

# ST MARY'S CHURCH, DALMAHOY



## In Touch

February – March 2020

Registered Charity No. SC014203

## Who's Who

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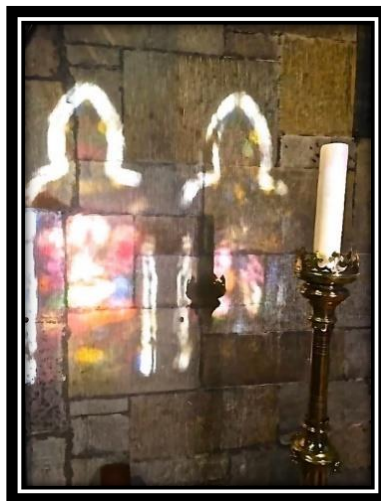
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## In this issue

## Page

|   |            |
|---|------------|
| Who's Who                                   | 2 & 29     |
| Pastoral Letter from Christine              | 4          |
| From the Editor & Words of thanks           | 5          |
| From the Registers                          | 6          |
| Douglas Hall Events                         | 6          |
| St. Mary's Christmas Fair                   | 7          |
| Christmas Down Under                        | 8          |
| Immersed in Baptismal Living                | 9          |
| Dalmations                                  | 11         |
| A Light-hearted Look at Shroves             | 14         |
| Fair Trade "Storybombing"                   | 15         |
| Eucharist Readings: February-March          | 17         |
| Organist's Corner                           | 19         |
| Organ Music for February & March 2020       | 22         |
| Diary of Events: February 2020 – March 2020 | 24         |
| Humour                                      | 27         |
| Children's Page                             | 28         |
| Holy Week Services                          | Back Cover |



**Cover Photograph: Reflections in the Sanctuary**

## Pastoral Letter from Christine

Dear Friends,

Week by week in our worship, we are reminded of the Great Commandments to love the Lord our God with all our heart, all our soul, all our mind, and all our strength; and to love our neighbours as ourselves. As we approach in February, this holy day we know as Ash Wednesday, we confess how far short we fall of such love and we pray that God will “create and make in us new and contrite hearts”.

Lent is really a season of the heart. One in which we are called to ponder afresh the heart of God, and our own heart as we pray, “Your kingdom come, your will be done”. Lent is a season for the cleansing of the heart, for its refreshment, for resetting its rhythms in accord with the ancient requirement of the Lord that we “do justice, love kindness and walk humbly with our God” (Micah 6:8).

This is your work and mine in Lent. It is indeed the work of all those baptized in Christ.

As we gather week after week, we are gathering to ponder and share times in our lives when we feel drawn very close to the heart of God and times when our prayer comes from deep within our own hearts. We share the stories of Jesus that touch our hearts and influence our living.

I invite you to read a portion of the conversation Jesus had with the disciples in the Upper Room on the very eve of His Passion and Death, his self-giving for the life of the world.

The text is John 15:12-17.

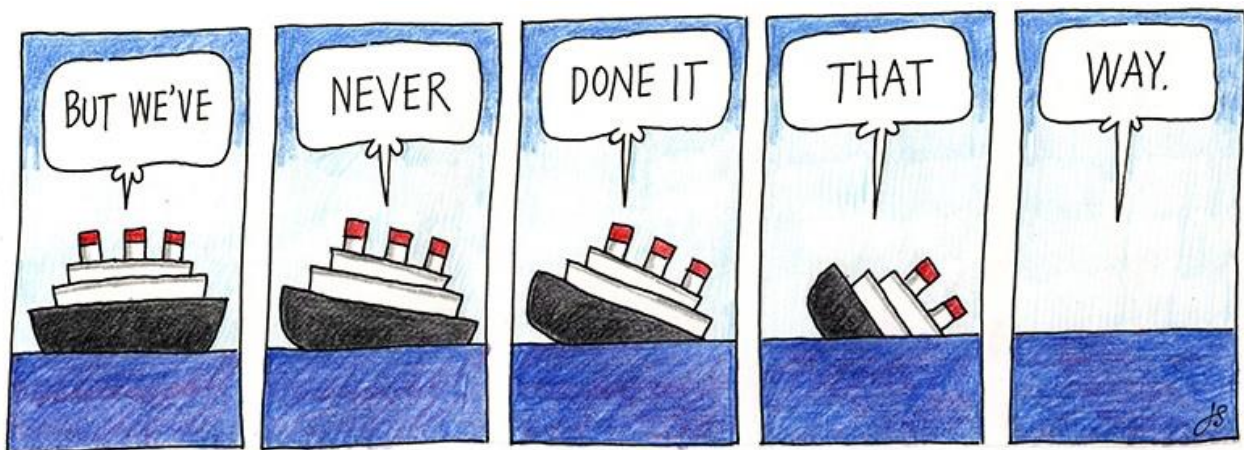
[Jesus said,] “This is my commandment, that you love one another as I have loved you. No one has greater love than this, to lay down one’s life for one’s friends. You are my friends if you do what I command you. I do not call you servants any longer, because the servant does not know what the master is doing; but I have called you friends, because I have made known to you everything that I have heard from my Father. You did not choose me but I chose you. And I appointed you to go and bear fruit, fruit that will last, so that the Father will give you whatever you ask him in my name. I am giving you these commands so that you may love one another.”

As we think of St. Mary's commitment to live by these words, we think about times when the wider Church makes our hearts glad, when it makes them ache, and when it makes our hearts feel hopeful. We consider afresh our commitment to Christ and we share our own heartfelt prayers for our beloved Episcopal Church. Let us join together April 11<sup>th</sup> at the Easter Vigil to again commit ourselves to our Baptismal promises.

I hope we can continue to join in this conversation, and that it is a time of blessing for you. I look forward to hearing your heartfelt prayers for St. Mary's in its commitment to live the Gospel of Jesus.

Blessings

Christine+



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## From the Editor

Well, this is the first edition by Pippa and Christine...we do hope it approaches the high standard set by John Blaber and all the former editors of "In Touch" of the past! We will do our best to improve. Please feel free to send any ideas or articles to [intouch@stmarysdalmahoy.org.uk](mailto:intouch@stmarysdalmahoy.org.uk)

## Words of Thanks

Kate Graham wishes to pass on sincere thanks to everyone in the congregation for their thoughts and prayers while she has been undergoing cancer treatment in recent months.



## From the Registers (February - March)

### No Baptism

### Weddings

|                           |  |
|---------------------------|--|
| 8 <sup>th</sup> February  | Lesley Helen McIntyre & Andrew Davidson Martin |
| 15 <sup>th</sup> February | Nicola Stephen & Marcus Oliver Dickson         |
| 14 <sup>th</sup> March    | Naomi Ansell & John McCormack                  |
| 21 <sup>st</sup> March    | Mandy O'Connor & Jean-Marc Serthelon           |

### No Funerals

### Douglas Hall Classes & Events:

|   |             |                                    |
|---|-------------|------------------------------------|
| Monday's                                  | 6-7pm       | The Douglas Method (Pilates)       |
| Wednesday's                               | 6-7:30pm    | Taekwondo                          |
|   | 7:30-9pm    | Yoga                               |
| 2 <sup>nd</sup> & 4 <sup>th</sup> Sundays | 2-7pm       | Mar Thoma Congregation             |
| Friday 7 <sup>th</sup> February           | 7-10:30pm   | Ceilidh                            |
| Saturday 8 <sup>th</sup> February         | 7:30am-6pm  | All day Yoga Course                |
| Friday 21 <sup>st</sup> February          | 7:30-9:30pm | Zumba / Yoga                       |
| Saturday 22 <sup>nd</sup> February        | 11am – 1pm  | Birthday Party                     |
| Sunday 23 <sup>rd</sup> February          | 7-9:30pm    | Yoga                               |
| Saturday 7 <sup>th</sup> March            | 7:30am-6pm  | All day Yoga Course                |
| Friday 13 <sup>th</sup> March             | 6:45-9:45pm | Yoga                               |
| Saturday 14 <sup>th</sup> March           | 10-1pm      | Blanket Exercise                   |
| Friday 20 <sup>th</sup> March             |             | Afternoon pre wedding get together |

More information and **up-to-date** details  
can be found on our website

[www.stmarysdalmahoy.org.uk](http://www.stmarysdalmahoy.org.uk)

## The St Mary's Dalmahoy Christmas Fair 2019

This was held for the first time on Saturday 16th November 2019 in the Douglas Hall.

Santa Claus managed to include St Mary's in his very busy schedule and was present from when the fair opened at 11am, leaving just before 3pm to get to his next engagement. A number of

children spoke to him and gave him letters giving him ideas of what they would like to find on Christmas morning. We found out later that Santa had left letters to many of those children on Christmas morning saying how much he had enjoyed meeting them and hoping that he had managed to deliver what they had wished for.

In addition to Santa, there were a number of Christmas related

stalls, a tombola, a raffle and mulled wine, hot chocolate and mince pies for those who attended.

Some of the stalls were run by members of the congregation and the profits from those sales have been designated to the Fabric Fund, almost £750 was raised.

Mandy had a stall selling various items that she makes including jewellery, trinkets and cards. She

was pleased with the interest that was shown and the sales that she made. She also worked on new pieces during the time that the fair was in progress.

Gavin manned a stall on behalf of The Brock, a social enterprise which provides therapeutic activities for service users with





chronic mental health conditions. They operate from the Strathbrock Partnership Centre in Broxburn.

On sale at the fair were plants from their garden centre, pens turned from old whisky barrels and turned bowls. There were also greetings cards and tea light holders and lamps decorated with badgers, the badger being the emblem of The Brock. Orders were also taken for garden benches, bird tables and Christmas wreaths. The total raised, including the ordered

items, was £800.

The Brock received support from St Mary's during the last year with a donation to help fund the creation of a Mind Garden.

Further information can be found on their website at [www.thebrock.org](http://www.thebrock.org).

Those who attended and those involved in the organisation of this event found it a worthwhile experience and I for one hope that it will be repeated in 2020. We'll need to make a booking with Santa in the very near future if that is to be the case.

Carole



## COMPARISONS AND DIFFERENCES OF CHRISTMAS "DOWNUNDER"

Needless to say the most obvious difference of Christmas in Australia is the weather, and to me it feels far more like Christmas when it's cold and if it snows.

The build-up before the festive season is much the same, shopping centres have their decorations up months in advance and are really busy with the days up to Christmas and there are always the last - minute shoppers! The Boxing Day sales are a mad scramble.



Our church, St. Albans in Epping is decorated with a manger scene and a lovely tree and a carol service of 9 Lessons is held before Christmas.

Here at the Village, we have Carols by Candlelight which is always popular.

Most of the congregation attend the 11pm service on Christmas Eve and there is a children's service on Christmas morning.

Many choose to head for the beaches or local park on Christmas day and have a "barbie" with prawns and "pav" (pavlova) for dessert, rather than the traditional roast turkey and all the trimmings, followed by Christmas pudding, mince pies and Christmas cake.

The harbour, the bridge and the Sydney Opera House and surrounds are extremely popular venues for seeing the new year in, an equally impressive backdrop is the Edinburgh Castle and the fireworks at Hogmanay, both memorable locations for celebrating.

I can recommend you try an Aussie Christmas and all it has to offer! Love and best wishes to you all for 2020.

Gillian.



**The Aussie spirit of Christmas.**

## Immersed in Baptismal Living

Streaming from the deep well of God's generosity, holy baptism is a foundational and defining event in the Christian's life. Passing through its waters, a person becomes part of God's New Creation. The life of the whole church, and thus all of its ministries and authority, flows from baptism. Therefore, at the Font, a person is

also made a full member of Christ's one, holy, catholic, and apostolic church, and is empowered and commissioned for ministry. Ultimately, baptism celebrates what unites Christians: The Passion, death and resurrection of Jesus Christ, and the life we share in his Spirit. Healthy congregations, then, are made up of people striving to "live into" this reality, the reality of their baptism.

### **We are Patterned by a Particular Story**

The Passion, death and resurrection of Jesus Christ together form the lens through which we best comprehend the Triune God – Father, Son and Holy Spirit – and the meaning of our lives as those marked with the sign of the cross. Christianity is about so much more than making good people better, self-preservation or other self-serving spiritualities. Indeed, Christian faith is primarily about God, not us.

We allow ourselves to be patterned by this story. We recognize that we faithfully flourish when we offer not only a commitment, but also "ourselves, our souls and bodies".

There is fresh freedom and vigour to be discovered when Christians decide to live confidently in the present because the future is secure in God.

### **We are Caught up in an Ongoing Mission**

Our God remains active in the world, already engaged in mission. Therefore, the real question before congregations is, "What is God up to and how can we participate in that?"

We can engage in mission joyfully because we understand ourselves to be caught up in what God is already doing in and for the world.

The gospel is not something we take hold of as one of our many possessions. Rather, the gospel must take hold of us, shaping us into the likeness of Jesus Christ, transforming our identity and relationships, drawing us into a new order of belonging and behaving.

**Let us continue as a Vibrant and Faithful  
Congregation!**

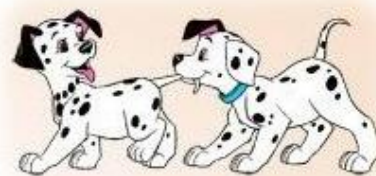
## Dalmations

### Dalmations November Meeting

### West Lothian Friends of Chernobyl Children



# FOCC West Lothian



Registered Charity No. SC044448

At the November meeting, our very own Margaret King spoke passionately about a charity which is very close to her heart, the West Lothian Friends of Chernobyl Children.

Margaret's stepson David and daughter in law Pauline and their immediate and extended family which includes Margaret and John, are one of the amazing host families who take a child from Belarus into their home and family for a four-week period every year for five consecutive years. Although David and Pauline have only been actively involved for the last (two years?) having taken over the care of a girl who had initially been placed with a family who had subsequently moved out of the area, their involvement in such a worthwhile programme is impressive.

This is obviously a huge commitment for families who generally have children of their own to consider as well as possibly both parents working. Host families can have different compositions but commitment, infinite patience and inexhaustible energy for the daily activities involved in welcoming an extra person into your family for four weeks are essential.



Despite the Chernobyl Nuclear Disaster happening 33 years ago, follow up of the potential effects on future generations was instigated by the setting up of a national charity, FOCC in 1995. In 2010, the WL-FOCC was set up by a member of Broxburn Parish Church, Ken

Turnbull.

The children who visit West Lothian all come from Belarus. Children are selected based on those with greatest needs and identified by teachers and social workers. Children must be at least 7 years old and if all goes to plan will visit the same family every year until they are 12. Thereafter, contact with the child and their family often continues but at the personal expense of the Scottish host family who would travel to Belarus.

During their visit to Scotland, the children have a programme to follow from Monday to Friday. This might include tuition in English, craft classes, drama workshops, singing and games. Excursions to various Scottish attractions are often included too.

In addition each child has a variety of medical checks which include visits to doctors, dentists and opticians.

If medication, often vitamin supplements, is deemed to be necessary then these are provided not just for the



duration of their stay but for the coming year. Often other family members receive supplements too.

At weekends the host families are responsible for the entertainment of their child. Often joint activities are organised by the various host families so that all the children can mix together. I am sure that the host adults also enjoy those times when they have a chance to discuss any problems which might have arisen or concerns that they have about their particular child.

When the children arrive they generally come with virtually just the clothes that they are wearing. The charity provides an allowance of £150 per child for the purchase of new clothing. Warm winter boots and jackets are a priority. Less essential clothing can apparently cause a degree of friction to arise between the child and their temporary parent, but this is understandable when you think about the choices that are available in shops here. Where many of these children come from there are no shops in the immediate area.

Most host families provide much more than these essentials and



siblings of the children and even parents often receive clothing too. Having arrived with minimal luggage and belongings, the children return home laden.

Being a charity, continuous fundraising is essential. Last year St Mary's made a much appreciated donation to David and Pauline's fundraising efforts as did Margaret and John and other members of their families. David was one of the people who had been selected to go to Belarus to help make the arrangements for the 2019 visit. The funds which are raised from businesses and individuals are too precious to be spent on these fact finding and organising trips so those who are involved need to be self-funding to a large part.

Travel, accommodation, interpreter expenses all need to be factored in. David undertook a number of fundraising events but with the donation received from St Mary's the total amount raised, exceeded what David had hoped to achieve.

He was therefore able to participate in the trip without having to take any money from the WL-FOCC pot and he managed to donate what was considered to be a large amount to a hospital ward which is dedicated to the treatment of children who have need of physical rehabilitation.

This donation purchased a whole year's worth of equipment and yet to us the amount of just a few hundred pounds would seem to be relatively insignificant.

David was also able to visit his Belarusian "daughter" and her family in their newly allocated home. This was a new flat, the family having previously been housed in a hostel where toilet and shower facilities were shared by several families and five members of the family had a single room to sleep, live and cook in.

David and Pauline's child has now completed her five consecutive annual visits but they have decided to continue to participate in the programme and another child has already been paired up with them. Communication has begun through the volunteers in Belarus and Kusha's first visit in August 2020 is being looked forward to. Perhaps we at St Mary's could think of ways to support this very worthwhile cause during 2020 too? Carole.

## A light-hearted look at Shrove Tuesday...



### WHAT ARE SHROVES?

#### Theory One

A great many people are confused over the origin of the shrove, and why it is so popular at this time of year. Shroves is actually a distant relative of cloves, the spice so many are familiar with. The thing is (and this is what many people fail to grasp) is that shroves are always hidden in the traditional Shrove Tuesday pancakes. (Well, they are in good Anglican homes, provided the shroves are available, which is not always the case). Either way, many similar customs have arisen, such as putting money and related things (rings, valuables, negotiable bonds, etc.) into the pancakes. However, one must question the religious significance of this. The trick is, the clove, being a particularly **STRONG** spice, like its cousin the clove, produces a result not unlike prayer when it is found (usually by accidentally biting into it!) Or perhaps this is just a Newfoundland tradition that we've confused with something more meaningful.

#### Theory Two

It is a common misconception that shroves are marsupials - a misconception that has resulted in the near extinction of the tiny shrove. It needs to be noted by all that shroves are actually **MONOTREMES!** Monotremes are egg-laying mammals and, as such, are a rarity in and of themselves. Shroves are made all the rarer because they hatch from Easter Eggs. The modern practice of using **PLASTIC** Easter Eggs as opposed to the real thing has practically been the death of the true shrove. In the late Twentieth Century, therefore, inflatable **PLASTIC** shrews abound during The Great Fifty Days, while living shrews slowly die away, completely forgotten. Indeed, we symbolically celebrate their imminent extinction with a pitiful display of secular defeatism known as "Shrove Tuesday", the day on which we not-so-symbolically devour the shrove, then "do without" for forty days before Easter. Because the shrove is so quickly disappearing, Easter has become nothing more than a plastic imitation of what it once was, and the vicious

cycle is repeated once again. Perhaps this unfortunate trend can be reversed by doing two things:

*First*, make the Lenten Season a time of penitence for allowing our environment to become too plastic and artificial - worth nothing more than the human breath it takes to blow up a plastic inflatable shrove;

*Second*, when Easter finally arrives, celebrate it not by using imitation eggs, but by decorating "real" (i.e. Shrove) eggs. Thus our traditional Easter Egg hunt will be transformed from a symbol of our futile search for the artificial and otherwise meaningless things in our lives into a beautiful and pure search for TRUE meaning.

My prayer for all of you this Lenten Season, therefore is this: May the festive Easter Shrove which creepeth into YOUR child's bedroom THIS Easter be a living thing which shareth the issue of its own loins, which is the true gift of Easter. Amen.



**NEWSFLASH--** Contrary to common belief a subspecies of shroves are marsupials. The pouch on their belly is actually for storing the hosts surreptitiously tossed to them after holy communion by kind priests who love to spoil them rotten.

## She Deserves Fairtrade

Fairtrade Fortnight 2020 (24 Feb-8 March) continues, as in 2019, to concentrate on cocoa farmers in West Africa, especially women. The UK chocolate industry is worth at least £4 billion each year, and yet the average cocoa farmer in Cote d'Ivoire and Ghana (where 60% of all cocoa is grown) earns less than 75p a day – well below the extreme poverty line of around £1.40 a day. To make matters worse climate change is also wreaking havoc on global food production.

For women the situation is even more unfair. In Cote d'Ivoire women carry out more than two thirds of the labour but have fewer rights than men and often earn less than a quarter of the money generated.

That is why Fairtrade Fortnight 2019 launched the 'She Deserves a Living Income' campaign. This year in Fairtrade Fortnight, supporters are being asked to help to tell and share the stories of women cocoa farmers, to make the case for Fairtrade (in West Africa only 10 of the cocoa produced is Fairtrade).

Fairtrade.org.uk highlights a variety of ways to tell the stories, including 'storybombing', so I am ordering a kit of five storybombs which will be 'hidden' in the church. Those of us who find them will hopefully read them and understand why 'She Deserves Fairtrade', so that we will be more likely to choose Fairtrade and to share the stories for more people to find.

Fairtrade standards include a Fairtrade minimum price (a vital safety net), the Fairtrade Premium (which farmers and workers decide how to spend to benefit their community), women's empowerment and environmental concerns.

Happy Storybombing!  
Steve Haigh

Around the Diocese:  **LAMBETH  
CONFERENCE**  
God's Church For God's World

Looking towards Lambeth 2020

God's Church for God's World: Walking, Listening and Witnessing  
Together.

10.00am – 3.15pm Saturday 22nd February 2020

Holy Trinity Church

Haddington, EH41 3EX Attendance, including lunch, is free but places are limited. All enquiries to [mission@dioceseofedinburgh.org](mailto:mission@dioceseofedinburgh.org)  
Or call Annie Naish on 0131 538 7033



## Eucharist Readings:

| <b>Year A<br/>Eucharist</b> | <b>(Year A2 for<br/>Morning Prayer)</b>                   | <b>First Reading</b>  |
|-----------------------------|---|---|
| 2 February                  | The Presentation<br>of the Lord                           | Malachi 3: 1-5  |
| 9 February                  | Epiphany 5  | Isaiah 58: 1-9a, (9b-12)                                    |
| 16 February                 | Epiphany 6  | Sirach 15: 15-20  |
| 23 February                 | Sunday before<br>Lent                                     | Exodus 24: 12-18  |
| 26 February                 | Ash Wednesday   | Joel 2: 1-2, 12-17<br>Psalm 51:1-17 2                       |
| 1 March                     | First Sunday in<br>Lent                                   | Genesis 2:15-17, 3:1-7<br>Psalm 32                          |
| 8 March                     | Lent 2  | Genesis 12:1-4a<br>Psalm 121                                |
| 15 March                    | Lent 3  | Exodus 17:1-7<br>Psalm 95                                   |
| 22 March                    | Lent 4  | 1 Samuel 16:1-13<br>Psalm 23                                |
| 29 March                    | Lent 4 Mothering<br>Sunday                                | Ezekiel 37:1-14<br>Psalm 130                                |
| 5 April                     | Palm Sunday<br>Psalm 118:1-2,19-<br>29<br>Matthew 21:1-11 | Isaiah 50:4-9a<br>Psalm 31:9-16                             |
| 12 April                    | Resurrection of the<br>Lord                               | Acts 10:34-43 or Jeremiah<br>31:1-6<br>Psalm 118:1-2, 14-24 |
| 19 April                    | 2 <sup>nd</sup> Sunday of<br>Easter                       | Acts 2:14a, 22-32   |
| 26 April                    | 3 <sup>rd</sup> Sunday of<br>Easter                       | Acts 2:14a, 36-41   |

## February 2020 – April 2020

| Second Reading                 | Gospel                        |
|--------------------------------|-------------------------------|
| Hebrews 2: 14-18               | Luke 2: 22-40                 |
| 1 Corinthians 2: 1-12, (13-16) | Matthew 5: 13-20              |
| 1 Corinthians 3: 1-9           | Matthew 5: 21-37              |
| 2 Peter 1: 16-21               | Matthew 17: 1-9               |
| 2 Corinthians 5: 20b – 6: 10   | Matthew 6: 1-6, 16-21         |
| Romans 5:12-19                 | Matthew 4:1-11                |
| Romans 4:1-5, 13-17            | John 3:1-17 or Matthew 17:1-9 |
| Romans 5:1-11                  | John 4:5-42                   |
| Ephesians 5:8-14               | John 9:1-41                   |
| Romans 8:6-11                  | John 11:1-45                  |
| Philippians 2:5-11             | Matthew 27:11-54              |
| Colossians 3:1-4               | John 20:1-18                  |
| 1 Peter 1:3-9                  | John 20:19-31                 |
| 1 Peter 1:17-23                | Luke 24:13-35                 |

## Organist's Corner

by Alan John Phillips

### 'Carne, vale'

'*Meat, farewell*'. Lent is soon upon us, with its triple obligations of prayer, fasting and almsgiving. The three weeks before Lent form a mini-season of their own, *Shrovetide*, the last chance for confession before Lent (*shrive* = make confession). The word survives in common usage in the name of the day before Ash Wednesday: *Shrove Tuesday*. These three Sundays, known by their Latin names *Septuagesima*, *Sexagesima* and *Quinquagesima* (70, 60 and 50 days before Easter, respectively), cover the last time for eating, drinking and being merry before Lent begins in earnest on Ash Wednesday. Since abstinence from meat used to be a requirement of Lent, Shrovetide became one long party – *carnival*, in fact.

Although I usually specialise in pre-Victorian repertoire, these three Sundays definitely require some low-brow fun music before the Lenten discipline begins. So here are a few Victorian lollipops for you!



Edwin A. Lemare.

**Edwin Lemare** was the most highly-regarded and highly-paid organist of his generation, leaving church work in England in 1901 for a life as travelling concert organist in Canada and the US. He also toured Europe, Australia, and New Zealand. The Andantino in D-flat, popularly known as '*Moonlight and Roses*' (1888), is one of Lemare's few well-known original compositions. It became so popular that he was asked to play it in nearly all his concerts. American songwriters Ben Black and Charles N. Daniels (under the pseudonym Neil Moret) added the words to the melody, *without* permission, in 1921. Lemare threatened legal action in 1925, resulting in his obtaining (at last) a share of the royalties. The '*Intermezzo Moonlight*' has nothing to do

with the Andantino, except for its general character and its fiendish key of D flat (five flats in the key-signature!)



The playing of **Louis James Alfred Lefébure-Wély** was virtuosic, and as a performer, he was rated above eminent contemporaries including César Franck, although his music is quite lightweight in comparison, being more akin to the operetta choruses then in vogue. These two Sorties would be quite at home on a fairground organ in a carousel, and gave the conservative congregation in Exeter Cathedral quite a shock

when one of them emerged unannounced from the organ after Evensong in the 1980s!

Born in Stourport-on-Severn, **Easthope Martin** trained at Trinity College of Music, studying composition with Samuel Coleridge Taylor. He is best remembered as a composer of attractive songs and occasional keyboard pieces. Sadly, he developed tuberculosis at quite an early age, and spent many of his winters at the home of a friend in Monte Carlo, where he was a musical favourite of the local expatriate community. His well-known '*Evensong*' was published in 1910, so not strictly speaking Victorian!



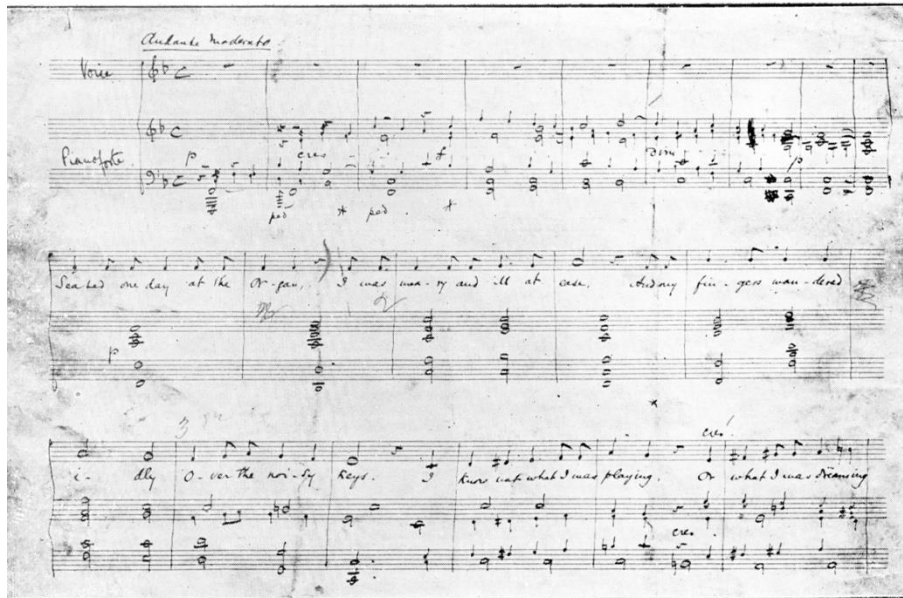
**Caleb Simper** gained fame for his prolific output of choral and organ works. After a period as organist and choirmaster at St Mary Magdalene's Church, Worcester, he moved in the 1890s to Barnstaple, Devon, where he spent the remainder of his life working as a prolific composer, either under his own name or the pseudonym Edwyn A. Clare (his mother's

maiden surname), and as choirmaster and organist at St Mary Magdalene's Church. His anthems in particular became widely popular and were sold under the slogan '*Sung Throughout The Civilized World*'. Over five million copies had been sold in an unbelievable number of countries by the 1920s and a few works remain in print today, including all twelve volumes of organ pieces (in sets of seventeen), though Simper's musical style has long since



fallen from fashion. The two pieces I play here were published in 1901.

**'The Lost Chord'** is a song composed by Arthur Sullivan in 1877 at the bedside of his brother Fred during Fred's last illness. The manuscript is dated 13 January 1877; Fred Sullivan died five days later. The words were written as a poem by Adelaide Anne Procter called *'A Lost Chord'*, published in 1858 in *The English Woman's*



Journal. Sullivan was proud of the song and later noted: *'I have composed much music since then, but have never written a second Lost Chord.'* Here is the first page of the manuscript:

All I can say is, if any of you do find Sullivan's lost chord, please hand it in to the church office!

## Lent

My organ music for Lent this year is made up of two basic elements; Bach's set of variations on Johann Flittner's Lenten hymn *'Ach, was soll ich Sünder machen'* (*What shall I, a sinner, do?*), and seasonal pieces from the 16<sup>th</sup> century book of keyboard pieces compiled by Thomas Mulliner, mostly based on the mediaeval office hymns for Lent.

There are ten **variations in the Bach set**, which bears a strong resemblance to the chorale partitas (variations) by Georg Böhm (1661-1733), with whom Bach studied whilst a teenager at St. Michael's School, Lüneburg. I play them in order, two to each Sunday for the first five Sundays of Lent.

Here is the chorale melody for reference:

The **Mulliner Book pieces** are based on the following Sarum (mediaeval Salisbury) office hymns:

*'Ex more docti mystico'* (Evensong for Lent 1 and 2) – setting by Tallis



*'Christe qui lux es et dies'* (Compline during Lent) – setting by Redford

*'Ecce tempus idoneum'* (Evensong for Lent 3 and 4) – settings by Tallis

*'Remember not, O Lord'* is a keyboard arrangement of an anthem by Tallis. The words of the anthem are an English version of Psalm 79 from the *King's Primer* of 1545.

*'Defiled is my name'* is a setting by Robert Johnson of a poem by Anne Boleyn, which she wrote shortly before her execution in 1536. Johnson spent thirty-six years as a canon of Scone Abbey, and is widely considered Scotland's greatest composer prior to Robert Carver, who was approximately fifteen years his junior, and a fellow canon at Scone. Johnson may have been one of Anne Boleyn's chaplains.

## Organ Music for February and March

### Sunday 9 February – Epiphany 5 (Septuagesima)

Andantino in D flat – Edwin H. Lemare (1865-1934)

Intermezzo 'Moonlight' – Edwin H. Lemare

Sortie in E flat - Louis James Alfred Lefébure-Wély (1817-1870)

### Sunday 16 February – Epiphany 6 (Sexagesima)

Evensong – Easthope Martin (1882-1925)

Opening Voluntary – Caleb Simper (1856-1942)

The New Century March – Caleb Simper

### **Sunday 23 February – Sunday before Lent (Quinquagesima)**

The Lost Chord – Arthur Seymour Sullivan (1842-1900)

Élévation ou Communion in E - Lefébure-Wély

Sortie in B flat – Lefébure-Wély

### **Wednesday 26 February – Ash Wednesday**

Erbarm dich mein, O Herre Gott (BWV 721) – Johann Sebastian Bach (1685-1750)

Remember not, O Lord (Mulliner Book 43) – Thomas Tallis (ca.1505-1585)

Aus der Tiefe rufe ich (BWV 745) – J.S. Bach

### **Sunday 1 March – Lent 1**

Ach, was soll ich Sünder machen (BWV 770, Variation 1) J.S. Bach

Ex more docti mystico (Mulliner Book 98) – Tallis

Ach, was soll ich Sünder machen (BWV 770, Variation 2) J.S. Bach

### **Sunday 8 March – Lent 2**

Ach, was soll ich Sünder machen (BWV 770, Variation 3) J.S. Bach

Christe qui lux with a meane (Mulliner Book 40) - John Redford (ca.1500-1547)

Ach, was soll ich Sünder machen (BWV 770, Variation 4) J.S. Bach

### **Sunday 15 March – Lent 3**

Ach, was soll ich Sünder machen (BWV 770, Variation 5) J.S. Bach

Ecce tempus idoneum (Mulliner Book 100) – Tallis

Ach, was soll ich Sünder machen (BWV 770, Variation 6) J.S. Bach

### **Sunday 22 March – Lent 4 (Mothering Sunday)**

Ach, was soll ich Sünder machen (BWV 770, Variation 7) J.S. Bach

Ecce tempus idoneum (Mulliner Book 105) – Tallis

Ach, was soll ich Sünder machen (BWV 770, Variation 8) J.S. Bach

### **Sunday 29 March – Passion Sunday**

Ach, was soll ich Sünder machen (BWV 770, Variation 9) J.S. Bach

Defiled is my name (Mulliner Book 80) – Robert Johnson (ca.1470-after 1554)

Ach, was soll ich Sünder machen (BWV 770, Variation 10) J.S. Bach

## Diary of Events February-March

| Date  | Times  | Venue                                | Event   |
|---|--|--------------------------------------|---|
| Sun 2 Feb.<br><b>Candlemas<br/>Presentation<br/>of the Lord</b> | 9:15 am<br>10:00 am<br>10:30 am<br>At coffee | Church<br>Church<br>Church<br>Hall   | Choir Practice<br>Morning Prayer<br>Sung Eucharist<br>Collection of groceries/toiletries<br>for St Salvador's Food Bank |
| Mon 3 Feb.  | 7:00 pm                                      | Hall                                 | Vestry Meeting  |
| Tue 4 Feb.  | 1:00 pm                                      | Rectory                              | Study Group   |
| Wed 5 Feb.  | 11:00 am                                     | Hall                                 | Said Eucharist  |
| Sun 9 <sup>th</sup> Feb.<br>5 <sup>th</sup> After<br>Epiphany   | 9:15 am<br>10:00 am<br>10:30 am<br>3:00 pm   | Church<br>Church<br>Church<br>Church | Choir Practice<br>Morning Prayer<br>Sung Eucharist<br>Mar Thoma Church's Holy<br>Communion                              |
| Tue 11 <sup>th</sup> Feb.                                       | 1:00 pm                                      | Rectory                              | Study Group   |
| Wed 12 Feb.   | 11:00 am                                     | Hall                                 | Said Eucharist  |
| Sun 16 Feb.<br>6 <sup>th</sup> after<br>Epiphany                | 10:00 am<br>10:30 am                         | Church<br>Church                     | Morning Prayer<br>Sung Eucharist  |



## Diary of Events (continued)

| Date  | Times                                      | Venue                                | Event   |
|---|--|--------------------------------------|---|
| <b>Details of Holy Week Services will be found on the back cover</b>        |  |                                      |   |
| Wed 18 Feb.   | 11:00 am                                   | Hall                                 | Said Eucharist  |
| Sun 23 <sup>rd</sup> Feb.<br><b>Transfig.<br/>Burying the<br/>Alleluias</b> | 10:00 am<br>10:30 am                       | Church<br>Church                     | Morning Prayer<br>Sung Eucharist  |
| <b>Lent Begins</b>  |  |                                      |   |
| Wed.<br>Feb.26 <sup>th</sup><br>Ash<br>Wednesday                            | 11:00 am<br>7:00pm                         | Hall                                 | Said Eucharist<br>Sung Eucharist & Imposition of<br>Ashes   |
| Sun 1 March<br><b>Lent 1</b>  | 10:00 am<br>10:30 am<br>At coffee          | Church<br>Church<br>Hall             | Morning Prayer<br>Sung Eucharist<br>Collection of groceries/toiletries<br>for St Salvador's Food Bank |
| Mon 2 <sup>nd</sup> March   | 7:00 pm                                    | Hall                                 | Vestry Meeting  |
| Wed 4 March   | 11:00 am                                   | Hall                                 | Said Eucharist  |
| Sun 8 March<br><b>Lent 2<br/>Healing<br/>Service</b>                        | 9:15 am<br>10:00 am<br>10:30 am<br>3:00 pm | Church<br>Church<br>Church<br>Church | Choir Practice<br>Morning Prayer<br>Sung Eucharist<br>Mar Thoma Church's Holy<br>Communion            |
| Wed 11 March  | 11:00 am                                   | Hall                                 | Said Eucharist  |

| Date   | Times  | Venue                              | Event   |
|--|--|------------------------------------|---|
| Sun 15<br>March<br><b>Lent 3</b>                                 | 9:15 am<br>10:00 am<br>10:30 am<br>At coffee<br><i>3:00 pm</i> | Church<br>Church<br>Church<br>Hall | Choir Practice<br>Morning Prayer<br>Sung Eucharist<br>Fair Trade Stall<br><i>Deadline for 'In Touch' articles</i> |
| Wed 18<br>March  | 11:00 am   | Hall                               | Said Eucharist  |
| Sun 22 Jan<br><b>Lent 4</b><br><b>Mothering</b><br><b>Sunday</b> | 9:15 am<br>10:00 am<br>10:30 am                                | Church<br>Church<br>Church         | Choir Practice<br>Morning Prayer<br>Sung Eucharist  |
| Wed 25<br>March  | 11:00 am   | Hall                               | Said Eucharist  |
| Sun 29 <sup>th</sup><br>March Lent 5                             | 9:15 am<br>10:00 am<br>10:30 am                                | Church<br>Church<br>Church         | Choir Practice<br>Morning Prayer<br>Sung Eucharist  |



## Humour

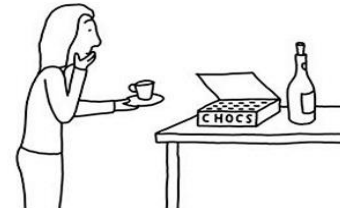
### CHRISTMAS GIFTS WAYS TO MAKE USE OF THEM



POINSETTIA  
ARRANGEMENTS



PRIZES AT  
P.C.C MEETINGS



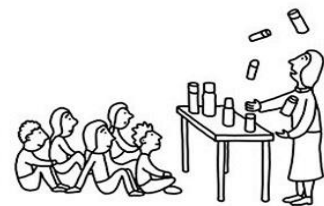
TREATS AT THE  
COFFEE MORNING



A FESTIVAL  
OF CALENDARS



LITURGY OF  
REPENTANCE FOR  
NOVELTY TRINKETS



CHILDREN'S TALKS BASED  
LARGELY AROUND  
TOILETRY GIFT SETS

### Bulletin bloopers

Correction: The following typo appeared in our last bulletin: 'Lunch will be gin at 12:15.' Please correct to read '12 noon.'

Any church member over 18 is welcome on our new lay ministry programme. It requires minimal training and time: just six weekly classes of about 200 hours each Tuesday night.

The Seniors group will have a picnic on Saturday. Each person is asked to bring a friend, a vegetable, and a sweet, all in a covered dish.

Remember the church jumble sale. We have a gents three-speed bicycle, also two ladies for sale, in good running order.

Bertha Belch, a missionary, will be speaking tonight at Calvary Memorial Church. Come and hear Bertha Belch all the way from Africa.

Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

## Children's Page – Doubting Thomas



# Thomas

John 20:19–29



## Who's Who (continued from Page 2)

### Vestry 2019/2020

|                         |                 |  |
|-------------------------|-----------------|--|
| Secretary               | Denis King      | 01506 873061<br>secretary@stmarysdalmahoy.org.uk |
| Treasurer               | Gavin Craig     | 01506 891538<br>treasurer@stmarysdalmahoy.org.uk |
| Rector's Warden         | Rona Finlayson  | 07955 922000                                     |
| People's Warden         | Carole MacBride | 07909 582760                                     |
| Lay Representative      | Rona Finlayson  | layrep@stmarysdalmahoy.org.uk                    |
| Alt. Lay Representative | Jonathan Gibbs  |  |
|                         | Margaret Chill  | 01506 880244                                     |
|                         | Jonathan Gibbs  | 07710 170127                                     |
|                         | Ella Henderson  | 0131 449 2262                                    |
|                         | Margaret King   | 01506 442549                                     |
|                         | Douglas Walker  | 07854 105407                                     |

### Altar Guild

|              |                 |               |
|--------------|-----------------|---------------|
| Co-ordinator | Denis King      | 01506 873061  |
|              | Mavis Blackwell | 0131 449 4711 |
|              | Rona Finlayson  | 07955 922000  |

### Child Protection & Vulnerable Adults Co-ordinator

|               |  |
|---------------|--|
| Caroline Gunn | 0131 443 4059<br>protection@stmarysdalmahoy.org.uk |
|---------------|--|

### Gift Aid Secretary

|              |               |
|--------------|---------------|
| Geoff Angell | 0131 315 2639 |
|--------------|---------------|

### Fabric Co-ordinator

|                 |               |
|-----------------|---------------|
| Carole MacBride | 0131 333 1756 |
|-----------------|---------------|

### Head Server

|            |              |
|------------|--------------|
| Denis King | 01506 873061 |
|------------|--------------|

### Hall Bookings

|                |   |
|----------------|---|
| Pippa Crichton | 0131 333 1683<br>admin@stmarysdalmahoy.org.uk |
|----------------|---|

**“In Touch” Delivery Team**

|                    |               |
|--------------------|---------------|
| Lois May Donaldson | 0131 449 4279 |
| Janice Goodfellow  | 01506 495082  |
| Irina Grigolava    | 07796 305789  |
| Margaret Hunter    | 01506 410761  |
| Denis King         | 01506 873061  |
| Margaret King      | 01506 442549  |
| Carole MacBride    | 07909 582760  |
| Rosemary Procter   | 0131 3331756  |
| Jane Russell       | 0131 441 2346 |
| Claire Starr       | 0131 449 3045 |

**Prayer Chain**

|                 |               |
|-----------------|---------------|
| Ann Donahue     | John O'Connor |
| Revd Janet Dyer | Mandy Smart   |
| Rona Finlayson  | Claire Starr  |

Should you wish to add someone, or a situation, to our prayers, please email or telephone Rona Finlayson (see ‘Rector’s Warden’ on page 2 for contact details).

**Sunday Stewards**

|               |                 |               |
|---------------|-----------------|---------------|
| First Sunday  | Richmond Davies | 07968 582543  |
| Second Sunday | Wilma Brown     | 01506 440292  |
| Third Sunday  | Irina Grigolava | 07796 305789  |
| Fourth Sunday | Jane Russell    | 0131 441 2346 |
| Fifth Sunday  | Rona Finlayson  | 07955 922000  |

**Transport**

If you need transport to or from church on Sunday, please contact the steward for that Sunday.

**Postal Address**

Church Office, St Mary’s Church Hall,  
Dalmahoy, Kirknewton, EH27 8EB

**'In Touch' Editor**

Pippa Crichton

[intouch@stmarysdalmahoy.org.uk](mailto:intouch@stmarysdalmahoy.org.uk)**Website Administration**

Edward Phillips

[webmaster@stmarysdalmahoy.org.uk](mailto:webmaster@stmarysdalmahoy.org.uk)**Organist Emeritus**

John Blaber

[emeritus@stmarysdalmahoy.org.uk](mailto:emeritus@stmarysdalmahoy.org.uk)**Service Times**

|           |                       |          |
|-----------|-----------------------|----------|
| Sunday    | Morning Prayer (Said) | 10:00 am |
|           | Sung Eucharist        | 10:30 am |
| Wednesday | Said Eucharist        | 11:00 am |

**Church Open Times**

Monday, Wednesday & Friday – 10:00 am to 12 noon for quiet reflection and prayer.

Saturdays – 10:00 am to 3:00 pm from beginning of May to the end of September except during Wedding ceremonies.

**Deadline for articles for the April- May issue  
is 3:00 pm on Sunday 15<sup>th</sup> March**

If possible, please submit articles using the following formats:

Paper size: A4; Portrait; 2 cm margins.

Photographs: JPG format (Separately & Hi-Res if poss.)

**Main Headings: Arial Font, 22 point, Purple.**

**Subheadings: Arial Font, 16 point, Bold.**

Body Text: Arial Font, 16 point, Normal.

This is so that the text is readable when reduced to an A5 booklet

**Please submit articles to:  
[intouch@stmarysdalmahoy.org.uk](mailto:intouch@stmarysdalmahoy.org.uk)**

## Holy Week Begins April 5<sup>th</sup> :



|              |          |                 |                      |
|--------------|----------|-----------------|----------------------|
| Sun. 5 April | 9:15 am  | Church          | 9:15 Choir           |
| Passion      | 10:00 am | Church          | 10:00 Morning Prayer |
| Sunday       | 10:30 am | Hall/<br>Church | 10:30 Sung Eucharist |

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|                                      |         |      |                |
|--------------------------------------|---------|------|----------------|
| Wednesday<br>of Holy<br>Week 8 April | 11:00am | Hall | Said Eucharist |
|--------------------------------------|---------|------|----------------|

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|   |     |        |                                     |
|---|-----|--------|-------------------------------------|
| 9 <sup>th</sup> April<br>Maundy<br>Thursday | 7pm | Church | Sung Eucharist with<br>Foot washing |
|---|-----|--------|-------------------------------------|

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|             |     |        |                            |
|-------------|-----|--------|----------------------------|
| 10 April    | 2pm | Church | Stations of the Cross      |
| Good Friday | 7pm | Church | Meditation on the<br>Cross |

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|                               |        |        |  |
|-------------------------------|--------|--------|--|
| Sat. 11 April<br>Easter Vigil | 8:30pm | Church | Vigil and Renewal of<br>Baptismal Vows |
|-------------------------------|--------|--------|--|

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|              |          |        |                |
|--------------|----------|--------|----------------|
| Sun 12 April | 6:30am   | Hall   | Dawn Eucharist |
| Easter       | 10:00 am | Church | Morning Prayer |
| Sunday       | 10:30 am | Church | Sung Eucharist |