ST MARY'S CHURCH, DALMAHOY





February - March 2022

Registered Charity No. SC014203

Who's Who

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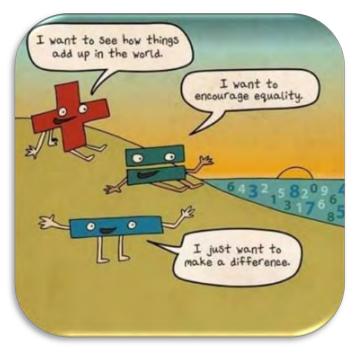
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Cover Photograph: Thomas Ortega (www.pexels.com)

Pastoral Letter from Christine



Do not be dismayed by the brokenness of the world.

All things break. And all things can be mended.

Not with time, as they say, but with intention.

So go.

Love intentionally, extravagantly, unconditionally.

The broken world waits in darkness for the light that is you.

~L.R. Knost

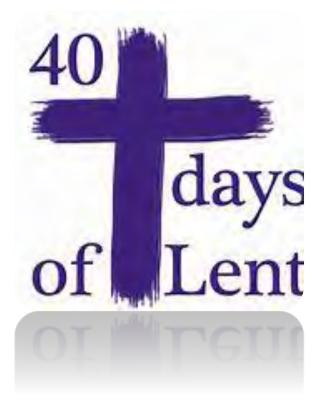
Dear Companions on the Journey,

How shall we keep a Holy Lent this year? It will help to start with where we are right now.

How are we to keep these forty days dedicated to God? We could start by bringing our authentic selves rather than an aspirational self into the presence of God. When Jesus heard of John the Baptist's death, he went to a desolate place to be by himself (Matthew 14:13). Could it be that shock and sadness motivated him to be alone in sorrow and prayer? What happened in the short time that he travelled and arrived in a desolate place to restore his compassion for the crowd that soon followed? While we can imagine the scene, we cannot know for sure what took place in his time alone, but one thing is certain, Jesus was his authentic self. Every year we are invited to observe a holy Lent. This year, I encourage you to bring your authentic self into Lenten observations. Your grief, gratefulness, sorrow, relief, anger, frustration, curiosity, and hopefulness, and all that is your response to this time are invited to observe Lent with you. The practices of Lent require facing the truths of this challenging time. While this is hard spiritual work, it is also freeing spiritual work. God loves us as we are and will not leave us stranded in wilderness or grief.

I know God is calling us to be a new kind of church for the future. A church that sees the hungry crowd in need of healing and is moved by compassion to respond the way Jesus did. Perhaps Lent after this long wilderness of pandemic is shaping us into authentic followers of Jesus Christ. Our sorrows and sighs may take us to a desolate place on the way to finding the promise of God's healing and restoration. You have my prayers for a holy and authentic Lent.

Christine+



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From the Registers (2022)

No Baptism

Weddings

16th February Gemma Carver & James Carroll

18th February Jeanette Jane Louise Fincham & Ian James Sturla

10am - 12pm Craft Group

No Funerals

Douglas Hall Classes & Events

Monday's Wednesday's Thursday's Friday's

2nd & 4th Sundays

 18:00 - 19:00
 Yoga

 19:00 - 20:00pm
 Yoga

 09:15 - 10:15 Yoga TBC

 19:00 - 21:00 Ratho Scout Group

 14:00 - 19:00pm
 Mar Thoma Congregation

WARNING TO ALL PARENTS

Stop feeding your children Rice Krispies. They are not absorbed in your body but are stored and the harmful effects only become visible when you're older. I used to eat them as a child, and now that I am older I can testify to the effects. Every morning when I wake up and get out of bed, everything in my body snaps, crackles and pops! Pass this on to your children and grandchildren to stop this happening to them in old age.

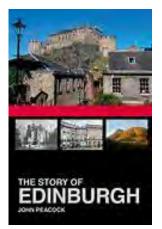
silversurfers.com

More information and up-to-date details can be found on our website www.stmarysdalmahoy.org.uk

Dalmations

After the Dalmations 2020/2021 session was completely cancelled due to Covid, it has been heartening to be able to restart meetings again this session. After the initial open meeting and discussion in September, three other meetings have been held.





The first in October was a talk by John Peacock on 'The History of the Church Locally from Early Times'. John is well known to a number of the congregation and is a published author whose book, The Story of Edinburgh, covers the history of the city of Edinburgh from around 8,000bc to modern times. The meeting was well attended and John gave a very interesting talk which addressed the evolution of the church in Scotland with a lot of additional

related historical information. It was very informative. A big thank to John for doing this.

In November Janet Dyer gave a talk on 'Plants on Paper'. She talked through her experiences as a Botanical Artist. This included being a plant illustrator for botanists at Oxford University and the Royal Botanical Gardens in Edinburgh. She now works more on colour painting of plants, this has included doing a diploma course. She talked about the exhibitions that she has done, including in the

Cathedral at the Edinburgh Festival. Janet took us through this journey via a series of slides. These gave an excellent insight to the amount of detail that is needed to produce the finished article. It is obviously a subject which Janet has a great love for and carries out to distinction.



The Dalmations Christmas Lunch was held in December. Unfortunately, by this time the Omicron Covid variant was taking a hold and restrictions were being reintroduced. Understandably, these considerations caused a number of people who intended to be at the lunch to feel or be unable to attend. Despite this we managed to hold



a socially distanced event. There were 9 attendees and Pippa joined us for the meal. Carols were sung (with masks on) and some Christmas poems were read.

Carole had volunteered to look after the catering for the meal and did a great job of it. The meal was a turkey dinner followed by a

selection of desserts. This was all very tasty and well received. Jane Russell, Ella, and Carole had come in th





and Carole had come in the day before and set up the tables, which looked very festive. Jane had also bought in a small tree decoration gift for everyone. Although numbers were low and distancing was in place, a good day was had by all.

It had been decided at an earlier Dalmations meeting that half of the £10 charge for the meal would be donated to a charity. This was to acknowledge that while we were celebrating Christmas and having a good meal, many others were not as fortunate. To honour this commitment a donation of £100 from Dalmations was given to the Edinburgh Food Project. This was the charity that the Captivate Theatre group, who were presenting their version of The Christmas Carol in the church, were supporting.

Due to the prevalence of Omicron and the restrictions at the time it was decided to cancel the January Dalmations Fun Day. We hope that the situation improves soon and that we will be able to restart our meetings in February. Further information will be communicated when known. Denis King.

Captivate Theatre at St Mary's

Staged in December 2021, Captivate Theatre and Perfect Forth presented a new adaptation of Dickens' Christmas Carol blending the classic Christmas tale with a cappella traditional carols such as O' Holy Night, God Rest Ye Marry Gentlemen, Silent Night and many more arranged by Colum Findlay.

Captivate plans to bring the show back to St Mary's next December. In the meantime you can catch their extensive fringe programme at the Rose Theatre, Edinburgh in August which will include Lionel Bart's Oliver! starring Charlie Munro (our Scrooge) as Fagin.

Hopefully see you again. Sally.





Christmas with the Mar Thoma Congregation



"On a lovely evening in December members of our vestry were invited to participate in the Mar Thoma church's Christmas Celebration. The evening was filled with song, dance, and amazing food. The hospitality experienced by John O'Connor, Margaret King, Carole MacBride and I was just amazing and so generous."



Christmas Lunch Treat & Catch Up

"Lovely lunches were enjoyed at The Bridge Inn to say a heartfelt thank you to our hard working wardens and to Janet for all she does pastorally. Pippa of course is responsible for being the cheerful voice on the other end of your phone calls and emails and she does much to organize and make things operate more smoothly in the office.



Of course you will remember Paula our previous administrator and I couldn't resist this picture which shows her at dinner with me prior to Christmas"







Eucharist Readings:

Year A Eucharist	(Year A2 for Morning Prayer)	First Reading
6 February	Fifth Sunday after the Epiphany	Isaiah 6:1-8, (9-13)
13 February	Sixth Sunday after the Epiphany	Jeremiah 17:5-10
20 February	Seventh Sunday after the Epiphany	Genesis 45:3-11, 15
27 February	Last Sunday after the Epiphany	Exodus 34:29-35
6 March	First Sunday In Lent	Deuteronomy 26:1-11
13 March	Second Sunday in Lent	Genesis 15:1-12, 17-18
20 March	Third Sunday in Lent	Exodus 3:1-15
27 March	Fourth Sunday in Lent	Joshua 5:9-12
3 April	Fifth Sunday in lent	Isaiah 43:16-21
10 April	Palm Sunday	Isaiah 50:4-9a
17 April	Easter Day	Isaiah 65:17-25
24 April	Second Sunday in Easter	Acts 5:27-32
1 May	Third Sunday of Easter	Acts 9:1-6, (7-20)
8 May	Fourth Sunday of Easter	Acts 9:36-43

February – May 2022

Second Reading	Gospel
1 Corinthians 15:1-11	Luke 5:1-11
1 Corinthians 15:12-20	Luke 6:17-26
1 Corinthians 15:35-38, 42-50	Luke 6:27-38
2 Corinthians 3:12-4:2	Luke 9:28-36 (37-43a)
Romans 10:8b-13	Luke 4:1-13
Philippians 3:17-4:1	Luke 13:31-35
1 Corinthians 10:1-13	Luke 13:1-9
2 Corinthians 5:16-21	Luke 15:1-3, 11b-32
Philippians 3:4b-14	John 12:1-8
Philippians 2:5-11	Luke 22:14-23:56
1 Corinthians 15:19-26	John 20:1-18
Revelation 1:4-8	John 20:19-31
Revelation 5:11-14	John 21:1-19
Revelation 7:9-17	John 10:22-30



'Here's one I prepared earlier'

Those of us brought up on the BBC TV children's programme 'Blue *Peter*' will recognise this phrase, which the presenters used when there wasn't time to finish making things on what was a tightly-timed live broadcast, and so, to save time on air, they brought out a previously-completed version from under the table.

My programme for February/March was due to have been performed in 2020, but was cut short by the lockdown. Therefore, I've decided to reprise the entire programme, in the hope that the national situation will allow me to complete it this year!

Septuagesimatide



This year (2022), on these three pre-Lent Sundays, I'm playing two sets of three pieces. For the preludes, I play Henry Smart's *'Three Andantes'*, subtitled *'Intended as Introductory or Middle Voluntaries'*, and for the postludes, Herbert Howells's first set of three *'Psalm*



Preludes', dating from 1915. The communion pieces, based on the Sarum office hymns for this mini-season, start the Lenten series of hymn-tune settings from the Mulliner Book (see below).

Lent

(reprinted verbatim from 2020)

My organ music for Lent this year is made up of two basic elements; Bach's set of variations on Johann Flittner's Lenten hymn 'Ach, was soll ich Sünder machen' (What shall I, a sinner, do?), and seasonal pieces from the 16th century book of keyboard pieces compiled by Thomas Mulliner, mostly based on the mediaeval office hymns for Lent.

There are ten **variations in the Bach set**, which bears a strong resemblance to the chorale partitas (variations) by Georg Böhm (1661-1733), with whom Bach studied whilst a teenager at St. Michael's School, Lüneburg. I play them in order, two to each Sunday for the first five Sundays of Lent. Here is the chorale melody for reference:



The **Mulliner Book pieces** are based on the following Sarum (mediaeval Salisbury) office hymns:

'Ex more docti mystico' (Evensong for Lent 1 and 2) – setting by Tallis *'Christe qui lux es et dies'* (Compline during Lent) – setting by Redford

'Ecce tempus idoneum' (Evensong for Lent 3 and 4) – settings by Tallis

'Remember not, O Lord' is a keyboard arrangement of an anthem by Tallis. The words of the anthem are an English version of Psalm 79 from the *King's Primer* of 1545.

'Defiled is my name' is a setting by Robert Johnson of a poem by Anne Boleyn, which she wrote shortly before her execution in 1536. Johnson spent thirty-six years as a canon of Scone Abbey, and is widely considered Scotland's greatest composer prior to Robert Carver, who was approximately fifteen years his junior, and a fellow canon at Scone. Johnson may have been one of Anne Boleyn's chaplains.

Organ Music for February and March Sunday 13 February – Epiphany 6 (Septuagesima)

Andante in A (No.1 of 'Three Andantes') – Henry Smart (1813-1879) Primo dierum omnium - ?

Psalm Prelude Set 1 no.1 (Ps. 34 v.6) – Herbert Howells (1892-1983)

Sunday 20 February – Epiphany 7 (Sexagesima)

Andante in F (No.2 of 'Three Andantes') – Henry Smart Eterne rerum conditor (Mulliner Book) – John Blitheman (ca.1525-1591) Psalm Prelude Set 1 no.2 (Ps. 37 v.11) – Herbert Howells

Sunday 27 February – Sunday before Lent (Quinquagesima)

Andante in C (No.3 of 'Three Andantes') – Henry Smart Lucis creator optime (Mulliner Book 29) – John Redford (ca.1500-1547) Psalm Prelude Set 1 no.3 (Ps. 23 v.4) – Herbert Howells

Wednesday 2 March – Ash Wednesday

Erbarm dich mein, O Herre Gott (BWV 721) – Johann Sebastian Bach (1685-1750) Remember not, O Lord (Mulliner Book 43) – Thomas Tallis (ca.1505-1585) Aus der Tiefe rufe ich (BWV 745) – J.S. Bach

Sunday 6 March – Lent 1

Ach, was soll ich Sünder machen (BWV 770, Variation 1) – J.S. Bach Ex more docti mystico (Mulliner Book 98) – Tallis Ach, was soll ich Sünder machen (BWV 770, Variation 2) – J.S. Bach

Sunday 13 March – Lent 2

Ach, was soll ich Sünder machen (BWV 770, Variation 3) – J.S. Bach Christe qui lux with a meane (Mulliner Book 40) - John Redford Ach, was soll ich Sünder machen (BWV 770, Variation 4) – J.S. Bach

Sunday 20 March – Lent 3

Ach, was soll ich Sünder machen (BWV 770, Variation 5) – J.S. Bach Ecce tempus idoneum (Mulliner Book 100) – Tallis Ach, was soll ich Sünder machen (BWV 770, Variation 6) – J.S. Bach

Sunday 27 March – Lent 4

Ach, was soll ich Sünder machen (BWV 770, Variation 7) – J.S. Bach Ecce tempus idoneum (Mulliner Book 105) – Tallis Ach, was soll ich Sünder machen (BWV 770, Variation 8) – J.S. Bach

Sunday 3 April – Passion Sunday

Ach, was soll ich Sünder machen (BWV 770, Variation 9) – J.S. Bach Defiled is my name (Mulliner Book 80) – Robert Johnson (ca.1470after 1554)

Ach, was soll ich Sünder machen (BWV 770, Variation 10) – J.S. Bach

Hymns Ancient and Modern, Mercilessly Revised! Examples of choir-stall humour, starting with some golden oldies:

While shepherds washed their socks by night, all seated round the tub;

A bar of Sunlight Soap came down, and they began to scrub.

(My father knew a second verse, but unfortunately didn't write it down!)

Hark! The herald angels sing, Beecham's Pills are just the thing. Two for an adult, one for a child, Peace on earth and mercy mild.

Two doggie hymns: Just as I am, without one flea. Breathe on me, breath of Dog.

The plumber's hymn: Crown him, ye morning stars of light, Who fixed this floating ball.

The chiropodist's hymn: Fair waved the golden corn.

...and, of course:

We three kings of orient are, One in a taxi, one in a car, One on a scooter, blowing his hooter, Following Ringo Starr.

Are there any more out there? Send them in for the next 'In Touch'!

REVD. JOHN MURRIE

An appreciation from those who knew him

in his years at St. Mary's Dalmahoy.

John joined our congregation sometime after his retirement from Kirkliston Parish Church where he had been the minister for 20 years. At St Mary's he quickly brought his gifts and talents to the church and became a dear and dependable friend to us all. John helped out in countless ways in supporting the church and ministry team with his wisdom and scholarship. At times when needed he would take a funeral, and at short notice a wedding and sometimes preach. Above all was his smile ! He wanted to be used in any way.



He greatly enjoyed the friendship of Dalmations, and joined in wholeheartedly in their activities, not only in the talks but also in the practicalities of providing lunches and all



that involved. He was always the first to roll up his sleeves and do mounds of washing up, (no dishwasher then!) and one organiser related that after everyone had gone, John was still there on his knees, cleaning the floors. Just as one of his famous contemporary ministers

George Appleton: once said: "To be a minister is to be the servant of all".

John was a great communicator. To quote someone,

"He was a man with a presence, who never left anyone out. He was a listener who could sense the burdens people carried ". "He spoke words to the sad and downhearted" and "John himself bore sorrow bravely, his faith sustained him ". His infectious laugh brought a smile and was re-assuring, that "All will be well." I was also told that John was generous in sharing his knowledge and wisdom, he was a great resource for those leading Vigils and Daily Prayers. "He always had the right books" John was a great Royalist, and always remembered "Our sovereign lady Queen Elizabeth" in his public prayers in church. As an ex- RAF chaplain he loved to be involved in Remembrance services not only at St Mary's, but , I was also told at Currie Kirk. During the first

interregnum, he read for me on Remembrance Sunday with tears running down his cheeks, the beautiful poem by the young Canadian pilot,19 year old John Gillespie Magee who wrote "High Flight" before he tragically died :

" Oh I have slipped the surly bonds of earthAnd put out my hand and touched the face of God".



Above all, there were John's unforgettable and inspiring intercessions, maybe sometimes a bit lengthy, but his strong voice echoed from the back of the church, we could all hear him, he never needed a mike! He was a man who spoke publicly and directly to God. He was able to express the needs of the world and people, and in the same breath touch hearts with the vision and awareness of the eternal majesty and glory of God, whoever loves us as we are. How much we need to hear this. John, we miss you, but we know you are safe in God's hands.

Janet



Fairtrade Fortnight 21 Feb – 6 March 2022

The theme of this year Fairtrade Fortnight is 'Choose the World You Want 2022', a festival of climate, fair trade and you. The following – and much more – can be found on the Fairtrade website <u>www.fairtrade.org.uk</u>



Fairtrade and Climate Justice

In 2022 we are continuing to highlight the challenges that climate change brings to farmers and workers in the communities Fairtrade works with, as COP 26 did not deliver the change needed to tackle the climate crisis.

Farmers and workers in countries such as Kenya, Ethiopia and Honduras, who have done the least to contribute to climate change are disproportionately affected by it. The climate crisis is the biggest threat to the livelihoods of millions of small scale farmers and agricultural workers in low income countries worldwide.

The Covid 19 pandemic has shown us more than ever how interconnected we are globally. This interconnection is at the heart of the Fairtrade message. Farmers need better incomes and financial support to adapt to changing weather patterns and change their farming methods to ensure a low carbon economy. By



choosing Fairtrade you show solidarity with those on the frontline of the climate crisis. You are part of the Fairtrade movement and you have the power to drive long term change, not only with your shopping choices but with your support in spreading the message.

....Choose Fairtrade this Fairtrade Fortnight and beyond; choose to fight for climate justice, for farmers on the frontline of climate change, for our planet and for future generations. Choose the world you want.'

As I write this article, the Fair Trade Group is thinking about how to best keep the Fairtrade stall going amidst the latest restrictions. I also plan to have the first group meeting for some time in the not too distant future.

Steve Haigh



Diary of Events: February - March 2022

Date	Times	Venue	Event
Sunday 6 th February	10:30	Church	Candlemas Service – bring along your candles to be blessed.
Tuesday 8 th February	13:30	Zoom / Church	Bible Study
Sunday 13 th February	10:30	Church	Bishop visiting and presenting Medals at morning service.
Wednesday 23 rd February	~11:45	Hall Hall	Dalmations
Sunday 13 th March	10:30	Church	Teaching Eucharist Service
Wednesday 30 th March	~11:45	Hall	Dalmations

Please check News & Events on our webpage

(https://stmarysdalmahoy.org.uk)

Go to News & Events and scroll to the bottom of the page and you'll see the calendar.

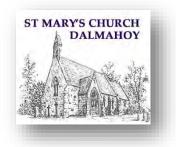


Where to Find St. Mary's:

Website: https://stmarysdalmahoy.org.uk

FaceBook: Search: St. Mary's Dalmahoy





Follow Below Link: https://www.facebook.com/St.Marys.Dalmahoy

YouTube:

Search:

St. Marys Dalmahoy



https://www.youtube.com/channel/UCUsCU8vdPLYXXpk0yI4GQjw

An Easy & Fast way to make Donations to St Mary's: Use the QR code below:

You need to have a QR barcode reader app Installed on your smartphone to use the QR code.





Humour

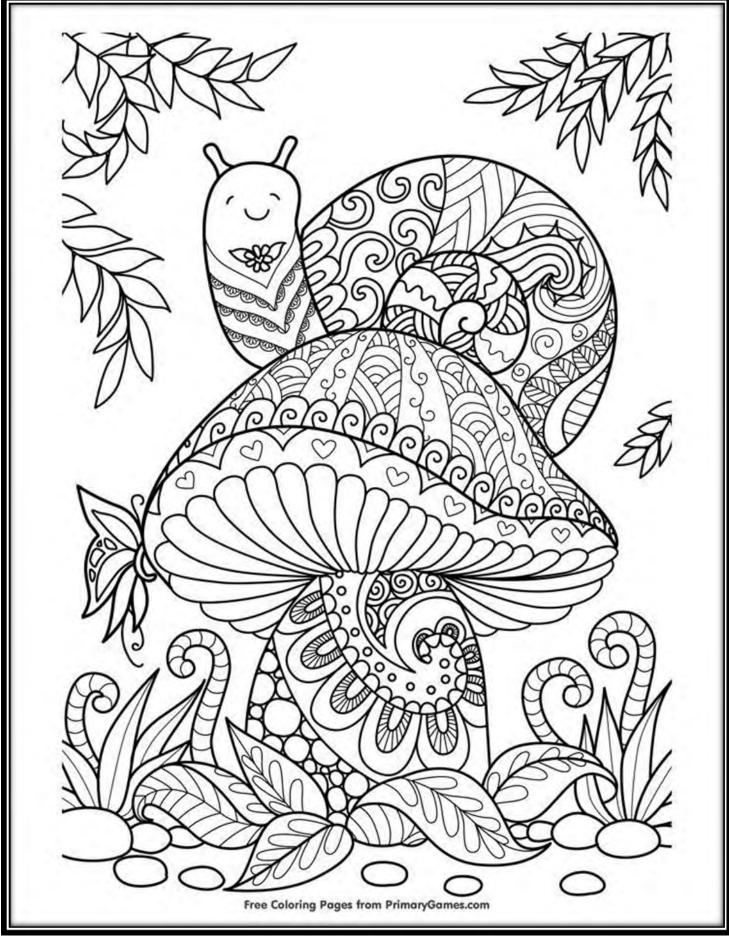
 There's a fine line between a numerator and a denominator. (...Only a fraction of people will get this clean joke.)



- 2. What do dentists call their x-rays? Tooth pics!
- 3. Did you hear about the first restaurant to open on the moon? It had great food, but no atmosphere.
- 4. What did one ocean say to the other ocean? Nothing, it just waved.
- Do you want to hear a construction joke?
 Sorry, I'm still working on it.
- 6. Did you hear about the fire at the circus? It was in tents!
- Why do ducks have feathers?
 To cover their butt quacks!
- 8. What's the difference between a hippo and a zippo? One is really heavy and the other's a little lighter.
- What does a nosey pepper do? It gets jalapeño business.
- 10. Why should you never trust stairs?
 They're always up to something.



Children's Page -



Who's Who (continued from Page 2)

Vestry 2019/2020

Secretary	Pippa Crichton secretary@stmarysd	
Treasurer	Gavin Craig treasurer@stmarysd	
Rector's Warden	Wilma Brown	
	warden@stmarysda	
People's Warden	Margaret King	01506 442 549
Lay Representative	Ann Donoghue	
	layrep@stmarysdalm	nahoy.org.uk
Alt. Lay Representative	Steve Haigh	
	John O'Connor	01506 442 549

Altar Guild Co-ordinator	Denis King	01506 873061
Child Protection & Vulnerable Adults Co-ordinator	Caroline Gunn protection@stmarysda	0131 443 4059 almahoy.org.uk
Gift Aid Secretary	Geoff Angell	0131 315 2639
Fabric Co-ordinator	Carol MacBride	07909 582 760
Head Server	Denis King	01506 873061
Hall Bookings	Pippa Crichton admin@stmarysdalma	0131 333 1683 ahoy.org.uk

Visitors

Lois May Donaldson	0131 449 4279
Janice Goodfellow	01506 495082
Irina Grigolava	07796 305789
Denis King	01506 873061
Margaret King	01506 442549
Carole MacBride	07909 582760
Jane Russell	0131 441 2346

Prayer Chain

Ann Donoghue Revd Janet Dyer John O'Connor Mandy Smart

Should you wish to add someone, or a situation, to our prayers, please email or telephone (see 'Rector's Warden' on page 2 for contact details).

Sunday Stewards

First Sunday	Richmond Davies	07968 582543
Second Sunday	Wilma Brown	01506 440292
Third Sunday	Irina Grigolava	07796 305789
Fourth Sunday	Jane Russell	0131 441 2346
Fifth Sunday	Ann Donoghue	

Transport

If you need transport to or from church on Sunday, please contact the steward for that Sunday.

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Organist Emeritus

John Blaber

emeritus@stmarysdalmahoy.org.uk

Service Times

Sunday	Morning Prayer (Said)	10:00 am
	Sung Eucharist	10:30 am
Wednesday	Said Eucharist	11:00 am
Church Open Times		

Monday, Wednesday & Friday – 10:00 am to 12 noon for quiet reflection and prayer.

Saturdays - 10:00 am to 3:00 pm from beginning of May to the end of September except during Wedding ceremonies.

Deadline for articles for the April – May 2022 issue

is 3:00 pm on Sunday 20 th March 2022	
If possible, please submit articles using the following formats:	
Paper size:	A4; Portrait; 2 cm margins.
Photographs:	JPG format (Separately & Hi-Res if poss.)
Main Headings:	Arial Font, 22 point, Purple.
Subheadings:	Arial Font, 16 point, Bold.
Body Text:	Arial Font, 16 point, Normal.
This is so that the text is readable when reduced to an A5 booklet	
Please submit articles to: intouch@stmarysdalmahoy.org.uk	





Useful Numbers:

We all have those times when we just need someone to talk to and confide in. Please find below a list of numbers you may find useful.

Why not keep this page just in case.

The Silver Line: Tel: 0800 4 70 80 90 Information – friendship – advice for older people. <u>www.thesilverline.org.uk</u>

Anxiety UK: Tel: 03444 775 774 www.anxietyuk.org.uk

Arthritis Helpline: Tel: 0800 5200 520 www.versusarthritis.org

Mind: Tel: 0300 123 3393 www.mind.org.uk Mental Health.

Age UK: Tel: 0800 678 1602 www.ageuk.org.uk

Samaritans: Tel: 116 123 www.samaritans.org

Childline: Tel:0800 1111 Calls are free and Confidential

National Domestic Abuse: Tel: 0808 2000 247

Cruse Bereavement Care: Tel:0808 080 1677 www.cruse.org.uk

