Oct Stephanie Guichan & Jonathan Combe

8th Oct Jessica Bennett & Fraser Sturrock

19th Nov Laura Millar & Ewan McLee

Funerals

7th Sept Margaret Cox

23rd Sept John Oldcorn

Douglas Hall Classes & Events

Monday's	10:00am-12:00pm	Craft Group
Tuesday's	18:30 – 21:30pm	Audz Dogz (dog training classes)
Wednesday's	18:00-19:00am	Yoga
Thursday's	19:00 20:00pm	Yoga
Friday's	19:00 – 21:00 pm	Ratho Scout Group (occasional)
2 nd & 4 th Sundays	14:30-18:00pm	Mar Thoma Congregation



More information and **up-to-date** details
can be found on our website
www.stmarysdalmahoy.org.uk

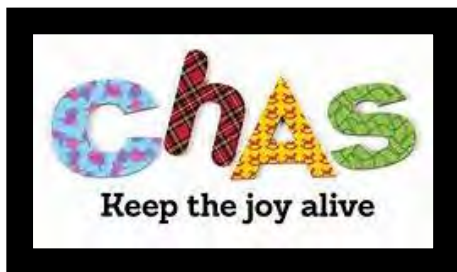
Dalmations

The first meeting of the 2022/2023 Dalmations session was held on August 31st. There were around 12 attendees for the talk.



Others who normally attend were unable to do so due to holidays, illness, family commitments etc, which is always the case. It was great to see some of the newer members of the congregation there. Hopefully we can maintain and grow the level of attendance as it means that the speaker has a good number of people to present to. This is especially important when speakers from outside the congregation have agreed to come along.

The speaker at the meeting was Sarah Dannfaid, a volunteer, from CHAS (Children's Hospices Across Scotland).



CHAS is the only charity in Scotland that provides vital hospice services for children and young people with life-shortening conditions. They offer care for the whole family in their two children's

hospices, Rachel House in Kinross and Robin House in Balloch. They also run a homecare service called CHAS at Home helping families in their own homes across Scotland when they need it most.

Dalmations had received a previous talk from a CHAS volunteer in 2017. Sarah gave a brief overview of what had been presented at that meeting and then went on to talk about what has happened since then. This included how CHAS adapted during the Coronavirus pandemic. That meant that a lot of the support they could provide had to be done in a virtual manner. They also worked closely with the NHS and local authorities to ensure joined up efforts in identifying particular needs.

Sarah also told us about the current CHAS Cost of Living Crisis Appeal which is aimed supporting the many CHAS families, for which the cost-of-living crisis is yet another incredibly difficult load to bear on top of caring for their child who has a life-shortening illness. Many are providing 24/7 care and don't have a choice whether or not they

can turn their heating off or the equipment that enables their child to breathe and stay alive. Providing food for the family is a challenge both in time and with rising costs.

At the end of the talk there were a number of interesting questions which Sarah and her colleague Louise gave comprehensive answers to. A cheque for £250 was presented to CHAS as a donation towards the outstanding work that they carry out. This was approved by vestry from the annual Charitable Giving allocation.

To find out more about CHAS you can visit their website on www.chas.org.uk

By the time this edition of In Touch is published Ella Henderson will have given her presentation on The Currie Poet to the September meeting. Thank you in advance for this Ella.

On October 26th John O'Connor will presenting on his work as an engineer in the Diamond Mines and on November 30th Eric Melvin returns to give a talk on The Visit of King George IV to Edinburgh in 1822.

Over the past few years, due partially to the pandemic but mainly because of the requirement to lessen the workload on people, we cater differently for the lunch. We have moved away from the soup and sweet model, which was in place, and now provide sandwiches, cakes, biscuits etc. These are normally bought, with the result that costs are higher. Therefore, it has been mooted that the £3 suggested charge for the meeting, which has been in place for a number of years, be increased to £5. I emphasise that the £5 is a suggestion only and should not in any way prevent people from attending.

Should anyone have thoughts or questions on anything to do with the Dalmations please talk with myself, Jane Russell, or anyone who you know attends it.

Denis King

Eucharist Readings: September – November 2022

October	
2nd: Seventeenth Sunday after Pentecost 1 st : Lamentations 1:1-6 2 nd : 2 Timothy 1:1-14 Gospel: Luke 17:5-10	9th: Eighteenth Sunday after Pentecost 1 st : Jeremiah 29:1, 4-7 2 nd : 2 Timothy 2:8-15 Gospel: Luke 17:11-19
16th: Nineteenth Sunday after Pentecost 1 st : Jeremiah 31:27-34 2 nd : 2 Timothy 3:14-4:5 Gospel: Luke 18:1-8	23rd: Twentieth Sunday after Pentecost 1 st : Joel 2:23-32 2 nd : 2 Timothy 4:6-8, 16-18 Gospel: Luke 18:9-14
November	
6th: All Saints or Twenty -Second Sunday after Pentecost 1 st : Haggai 1:15b-2:9 2 nd : 2 Thessalonians 2:10-5, 13-17 Gospel: Luke 20:27-38	13th: Twenty-third Sunday after Pentecost 1 st : Isaiah 65:17-25 2 nd : 2 Thessalonians 3:6-13 Gospel: Luke 21:5-19
20th: Last Sunday after Pentecost. 1 st : Jeremiah 23:1-6 2 nd : Colossians 1:11-20 Gospel: Luke 23:33-43	27th: First Sunday of Advent 1 st : Isaiah 2:1-5 2 nd : Romans 13:11-14 Gospel: Matthew 13:11-14
December	
4th: Second Sunday of Advent 1 st : Isaiah 11:0-10 2 nd : Romans 15:4-13 Gospel: Matthew 3:1-12	11th: Third Sunday of Advent 1 st : Isaiah 35:1-10 2 nd : James 5:7-10 Gospel: Matthe 11:2-11
18th: Fourth Sunday of Advent 1 st : Isaiah 7:10-16 2 nd : Romans 1:1-7 Gospel: Matthew 1:18-25	25th: Christmas Day 1 st : Isaiah 9:2-7 2 nd : Titus 2:11-14 Gospel: Luke 2:1-14(15-20)

Organist's Corner

by Alan John Phillips

A Jacobite Origin for 'God save the King'?



In September 1745 Prince Charles Edward Stuart, with an army of Scots, defeated the army of the Hanoverian king George II at Prestonpans, near Edinburgh. After the disastrous news of the English defeat had reached London, the leader of the band at the Theatre Royal, Drury Lane, arranged 'God save the King' for performance after a play. It was a tremendous propaganda success in support of the Protestant Hanoverian monarchy, and was subsequently repeated every night. 'A Loyal Song' was first published in *Thesaurus musicus: a*

collection of two, three, and four part songs: several of them never before printed, to which are added some choice dialogues set to musick by the most eminent masters (see image). It was subsequently published in *The Gentleman's Magazine* of October 1745 as 'A Song for two voices. As sung at both Playhouses'.

This custom soon spread to other English theatres, and the song became used as the usual salute at the entry of the King.

Field Marshal George Wade's army was at that time assembling at Newcastle. An additional topical verse was unofficially appended to the song; a prayer for the success of Marshal Wade's army, and the defeat of the Jacobite army. This verse was first documented by Richard Clark in 1822 as an occasional addition, and was also mentioned in a later article on the song, published in *The Gentleman's Magazine* of October 1836. The text reads:

**Lord, grant that Marshal Wade,
May by thy mighty aid,
Victory bring.
May he sedition hush,
and like a torrent rush,
Rebellious Scots to crush,
God save the King.**



This extra verse obviously did not help the Protestant English, as Bonnie Prince Charlie stormed over the border with his Scottish army, aiming to reclaim the English throne for his father, King James VIII of Scotland and III of England. Catholic Jacobite supporters retaliated with:



**God bless the prince, I pray,
God bless the prince, I pray,
Charlie I mean;
That Scotland we may see
Freed from vile Presbyt'ry,
Both George and his Feckie,
Ever so, Amen.**

(‘George’ was George II, and ‘Feckie’ was Frederick, Prince of Wales)

The Battle of Culloden on 16 April 1746 ended the valiant attempt to re-establish Stuart rule both north and south of the Border. Prince Charles made his way back to France via the Highlands and Islands.

Despite his brother Henry Benedict, Cardinal Stuart’s urgings, Pope Clement XIII refused to recognise him as King Charles III after their father died in 1766. He died of a stroke in Rome in January 1788 at the age of 67, a disappointed and embittered man.

*Prince Charles Edward Stuart in his later years
(painted by Hugh Douglas Hamilton, c. 1785)*





RVM 150

Wednesday 12 October marks the 150th anniversary of the birth of Ralph Vaughan Williams in the vicarage at Down Ampney, Gloucestershire in 1872.

All of the music on the Sundays before and after is either composed or arranged by the birthday boy. The hymn tunes are all from the *English Hymnal*, of which RVW was the musical editor.

Happy birthday, Dr. Vaughan Williams!

Sunday 9 October – Pentecost 18

A Wedding Tune for Ann (1943)

‘Two Organ Preludes founded on Welsh Folk Songs’

1. The White Rock, 2. St. David’s Day

296 For all the saints (Sine nomine)

480 God be with you till we meet again (Randolph)

Fierce raged the tempest o’er the deep (White Gates)

He who would valiant be (*Monks Gate)

237 Christians, lift up your hearts (Salve festa dies)

Sunday 16 October – Pentecost 19

‘Three Preludes founded on Welsh Hymn Tunes’

1. Bryn Calfaria, 2. Rhosymedre, 3. Hyfrydol

453 Lord, enthroned in heavenly splendour (*Bryn Calfaria)

634 Firmly I believe and truly (*Shipston)

238 Come down, O Love divine (Down Ampney)

424 Author of life divine (*Rhosymedre)

422 Alleluia, sing to Jesus (*Hyfrydol)

*arranged by RVW. The rest are original compositions.

Christine, Ben & Tonka's Travels



On July 31st we set out toward Gresford and our holidays began in 30° heat and wonderful sun.



In Gresford we had rented a lovely cottage and the first night Ben had to drive to Chester for his orientation. During the day as Ben dug, I wandered the footpaths of

the area stopping at noon for a rest and some lunch before heading home again. Such beautiful countryside means we definitely want to return. Tonka especially like the cool interior of All Saints Gresford.



Gresford, Wales

Our first Saturday I was able to have a guided tour of the Poulton Research Project and its fascinating history that spans the Neolithic to the early medieval the eventual dissolution of the abbeys.



Conwy Castle

On the Saturday following our arrival we drove the country roads to Conwy Castle and took our time enjoying the grounds and the jester was a particular high point. The next day we drove through Snowdonia National Park and down the coast to Harlech and back

passing by Shrewsbury on our way to Wrexham.



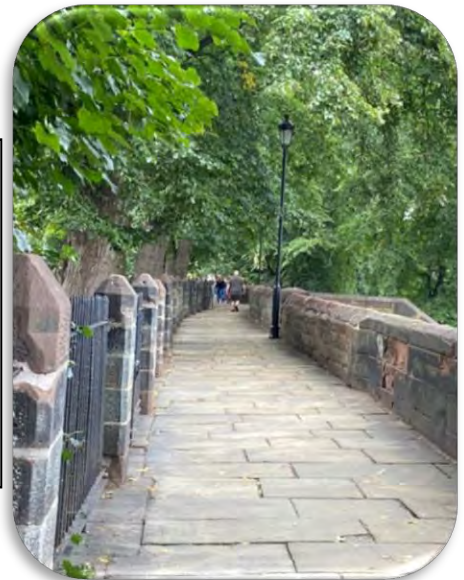
Conwy



**Chester city
street**

Roman Wall

**Chester
Cathedral**



During the week I would take the bus into Chester with Tonka and wander the Roman walls and gardens walked around the amphitheatre and explored both the old ruins of Chester Abbey and the beautiful Chester Cathedral.

All in all an incredibly enjoyable time. Oh and Ben learned and experienced so much that was fulfilling in terms of archaeology that he wouldn't mind going back!

Autumn Craft Fair 2022

The craft fair was held in the Douglas Hall on Saturday 24th September, it was a great success.

The variety of stalls available was fantastic and the quality of the items for sale was inspiring. It was lovely to see so much local talent on display.

A huge thank you goes to all the stall holders that attended and to the St Mary's team that made the whole afternoon possible.



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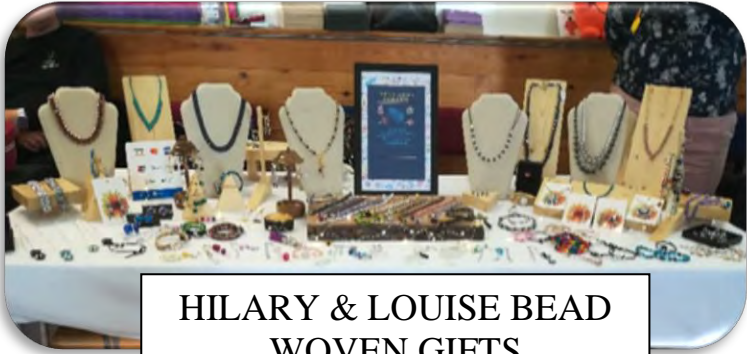
SALLY ANN CRAFTS



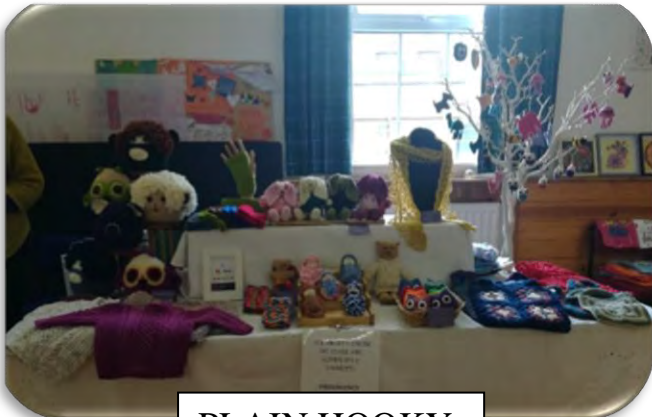
ALCHEMILLA CREATIONS



PENS OF DISTINCTION



HILARY & LOUISE BEAD
WOVEN GIFTS



PLAIN HOOKY



LITTLE LOTHIAN BOOKSHOP



MARNIE JONES STUDIO

THE BROCK GARDEN
WOOD AND CRAFT
CENTRE

HANDICRAFT-GIFTS



CASTA CRAFTS



If you like anything you see and would like contact information for the stall holders please email:

admin@stmarysdalmahoy.org.uk

Diary of Events: October - November 2022

Date	Times	Venue	Event
2nd October	10:30	Church	Blessing of the Pets St. Francis Day
29 th October	10:00	Hall	Bookbug session
2 nd November	18:30	Church	All Souls
13 th November	10:30	Church	Remembrance Sunday
18 th November	10:00	Hall	Choir Festival
20 th November	12:30	Hall	AGM Meeting
26 th November	10:00	Hall	Bookbug session

Please check News & Events on our webpage

(<https://stmarysdalmahoy.org.uk>)

Go to News & Events and scroll to the bottom of the page and you'll see the calendar.

Recipe: Merry Berry's Tuscan Chicken

Ingredients

- 6 large skinless chicken thighs, bone in
- 2 tbsp plain flour
- 2 tsp paprika
- 2 tbsp olive oil
- 1 large onion, finely chopped
- 1 large red pepper, deseeded and finely diced
- 2 garlic cloves, crushed
- 2 tsp tomato purée
- 30g (1oz) sun-blushed tomatoes, chopped
- 150ml (¼ pint) white wine
- 150ml (¼ pint) chicken stock
- 150ml (¼ pint) pouring double cream
- 150g (5oz) baby spinach
- 55g (2oz) Parmesan, grated



Method

Place the chicken thighs in a bowl. Add the flour and the paprika and season well with salt and freshly ground black pepper. Toss together to coat.

Heat the oil in a large, deep frying pan over a high heat. Add the chicken and fry for 3–4 minutes on each side, until browned and crisp. Set aside on a plate.

Add the onion and pepper to the unwashed pan and fry for 4–5 minutes over a medium heat, until soft. You may need a little more oil. Add the garlic and fry for 30 seconds.

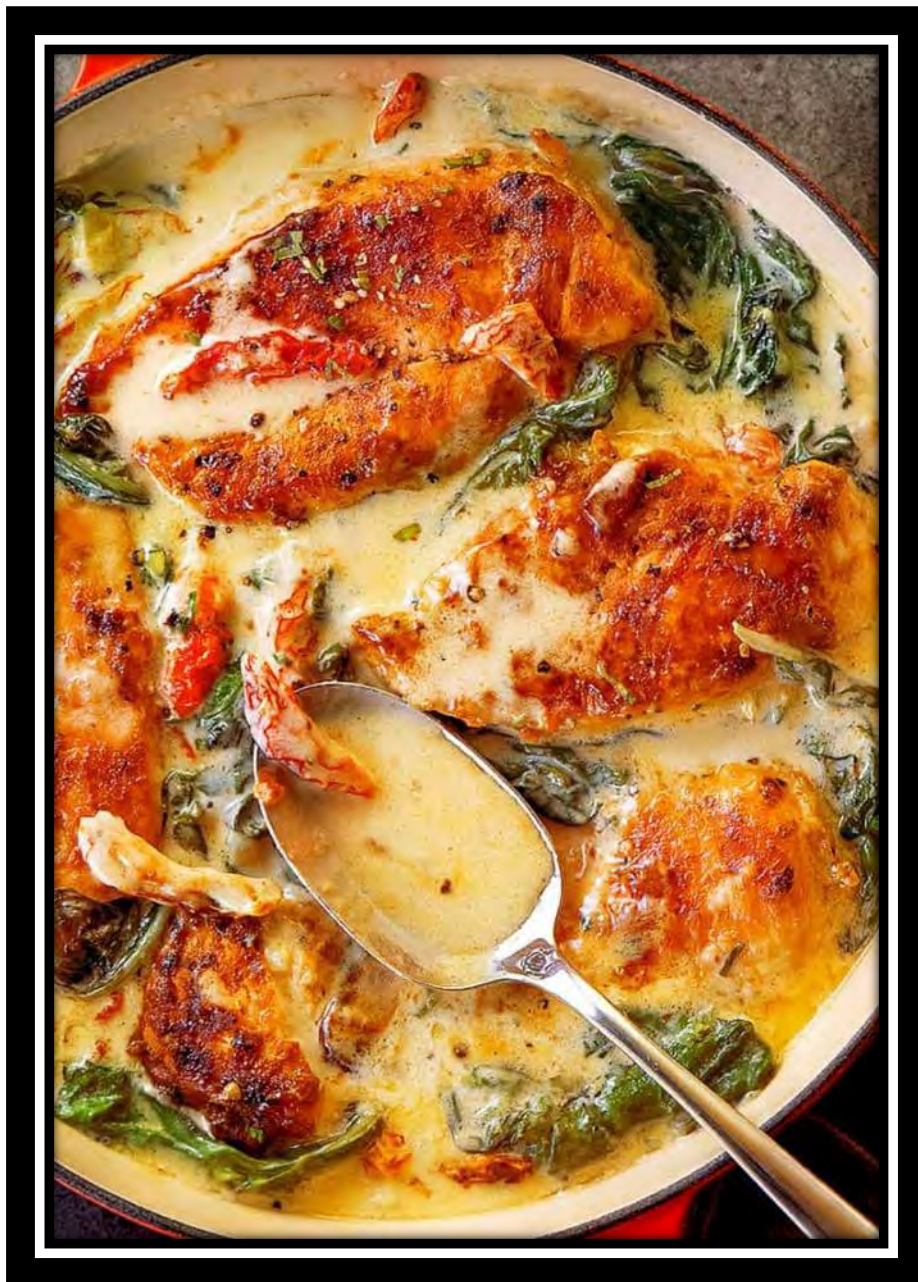
Stir in the purée, tomatoes, wine and stock and bring up to the boil. Return the chicken to the pan with any resting juices, cover, reduce the heat and simmer for about 30 minutes, until tender.

Add the cream and spinach to the pan and stir until wilted. Remove from the heat, sprinkle with the cheese and serve piping hot.

Mary's Tips: Can be made up to a day ahead. Freezes well.

Recipe can be found at the below page.

<https://thehappyfoodie.co.uk/recipes/mary-berrys-tuscan-chicken/>



Where to Find St. Mary's:

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Follow Below Link:

<https://www.facebook.com/St.Marys.Dalmahoy>

YouTube:

Search:

St. Marys Dalmahoy



Follow Below Link:

<https://www.youtube.com/channel/UCUsCU8vdPLYXXpk0yl4GQjw>

An Easy & Fast way to make Donations to St Mary's: Use the QR code below:

You need to have a QR barcode reader app Installed on your smartphone to use the QR code.



Humour

Sometimes humour just happens....The following actually appeared in church bulletins or were announced from the pulpit.



Scouts are saving aluminium cans, bottles and other items to be recycled. Proceeds will be used to cripple children.

Please place your donation in the envelope along with the deceased person you want to remember.

The church will host an evening of fine dining, super entertainment and gracious hostility.

Pot Luck supper at 5pm – prayer and medication will follow.

The ladies of the church have cast off clothing of every kind. They may be seen in the basement.

This evening at 7pm there will be hymn singing in the park across from the church. Please bring a blanket and be prepared to sin.

The pastor would appreciate it if the ladies of the congregation would lend him their electric girdles for the pancakes breakfast next Sunday.

The Low Esteem Support Group will meet Thursday at 7pm. Please use the back door.

The eighth graders will be presenting Shakespeare's Hamlet in the Church basement at 7pm. The congregation is invited to attend this tragedy.

Weight Watchers will meet at 7pm at the First Presbyterian Church. Please use the large double doors at the side entrance.

The church's new campaign slogan was unveiled last Sunday:

"I upped My Pledge – Up Yours"

Thank you to Wilma.

Gave me a giggle typing these out.



Children's Page –



HALLOWEEN

Who's Who (continued from Page 2)

Vestry 2021/2022

Secretary	Pippa Crichton	0131 333 1683 secretary@stmarysdalmahoy.org.uk
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Rector's Warden	Wilma Brown	07503 979 375 warden@stmarysdalmahoy.org.uk
People's Warden	Margaret King	01506 442 549
Lay Representative	Ann Donoghue	01506 351 574 layrep@stmarysdalmahoy.org.uk
Alt. Lay Representative	Steve Haigh	01506 410 825
Member at Large	John O'Connor	01506 442 549

Altar Guild

Co-ordinator	Denis King	01506 873061
Irina Grigolava	Carole Macbride	

Child Protection & Vulnerable Adults Co-ordinator

Caroline Gunn 0131 443 4059
protection@stmarysdalmahoy.org.uk

Gift Aid Secretary

Geoff Angell 0131 315 2639

Fabric Co-ordinator

Carol MacBride 07909 582 760

Head Server

Denis King 01506 873061

Hall Bookings

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admin@stmarysdalmahoy.org.uk

Visitors

Lois May Donaldson	0131 449 4279
Janice Goodfellow	01506 495082
Irina Grigolava	07796 305789
Denis King	01506 873061
Margaret King	01506 442549
Carole MacBride	07909 582760
Jane Russell	0131 441 2346

Prayer Chain

Ann Donoghue	John O'Connor
Revd Janet Dyer	Mandy Smart

Should you wish to add someone, or a situation, to our prayers, please email or telephone (see 'Rector's Warden' on page 2 for contact details).

Sunday Stewards

First Sunday	Richmond Davies	07968 582543
Second Sunday	Wilma Brown	07503 979 375
Third Sunday	Irina Grigolava	07796 305789
Fourth Sunday	Jane Russell	0131 441 2346
Fifth Sunday	Ann Donoghue	01506 351 574

Transport

If you need transport to or from church on Sunday, please contact the steward for that Sunday.

Postal Address

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Organist Emeritus

John Blaber

emeritus@stmarysdalmahoy.org.uk

Service Times

Sunday	Morning Prayer (Said)	10:00 am
	Sung Eucharist	10:30 am
Wednesday	Said Eucharist	11:00 am

Church Open Times

Monday, Wednesday & Friday – 10:00 am to 12 noon for quiet reflection and prayer.

Saturdays – 10:00 am to 3:00 pm from beginning of May to the end of September except during Wedding ceremonies.

**Deadline for articles for the December – January issue
is 3:00 pm on Sunday 20th November**

If possible, please submit articles using the following formats:

Paper size: A4; Portrait; 2 cm margins.

Photographs: JPG format (Separately & Hi-Res if poss.)

Main Headings: Arial Font, 22 point, Purple.

Subheadings: Arial Font, 16 point, Bold.

Body Text: Arial Font, 16 point, Normal.

This is so that the text is readable when reduced to an A5 booklet

**Please submit articles to:
intouch@stmarysdalmahoy.org.uk**

Useful Numbers:

We all have those times when we just need someone to talk to and confide in. Please find below a list of numbers you may find useful.

Why not keep this page just in case.

The Silver Line: Tel: 0800 4 70 80 90 Information – friendship – advice for older people. www.thesilverline.org.uk

Anxiety UK: Tel: 03444 775 774 www.anxietyuk.org.uk

Arthritis Helpline: Tel: 0800 5200 520 www.versusarthritis.org

Mind: Tel: 0300 123 3393 www.mind.org.uk Mental Health.

Age UK: Tel: 0800 678 1602 www.ageuk.org.uk

Samaritans: Tel: 116 123 www.samaritans.org

Childline: Tel: 0800 1111 Calls are free and Confidential

National Domestic Abuse: Tel: 0808 2000 247

Cruse Bereavement Care: Tel: 0808 080 1677 www.cruse.org.uk

