

ST MARY'S CHURCH, DALMAHOY



In Touch

June - July 2021

Registered Charity No. SC014203

Who's Who

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 Denis King

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Cover Photograph: Andrew Christie

Pastoral Letter from Christine

Where to begin again?

It's fair to say there is a feeling of impatience now which is overwhelming. We all so much want to get things "back to normal". Hopefully if things continue to progress the way they are now with combatting the virus we should see something closer to that by (or hopefully before) the end of June. But what will that new normal look like? Will we be happy to reach only the 20-30 people who can come inside our building on a Sunday? Will we be content with only that- or will you want to continue the online ministry and expand that to reach more people in our community?



Let's hear from Maggi Dawn - Professor of Theology, Principal of St Mary's College, and Assistant Director of the Centre for Poetry and Poetics at Durham University:

"The success of online church depends on understanding online platforms as a particular kind of space, rather than merely a means of projecting my church into your living room. "



During the various stages of lockdown over the past year and a half we have had up to 1000 people tune in to watch various services to date, so perhaps we need to continue some kind of hybrid Sunday worship. That requires people to manage it and at the moment Ben is doing all he can in addition to studying to manage all the technical components of that with my "help". It requires a little more than pushing a button! Once we move back into the church building it will require a time of re calibration to find the best sound and camera placing. In other words, even more of your patience is required as Ben once again has to go through the mind numbing -or perhaps ear numbing- procedure of finding all the right levels for our 7 mics and then of

course the adjusting of them a little each week to accommodate each reader's idiosyncrasies.

But never fear! Ben is also working on making the whole thing more streamlined so anyone with a basic knowledge of Zoom can step in for him...he may be leaving for study after all, and on a Sunday, I can't really be in 2 places at the same time!

Currently we are unable to sing together but that will change, and now whoever is our soloist on a Sunday also sings the liturgy as we follow along in our heads.



The need to do things communally is the driving force behind our impatience I know.

But let me clear in case there is misinterpretation, everyone who would like to join us on Wednesday's at 11am is welcome to. The only restriction is if your doctor advises against it if you are sheltering for some reason (I know some of you are sheltering with your partners because of upcoming surgeries). Please



do come and worship in accordance with our beautiful liturgy in the quiet of St. Mary's church on a Wednesday, we are able to seat you according to "bubbles" and hopefully you will leave feeling refreshed. Private Prayer in the church will be available during the times that Pippa is in the office. These are Mondays and Wednesdays 9.30 – 12.30. Please either call or email the office if you intend coming. This will allow for sanitising procedures to be properly observed. Should anyone wish to attend for private prayer outside of these hours they should contact Christine to arrange. We continue to worship in Douglas Hall so as to

have a much room as possible for our "main" Sunday service.

So, the future looks bright in many ways especially with the formation of our Community and Growth Team and your Vestry's determination to set St. Mary's on a path of growth and future sustainability. I hope we can all take advantage of the easing of restrictions to once again get out and share a cup of tea with friends and reach out to make new ones.



Our buildings are being cared for and though our church roof needs repair our Quinquennial Report is now done and its recommendations will be the subject of study in the coming months.



To end on a personal note, Ben and I would like to thank everyone for the lovely gifts on our 20th wedding anniversary. It's hard to believe it's been 20 years but judging by the photos...it has!

We are always so heartened by the kindness of St. Mary's - thank you all so very much.

Every Blessing,
Christine+



From the Registers (2021)

Baptisms

30th May William David Sholto Douglas
 12th June Jolyon Felix Sweetman

Weddings

18th June Laura Cameron & Craig Sullivan
 20th June Kate Zoe Miles & Gareth David Walters
 9th July Sarah Scarlett Elizabeth Herd & Alasdair James Robert Bain
 11th July Courtney Baistow & Ross McSkimming
 23rd July Juanita Andeline Du Toit & David Alexander Finlay

No Funerals

Douglas Hall Classes & Events

At the moment the regular classes below are not running and the hall is closed. We will update you once the hall has reopened.

Monday's	10am-12pm	Craft Group
	7:45-8:45pm	Dance Class
Wednesday's	5-7pm	Mar Thoma Congregation
	7:30-9pm	Yoga
Thursday's	1-2:30pm	Yoga
Friday's	9-12pm	Dance Class
2 nd & 4 th Sundays	2-7pm	Mar Thoma Congregation
Sunday's	8-9:30pm	Yoga

More information and **up-to-date** details
 can be found on our website
www.stmarysdalmahoy.org.uk

Tree Surgeon's In Action

Having A Tall Tree Removed From A Domestic Garden

I have just spent a few hours watching the tall ash tree which was suffering from ash die back being removed from our front garden.

Heartwood Tree Care who are based in Ratho and who had previously done other tree work and tall conifer hedge pruning in our garden last year came back to take down this tree before it could develop its leaves for this year.

The skills and strength needed to do work of this type is fascinating to watch. Here is a photograph of Andrew at height and quite early in the process.

His two assistants spent their time reducing the cut limbs and branches to



manageable lengths for disposal.

In addition to the tree being removed, my son in law will benefit from a large stack of logs for his wood burner and the trunk will be taken to a local sawmill In Kirkliston and cut into slices which may well become console tables or chopping boards in a couple of years' time after the wood has seasoned.

Heartwood Tree Care is the same company which carried out the tree removal in the Rectory garden earlier this year. Trees which were

affecting the drainage of the ground and potentially damaging the septic tank.

I can definitely recommend Andrew and his staff so if anyone would like further information please either contact me or contact Heartwood Tree Care directly.

Their telephone numbers are 0131 210 0311 or 07580237691 or by email to info@htctrees.co.uk.

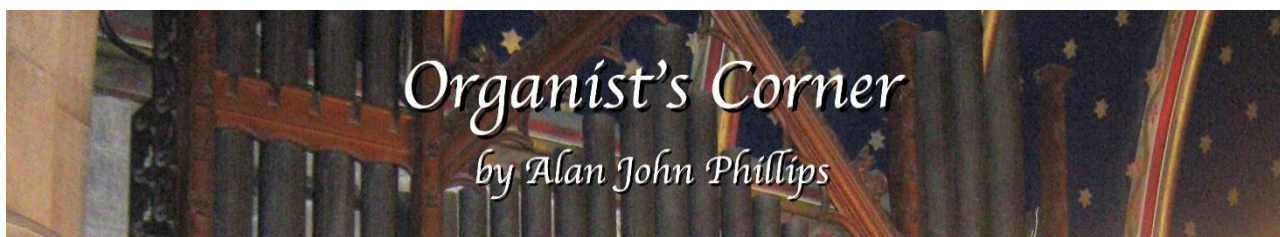


Eucharist Readings:

Year A Eucharist	(Year A2 for Morning Prayer)	First Reading
6 June	Second Sunday after Pentecost Proper 5	1 Samuel 8:4-11, (12-15), 16-20, (11:14-15)
13 June	Third Sunday after Pentecost Proper 6	1 Samuel 15;34-16:13
20 June	Fourth Sunday after Pentecost Proper 7	1 Samuel 17:(1a, 4-11, 19- 23), 32-49
27 June	Fifth Sunday after Pentecost	2 Samuel 1:1, 17-27
4 July	Sixth Sunday after Pentecost	2 Samuel 5:1-5, 9-10
11 July	Seventh Sunday after Pentecost	2 Samuel 6:1-5, 12b-19
18 July	Eight Sunday after Pentecost	2 Samuel 7:1-14a
25 July	Ninth Sunday after Pentecost	2 Samuel 11:1-15
1 August	Tenth Sunday after Pentecost	2 Samuel 11:26-12:13a
8 August	Eleventh Sunday after Pentecost	2 Samuel 18:5-9, 15, 21-33
15 August	Twelfth Sunday after Pentecost	1 Kings 2:10-12; 3:3-14
22 August	Thirteenth Sunday after Pentecost	1 Kings 8(1,6,10-11), 22-30, 41-43
29 August	Fourteenth Sunday after Pentecost	Song of Solomon 2:8-13

June – July 2021

Second Reading	Gospel
Genesis 3:8-15	Mark 3:20-35
2 Corinthians 5:6-10,(11-13)	Mark 4:26-34
2 Corinthians 6:1-13	Mark 4:35-41
2 Corinthians 8:1-9, 13-15	Mark 5:21-43
2 Corinthians 12:2-10	Mark 6:1-13
Ephesians 1:3-14	Mark 6:14-29
Ephesians 2:11-22	Mark 6:30-34, 53-56
Ephesians 3:14-21	John 6:1-21
Ephesians 4:1-16	John 6:24-35
Ephesians 4:25-5:2	John 6:35, 41-51
Ephesians 5:15-20	John 6:51-58
Ephesians 6:10-20	John 6:56-69
James 1:17-27	Mark 7:1-8,14-15, 21-23



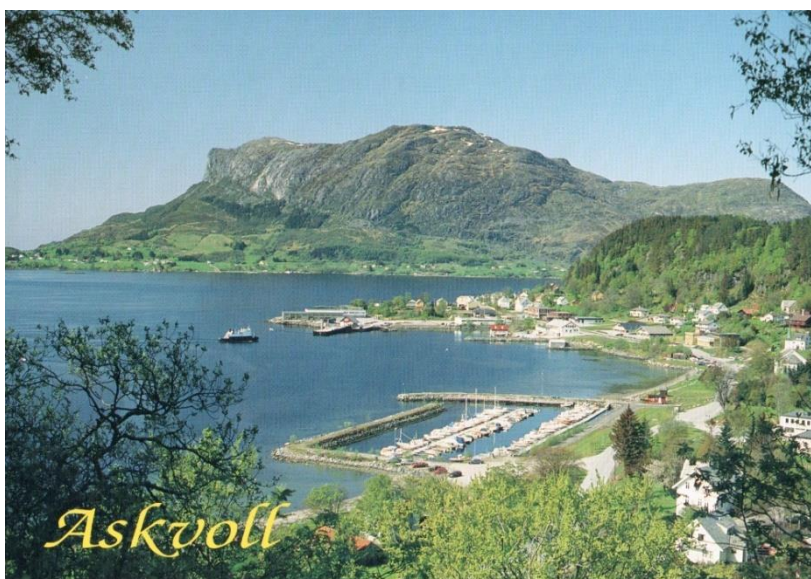
Life in Norway



I write this as we approach 17 May, the anniversary of Norway achieving independence from big brother Denmark. The constitution of the new nation was signed at Eidsvoll on 17 May 1814, 200 years before Scotland's failed attempt at independence.

I worked as an organist in Norway from 1995 to 2000, firstly on the west coast, then in Oslo.

I left England's West Country to live in Norway's *Vestlandet* (it means the same thing!), 67 miles north of Bergen as the crow flies. In those days, the Lutheran Church of Norway really was a state church, all church staff being in effect employees of the local *kommune* (district council). This full-time civil service salary was a big attraction for large numbers of impoverished English organists who were tempted to move north! There were seven churches in Askvoll *kommune*, and I was employed as organist of all of them: Askvoll, Holmedal and Vilnes parish churches and Stongfjord, Kvammen and Bulandet chapels. I was nominally organist of Værlandet chapel, too, but a local organist usually played there.





As three of them were on islands, a good deal of seafaring on small taxi-boats was required, and en route to Bulandet (the westernmost island in Norway with just open ocean between it and Canada) to play for a funeral during a full storm I experienced sea-sickness for the first and only time in my life. For the return trip, I prudently waited for the much larger (and stabler) public ferry!

Four of the churches had 19th century mechanical action organs, two had harmoniums, and the other had an electronic organ. The photo on the left shows the large '*organistvarmer*'

('organist warmer') that they installed for me at Askvoll to keep me warm whilst practising during the winter. Nice!

We lived in Askvoll itself, the administrative centre of the kommune on the edge of the fjord, and, accessible only by ferry or a treacherous narrow road, built on the sheer side of a mountain during the Nazi occupation. As Norway was then a nominally teetotal country (thanks to the strict Protestantism), there was only one off-licence in the whole county, run by the *Vinmonopolet* (state alcohol monopoly). To get to it, one had an hour and a half bus journey along this narrow mountain track, with the bottles clanking on the way back, attracting unwelcome attention from the straight-laced church-going passengers. The buses in the area were composite vehicles, bus in front and lorry at the back, so stops were often made for the driver to deliver a fridge en route.



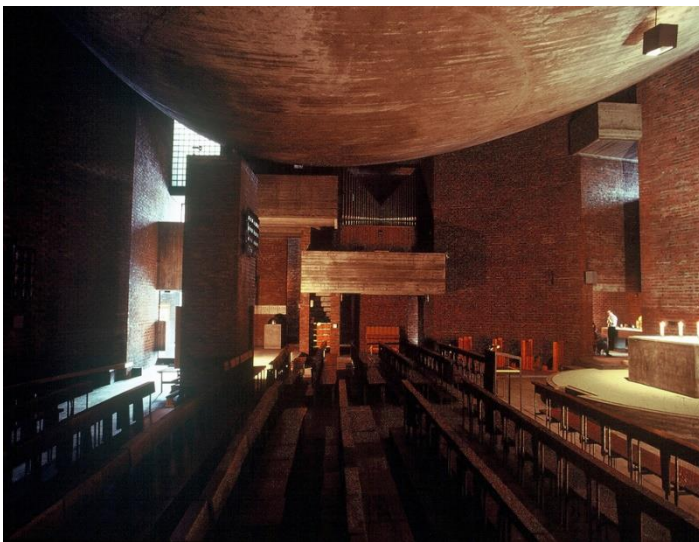
17 May in Askvoll began early, as a very loud 'salute' was fired at 7.00 a.m. This consisted of someone climbing the mountain behind our house with a quantity of high explosives. This scared us in our first year, but the next year, we were prepared! Needless to say, there

was a midday *familiiegudstjeneste* (family service) in the church, for which I played. All public holidays included an integral church service.

Most of the churches were built of wood, and tended to move slightly during the numerous sea-storms on the North Sea coast. It was disconcerting to see the chandeliers swaying whilst in the middle of organ practice. A friend of ours joked that it demonstrated the flexibility of the Norwegian Church!



Askvoll church



After two-and-a-half years on the west coast, I was appointed organist of St. Hallvard's Church in Oslo, a Catholic parish then run by the Franciscans. The building dates from 1966 and is a circle within a square, topped by a concrete dome which was deliberately placed upside down – it reaches

downwards into the church, purporting to show God reaching down to us. However, some people have said that it resembles a UFO! The friars called the concave outside of the dome the 'swimming pool'.

I was already familiar with the modern Catholic mass, but it was still strange to celebrate it in Norwegian. The choir had been led during the two-year vacancy before I came by a very competent German nun who was a mine of information about Catholic music in Norway. My German-trained predecessor had built up an excellent choir library. Being a major Catholic parish in a European capital, my choir was made up of many nationalities. The organ was a two-manual instrument originally from a Franciscan church in the Netherlands – coincidentally, we also had an elderly friar from the same Dutch friary!

Tina and I were much in demand for deputising work all over Oslo, and we seemed to cover most of the large city churches. It was in the Catholic cathedral that I played for my most harrowing funeral to date. There had been a NATO exercise in north Norway during the winter. The officers were preparing to sit down to dinner in the officers' mess, when the flat roof collapsed under the accumulated weight of snow. There were fatalities, including a young Polish officer. His funeral was in Oslo, and I was asked to play for it. The military band played a gruesome funeral march by Ole Olsen, and throughout the service the young officer's distraught girlfriend screamed loudly all the way through and from time to time threw herself on the coffin.

In 2000, the Catholic Church in Norway published a superb new hymn-book 'Lov Herren' ('Praise the Lord'), and the diocese of Oslo commissioned me to write the official book review for the national Catholic magazine 'Broen' ('The Bridge'). I wrote it in Norwegian, and

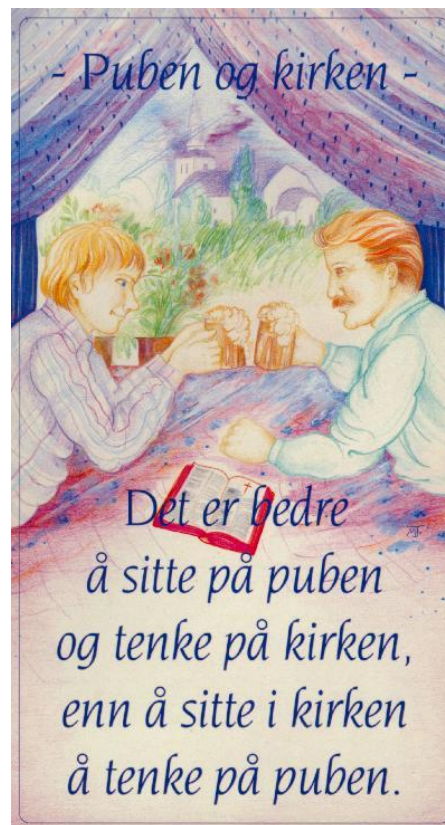
My surprise they printed it exactly as I wrote it, no grammatical corrections being found necessary!

We lived just outside the city boundary not far from the old Oslo airport, Fornebu, and the Millennium fireworks emanating from the area of the airport were really spectacular, but not from the point of view of our poor St. Bernard – she was terrified!

My last service in Norway was on the feast of Christ the King 2000.

'The Pub and the Church'

'It is better to sit in the pub and think about the church than to sit in the church and think about the pub.'



You know you've been in Norway too long when...

You think there is no such thing as bad weather, only bad clothing

You associate warm rice porridge with Saturday and Xmas eve

It seems nice to spend a week in a small wooden cottage up in the mountains, with no running water and no electricity

It seems sensible that the age limit at Oslo nightclubs is 25

You think cross-country skiing is the only "real" skiing

You know at least five different words describing different kinds of snow

A sharp intake of breath has become part of your active vocabulary

You associate Friday afternoon with a trip to Vinmonopolet

You rummage through your plastic bottles collection to see which ones you should store and which can be sacrificed to the recycling centre

It's acceptable to eat lunch at 11.00 and dinner at 15.00

Your front door step is beginning to resemble a shoe shop

Silence is fun

The reason you take the ferry to Denmark is:

- a. duty free vodka*
- b. duty free beer*
- c. to party*

The only reason for getting off the boat in Copenhagen is to eat pizza

It no longer seems excessive to spend 800 kr. on alcohol in a single night

Your old habit of being "fashionably late" is no longer acceptable. You are always on time.

You enjoy the taste of lutefisk

You use "Mmmm" as a conversation filler

An outside temperature of 9 degrees

Celsius is mild (in mid June)

You wear sandals with socks

You think riding a racing bike in the snow is a perfectly sensible thing to do (with or without snowtires)

Traditional dinners may not necessarily mean a cooked meal

You think it's acceptable to wrap your hotdog in a cold pancake

Can't remember when to say "please" and "excuse me"

You will leave a pub if you can't find a seat

You believe that having no choice of products in a supermarket makes it easier to shop

You don't mind paying the same for a 200 metre bus ride as you do for going 10 kms

You have more than one scarf

You have more than one hat and at least one of them has earflaps

You know the difference between Blue and Red ski wax

You don't fall over when walking on ice

Always prepare to catch the closing door if following too closely behind somebody

You know the rules to handball

You can prepare fish in five different ways without cooking it

You know Norway's results the last three years in the "Eurovision Song Contest"

You start to believe that if it wasn't for Norway's efforts the world would probably collapse soon

You find yourself speaking halfway Swedish with Swedes

You don't question the habit of always making "matpakke"

<http://www.norway.org.uk/culture/misc/tr oll.html>

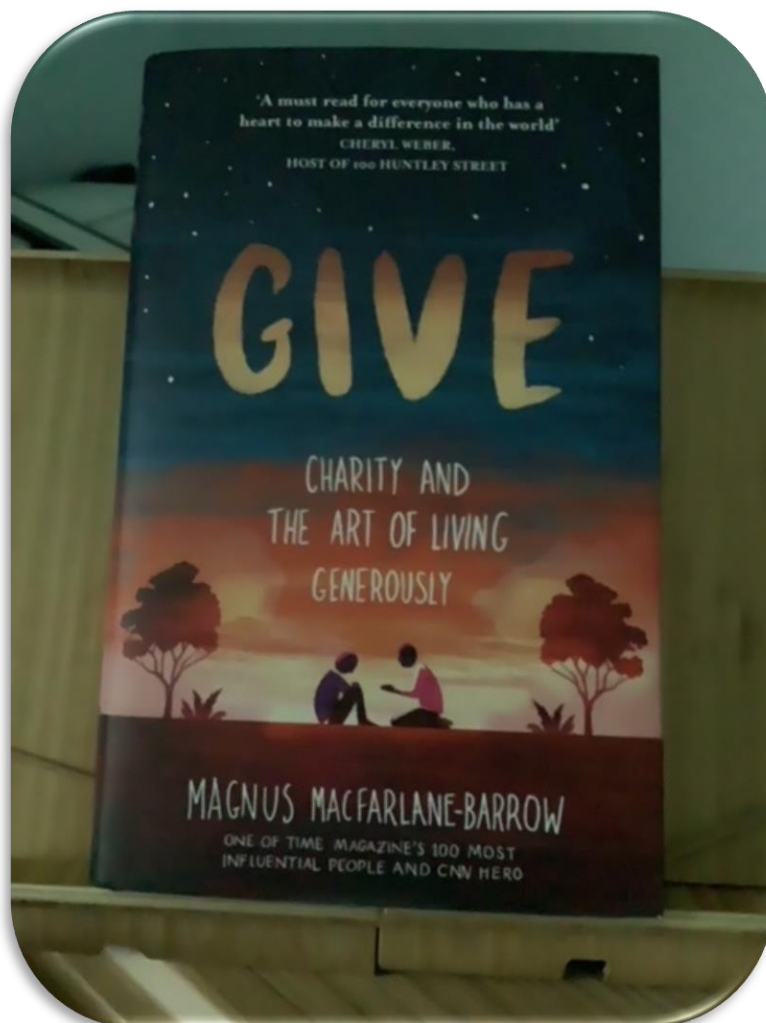
Book Recommendation

When I initially saw this book advertised towards the end of 2020, I thought that it would be a good Christmas gift for one of my friends in particular. However, although I thought that I had ordered the book, I discovered too late, that I had forgotten to complete the transaction. I did order it in early 2021 for her March birthday and I asked one of my adult children to buy it for me for Mother's Day. As was the case with the previous books that have been written about Mary's Meals, it did not disappoint.

Perhaps it's a book that you might consider buying as a gift or for yourself.

You will also be supporting a wonderful charity.

Carole.



Colchester Zucchini Bread

Ingredients

- 1 and 1/2 cups (188g) **all-purpose flour**
- 1/2 teaspoon **baking powder**
- 1/2 teaspoon **baking soda**
- 1/2 teaspoon **salt**
- 2 teaspoons **ground cinnamon**
- 1/4 teaspoon **ground nutmeg**
- **optional:** 1 cup (180g) semi-sweet chocolate chips (or chopped nuts, raisins, etc)
- 1/2 cup (120ml) vegetable **oil** (or melted coconut oil)
- 1/2 cup (100g) packed light or dark **brown sugar**
- 1/2 cup (100g) **granulated sugar**
- 1 large **egg**, at room temperature
- 2 teaspoons **pure vanilla extract**
- 1 cup shredded **zucchini** (about 1 medium)*



Instructions

1. Preheat the oven to 350°F (177°C). Grease a 9x5 (or 8x4) inch loaf pan. See notes for muffins.
2. Whisk the flour, baking powder, baking soda, salt, cinnamon, nutmeg, and chocolate chips together in a large bowl until thoroughly combined. Set aside. In a medium bowl, whisk the oil, brown sugar, granulated sugar, egg, vanilla, and zucchini together until combined. Pour the wet ingredients into the dry ingredients. Gently whisk until *just* combined; do not overmix. Batter will be semi-thick.
3. Spread the batter into prepared loaf pan. Bake for 45 – 55 minutes. Baking times vary so keep an eye on yours. The bread is done when a toothpick (or if you're me a piece of spaghetti) inserted in the centre comes out *mostly* clean with zero raw batter. Remove the bread from the oven and set on a wire rack. Allow to cool completely before slicing.

4. Cover and store leftover bread at room temperature for up to 3-4 days or in the refrigerator for up to 1 week.

This recipe was given to me by a parishioner from Colchester Ontario. If you've ever grown zucchini you know you always get more than you could possibly eat or give away! This bread is perfect for making ahead and freezing too!



Diary of Events: June – July 2021

Date	Times	Venue	Event
<p>DUE TO CURRENT GUIDELINES ISSUED BUY THE BISHOP GROUPS AND SOCIAL EVENTS HAVE BEEN CANCELLED.</p> <p>ONCE LEVEL REDUCED AND SOCIAL DISTANCING RELAXED EVENTS WILL BE SCHEDULED.</p>			



Where to Find St. Mary's:

Face Book:

Search:

St. Mary's Dalmahoy



Follow Below Link:

<https://www.facebook.com/St.Marys.Dalmahoy>

YouTube:

Search:

St. Marys Dalmahoy



Follow Below Link:

<https://www.youtube.com/channel/UCUsCU8vdPLYXXpk0yl4GQjw>

An Easy & Fast way to make Donations to St Mary's: Use the QR code below:

You need to have a QR barcode reader app Installed on your smartphone to use the QR code.



Scan. Pay. Go.

Scottish Quiz



1. Which Scottish city is nicknamed the Granite City?
2. Which Scottish town is the most northernmost on the British mainland?
3. What name is given to mountains in Scotland with a height over 3,000 feet?
4. Name the largest town in South Lanarkshire, which was also designated Scotland's first new town in May 1947?
5. Which Norwegian city is 220 miles due east of the Shetland Islands?
6. The landmark 'Journey's End' signpost was installed in 1964 as a visitor attraction in which village?
7. Portree is the largest town on which island?
8. Which range of rolling hills straddle the English-Scottish border?
9. What's the name of the famous 449-foot red sandstone sea stack on the Orkney archipelago?
10. Which town is the second largest settlement in the Highlands of Scotland with around 10,000 inhabitants?
11. Which loch is the is the largest inland body of water in Great Britain?
12. Name the capital of the Isle of Mull?
13. Can you name the second highest mountain in the United Kingdom after Ben Nevis?
14. Which river in Scotland, its third longest, is important for whisky production and salmon fishing?
15. Aviemore is a town and tourist resort in which national park?

(Answers on back page).

Children's Page –



Who's Who (continued from Page 2)

Vestry 2019/2020

Secretary	Denis King	01506 873061 secretary@stmarysdalmahoy.org.uk
Treasurer	Gavin Craig	01506 891538 treasurer@stmarysdalmahoy.org.uk
Rector's Warden	Wilma Brown	01506 440 292 warden@stmarysdalmahoy.org.uk
People's Warden	Carole MacBride	07909 582760
Lay Representative	Jonathan Gibbs	layrep@stmarysdalmahoy.org.uk
Alt. Lay Representative	Ann Donoghue	
	Margaret Chill	01506 880244
	Jonathan Gibbs	07710 170127
	Ella Henderson	0131 449 2262
	Margaret King	01506 442549

Altar Guild

Co-ordinator	Denis King	01506 873061
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Child Protection & Vulnerable Adults Co-ordinator

Caroline Gunn	0131 443 4059 protection@stmarysdalmahoy.org.uk
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Gift Aid Secretary

Geoff Angell	0131 315 2639
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Fabric Co-ordinator

Vacant

Head Server

Denis King	01506 873061
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Hall Bookings

Pippa Crichton	0131 333 1683 admin@stmarysdalmahoy.org.uk
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Visitors

Lois May Donaldson	0131 449 4279
Janice Goodfellow	01506 495082
Irina Grigolava	07796 305789
Margaret Hunter	01506 410761
Denis King	01506 873061
Margaret King	01506 442549
Carole MacBride	07909 582760
Jane Russell	0131 441 2346

Prayer Chain

Ann Donoghue	John O'Connor
Revd Janet Dyer	Mandy Smart

Should you wish to add someone, or a situation, to our prayers, please email or telephone (see 'Rector's Warden' on page 2 for contact details).

Sunday Stewards

First Sunday	Richmond Davies	07968 582543
Second Sunday	Wilma Brown	01506 440292
Third Sunday	Irina Grigolava	07796 305789
Fourth Sunday	Jane Russell	0131 441 2346
Fifth Sunday		

Transport

If you need transport to or from church on Sunday, please contact the steward for that Sunday.

Postal Address

Church Office, St Mary's Church Hall,
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webmaster@stmarysdalmahoy.org.uk

Organist Emeritus

John Blaber

emeritus@stmarysdalmahoy.org.uk

Service Times

Sunday	Morning Prayer (Said)	10:00 am
	Sung Eucharist	10:30 am
Wednesday	Said Eucharist	11:00 am

Church Open Times

Monday, Wednesday & Friday – 10:00 am to 12 noon for quiet reflection and prayer.

Saturdays – 10:00 am to 3:00 pm from beginning of May to the end of September except during Wedding ceremonies.

**Deadline for articles for the February – March issue
is **3:00 pm** on Sunday 19th January**

If possible, please submit articles using the following formats:

Paper size: A4; Portrait; 2 cm margins.

Photographs: JPG format (Separately & Hi-Res if poss.)

Main Headings: Arial Font, 22 point, Purple.

Subheadings: Arial Font, 16 point, Bold.

Body Text: Arial Font, 16 point, Normal.

This is so that the text is readable when reduced to an A5 booklet

**Please submit articles to:
intouch@stmarysdalmahoy.org.uk**

Services – 2021

Although we are entering a time where things are opening up...we still have to wait a bit.

But please be assured vestry is planning a very special service and gathering to celebrate the end of restrictions and the return to relative normalcy.



Please watch this space!!



Answers:
1. Aberdeen 2. Thurso 3. Munro's 4. East Kilbride 5. Bergen 6. John o' Groats 7. Skye 8. The Cheviot Hills 9. The Old Man of Hoy 10. Fort William 11. Loch Lomond 12. Tobermory 13. Ben Macdui 14. River Spey 15. The Cairngorms National Park