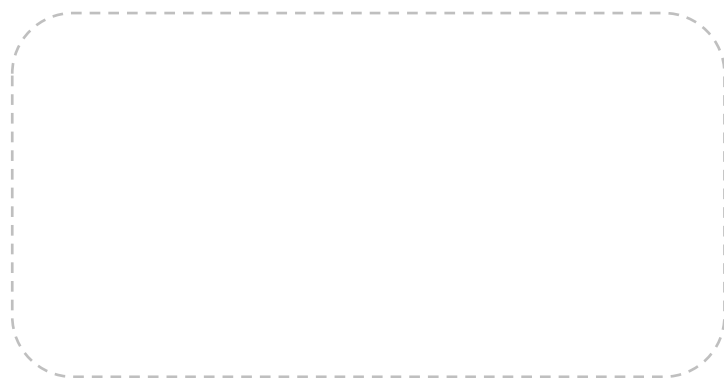


# ST MARY'S CHURCH, DALMAHOY



## In Touch

February – March 2019

Registered Charity No. SC014203

## Who's Who

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**Cover Photograph: St Mary's Communion Set**  
*(Photographed 30<sup>th</sup> December 2018)*

## Pastoral Letter from Christine

**August 16<sup>th</sup> 2017** was the date of my interview with St Mary's Vacancy Committee. I was immediately struck with how the spirit of welcome was present. As Ben and Tonka awaited word in Canada; I was having a great time speaking with the group that had gathered in the Douglas Hall.



Now over a year after that initial meeting, it is time for us to continue with engaging the challenges of planting, watering and feeding the seeds of faith that have been and will be planted. I know that by God's grace and your help, we can rediscover God's plan for us.

Lent is almost upon us and brings with it quieter worship and the time to reassess our goals and dreams for the future, both for the church and more importantly ourselves; the time too, to intentionally review our relationships with each other and with God.

We hope this year to accomplish the following: growth, numerically and spiritually; theologically and pastorally. There will be a Healing Service the first Sunday in Lent, and there is a new Soup Sunday planned for some Sunday's after church, bible study and plans for St Mary's labyrinth on the rectory grounds has been started. Would you like to be a chalice bearer, intercessor or pastoral visitor? I will be providing information and giving instruction where needed for these vital aspects of our mission. Come along and find out what we're up to! Dates will be published.

We will do all this by

1. Starting where we are.
2. Using what we have.
3. Doing what we can.

As always, I welcome your input, ideas and comments.

Our goal is to transform lives in Jesus by meeting people at their point of need and understanding, accepting them as they are rather than

as we want them to be, speaking their language, answering their questions and showing unconditional love and acceptance.

The wise Chinese maxim sums up what we are trying to do in St Mary's: **Go to people. Live among them. Learn from them. Love them. Start with what they know. Build on what they have.**

For my part, I want to see St Mary's build on what the community already is – faithful, relevant, Christ-centred, friendly – an open church with a passion for Jesus. I firmly believe that when the church loves the world as Jesus did, then the world somehow becomes a little more of what God has called it to be. My prayer is that we will continue to allow God's love in Jesus to expand our vision, stretch our boundaries and break down the barriers that prevent us from taking risks and reaching out to others.

We have been called out of the world in order to partner with God's son Jesus to bring about healing, the end of poverty and to care for all creation. Through prayer and spending time more together in fun praise and study we can become the safe, healthy and vital community we need to be.

Do not be afraid, the Lord Jesus is with us, and his spirit will guide us if we are willing to listen.

God bless you all,

*Christine+*



...er...apart from this little hiccup...it was an excellent church Pancake Supper...

## From the Editor

Copy for the April-May issue of 'In Touch' will be welcomed **at any time** from now until the deadline of midnight on Sunday, 17<sup>th</sup> March 2019.

The unexpected and sudden death of John Starr shocked and saddened us all. In this issue I have included John's Obituary from the website of the University of Edinburgh, as approved by Claire. I was amazed at the number of people who attended John's Memorial Service in the cathedral. It is the largest ecclesiastical building in Scotland and was full, with people having to sit in the side aisles.

This tightly packed issue takes us through to Mothering Sunday via St Valentine's Day (Myrtle and my 49<sup>th</sup> Wedding Anniversary) and Ash Wednesday. Easter is late this year but is only one issue of 'In Touch' away so please let me have your articles as soon as possible for the Easter Edition.

*John Blaber*

## Church Mice

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More information and **up-to-date** details  
can be found on our website  
[www.stmarysdalmahoy.org.uk](http://www.stmarysdalmahoy.org.uk)

*The editor reserves the right to omit or edit contributions.  
Items may have to be reserved for future issues.*

*The views expressed in this magazine are personal, and not  
necessarily those of the editor or congregation.*

## From the Registers

### No Baptisms

### Weddings

15 <sup>th</sup> December	Jillian Douglas and Edward Dadak
16 <sup>th</sup> December	Maria Pacheco and Adam Spencer
21 <sup>st</sup> December	Trudie Lorimer and David Murphy
23 <sup>rd</sup> December	Hayley Harris and Scott Mitchel

### Funeral

19 <sup>th</sup> December	John Michael Starr
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## New Vestry



Welcome to the 2018/2019 Vestry. (Plus, those not in the photograph: Gavin Craig, Carole MacBride and Jane Russell)

## Obituary: John Michael Starr

14<sup>th</sup> August 1960 – 8<sup>th</sup> December 2018

*[From the University of Edinburgh's website]*

John was Honorary Professor of Health and Ageing at the University of Edinburgh, founding Director of the Alzheimer Scotland Dementia Research Centre, Co-Director of the Centre for Cognitive Ageing and Cognitive Epidemiology (CCACE), Co-Director of the Scottish Dementia Clinical Research Network, and a



practising consultant physician in the medicine of old age for NHS Lothian. This long list of major roles is a testament to John's extraordinary energy and breadth of skills in research, clinical practice, and leadership.

John Starr graduated in Medicine from Cambridge and London. He first came to Edinburgh as a research fellow in the Department of Psychiatry in 1989, investigating the relationship between blood pressure and cognition. After a stint at the renowned Hammersmith Hospital, London, John returned to Edinburgh as a consultant and part-time Senior Lecturer in Geriatric Medicine at the Royal Victoria Hospital. His research excellence was ever to the fore and John was soon promoted to an Honorary Chair at the University of Edinburgh.

Throughout his impressive research career, John published over 500 papers, including many highly cited classics, notably on the Lothian Birth Cohorts, of which he was co-investigator from their inception in 1998. He conducted especially innovative work on the environmental epidemiology of dementia. Amongst other awards, John's work on the relationship between physical and mental health with Ian Deary and Lawrence Whalley was recognised by the prestigious Tenovus Scotland Margaret MacLellan Award in 2006.

John was a polymath. Largely unbeknownst to his medical and scientific colleagues, John was also an expert on ancient languages and the Dead Sea Scrolls. Indeed, he completed a PhD in 2013 in the School of Divinity at the University of Edinburgh on the "Quantitative Analysis of the Aramaic Qumran Texts".

We remember John with special fondness at CCACE. He was an enthusiastic and creative contributor to the original plan for CCACE and during its ten years of operation. He devised and led CCACE's Distance Learning Certificate Course in Cognitive Ageing and Cognitive Epidemiology. And he supervised CCACE's Clinical Research students' PhDs. He was an inspiring mentor and supervisor to young scientists in psychology and in clinical medicine, doing much to bring bright young clinical researchers into our research areas and to stimulate and retain their interest.

John was a knowledgeable, inventive, cultured, and witty collaborator and a good friend to the Lothian Birth Cohorts and CCACE teams and too many more. He fizzed with ideas, many brilliant, some ahead of their time. John wrote the following short piece, not long ago, reflecting his modest and effective scientific approach and his mission to seed it in others:

Perhaps in this John authored his own best epitaph:

*"[...] for me living isn't about accumulating a list of achievements, or "impacts" as they might be termed, to be read out as a eulogy at my funeral. No, living is about being alive, that sequence of moments strung together from cradle to grave; and moments which inspire me with a sense of wonder, however ephemeral, are when I feel really alive. Research, suddenly seeing things revealed, just like moments when relationships deepen and transform, is able to bring such wonder into our lives."*

We will all miss John terribly. He is irreplaceable, and our lives will be the poorer for his untimely passing. We have sent condolences to his wife Claire and their three sons John, Robert, Toby and daughter Gabriel.

In sorrow,

*Ian Deary and Jonathan Seckl*

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Not mentioned, of course, was John's devoted service to the Church, including St Mary's Sunday Circle, St Mary's Choir, and Lay Reader at St Columba's, Bathgate and St Peter's, Linlithgow.

Claire and all the family would like to thank all for the kindness and generosity they have been shown since John's sudden death.

## Prayers

*The Church in Society Committee has developed prayer guides which focus on a different topic each month and in February there is a focus on Disability.*

*These prayers are produced by: The Church in Society Committee of the Scottish Episcopal Church; the Methodist Church in Scotland; the Church & Society Committee of the United Reformed Church Synod of Scotland (EMU).*

### **A Prayer for people with disabilities**

Lord, we give thanks for the glorious diversity of ability within your children. Open us up to see you in the differing abilities of the different people we meet.

Let us recognise the insight of the blind,  
Let us hear your voice in the deaf,  
Let us encounter your wisdom in those with learning difficulties.

For, although different, together in our great diversity of gifts and abilities we reflect the inexhaustible richness of your love, and the beauty of your holy name. Amen.

### **A Prayer for those with mental illness**

Father of all, we pray for those within our society who suffer from mental illnesses. In their anger, isolation and restlessness, comfort them with your peace.

We ask you for the guidance of your Holy Spirit, so that we might seek to include them rather than to exclude, to understand them rather than to ignore.

Against our stigma, ignorance and impatience, let your love burn within us, so that we might become true disciples of your Son. Amen.

### **A Prayer for those with physical illnesses**

Almighty Healer, for all those in hospital beds, alone, bewildered and afraid, enfold them in the mystery of your suffering love. For all those suffering with illness or disease, enfold them in the mystery of your suffering love. For all those struggling to come to terms with their pain, enfold them in the mystery of your suffering love. For all those facing the anxiety of death, enfold them in the mystery of your suffering love. Amen.

## **A Prayer for health workers in Scotland & the rest of the world**

Lord, in Scotland we are blessed with the tireless work of doctors, nurses, care and social workers, volunteers and family members who give themselves over to caring for your sick and disabled children.

We give thanks for their love, compassion, patience and energy.

Through your Spirit, give them the strength and the humility to continue their invaluable service of love.

In prayer, we also remember those throughout the world who do not have access to medical care.

Lord, let our prayer spill over into practice so that in the footsteps of your Son, all your sick children might be healed. Amen.

*Christine +*

## **Val Lawrie**

Val has worn many “hats” over the years at St Mary’s. She was a member of our fundraising team; has baked more cakes for occasions at St Mary’s than tongue can tell.

Sewing is another skill, vestments, curtains, the list goes on. We benefited from her beautiful lacework that adorns our altar cloth.

Val has been a server, member of Vestry and our social group. At any food event at St. Mary’s, and there were many, Val would bring along some exciting dish which would disappear like snow off a dyke.

I have happy memories of “Val’s Diner”, when we would decorate the hall and set tables for candle-lit dinners to raise funds for St Mary’s or charity. Val would singlehandedly prepare each delicious course and there were usually 4 or 5 courses. Plenty of wine for each course was mandatory and after each course, some would move on to the next table giving us the opportunity to chat with everyone at some point. What a very enjoyable way to spend an evening!



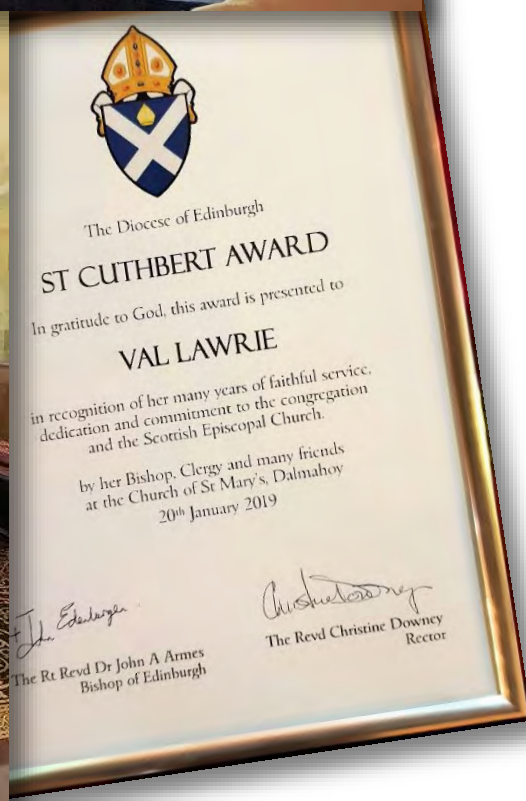
You will always find Val smiling, laughing or giggling – she has a wonderful sense of humour. I will miss that little chuckle.

On the 25th November 2018, we held a lunch in honour of Val to give thanks for all her special talents. Val you will be missed by us all.

Please take with you our love and prayers into your next adventure.

*Rona x*

On Sunday, 20<sup>th</sup> January, Bishop John presented Val with the St Cuthbert Award for outstanding service to the church. Congratulations Val from us all at St Mary's!



## United in God's Call

Camp Bimini is a Church camp, located just outside of Stratford, Ontario (the town where Ben and I met). One of the rooms in the main lodge is the staff room, where you'll find the counsellors, leaders, and other staff during break times and at camp conferences. Painted above the big double doors that lead out to the outdoor space are the words "Remember: you never know when you're making a memory."

It's such a simple idea, but one with a lot of truth packed into it. In some ways it's a challenge to the staff, to help them remember that, even when they're exhausted, played out, they have a responsibility to make the camp experience the best possible for those around them. But there's another, more subtle, reminder in those words – that the people walking through that door have a responsibility to make the camp experience the best possible for themselves.

In Judaism, there is a practice of placing a mezuzah on the doorpost of the door that leads in and out of one's house. Inside of every mezuzah one will find a copy of the prayer that begins "Shema Yisrael" – "Hear, O Israel, the Lord your God, the Lord is One..." It's there as a constant reminder of the presence and place of God in one's life.



I wonder what prayers and reminders we would put in a similar place? Perhaps Jesus' interpretation of the Great Commandment: "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.... You shall love your neighbour as yourself".

Perhaps the words from Matthew, "Do not worry about your life, what you will eat or what you drink, or about your body, what you will wear.... can any of you, by worrying, add a single hour to your span of life?"

Perhaps even the words "Remember: you never know when you're making a memory!"

It is far too easy for us to go through our days missing out on the moments that we're living – sometimes being caught by our past, sometimes being caught by our future, worrying about something that has happened or something that is yet to happen.

It is much more difficult for us to live in the here-and-now. To live in

this moment. Even though this is the only moment we can truly live in. Many of us find ourselves going from item to item, from event to event, “pick up X, drop off Y,” with little time to recognize the life we’re living, let alone live it.

How do we live in this moment? Some have found that there are practices that, when we make them part of our lives, help us to just that. Here’s an acronym for you: U.N.I.T.E.D:

**U**... well, we’ll get to that in a minute;

**N**urtured through worship;

**I**nspired through scripture;

**T**ransformed through prayer;

**E**mpowered through spiritual relationships;

**D**eveloped through service.

The early church – and the Christian community through the ages – lived these practices as a way of helping people to deepen their relationship with God and with each other. They weren’t meant to be “add-ons”, but an integral part of every moment of a follower of Jesus’ way. Worship, scripture, prayer, relationship, and service: all – or any! – of these spiritual practices can make a huge difference in living the moments of our lives.

Sadly, as we noted earlier, even when we’re able to live into the now of our life, the way we look at those moments can either help or hinder.

The glasses we wear, complaint or compliment, attitude or gratitude, thankless or thankful, can build those moments or break them down.

That’s where the ‘**U**’ comes in. Uplifted by God’s love. Recognizing that all people are beloved of God, no matter what we do (or don’t do) or who we are (or aren’t) is central to our faith and our faith life. In our culture, at people’s sense that they are unworthy or unlovable is an epidemic. Possibly in response to those feelings, there seems to be another, insidious – almost hidden – belief: that putting others down is acceptable behaviour. Gossip and trash-talk are all too often the order of the day.

There is a spiritual practice that speaks to these empty spaces in life. The practice of thanks-living. The practice of seeing abundance and

celebrating it. The practice of an attitude of gratitude! That's the practice that stands in the face of trash-talk – either about ourselves, or about another – and says, “No! I see the good, and I celebrate it! I thank God for it!”

Some folks find keeping a “gratitude journal” a helpful way of living out this practice. The process of regularly listing out things that we are thankful for can help us to train our hearts to be open to the abundance of God's world. Some folks wear a band around their wrist and, when the words of a put-down – either about themselves, or about someone else – start playing in their mind, or coming out of their mouth, they move the band to the other wrist, and they consciously say, “Thank you, God, for X – your beloved.”

Thanks-living is a way we remind ourselves of God's great love for us and for all creation. It's a way to make our moments memorable in ways that bring hope and wonder in the world. It's a way of letting-go of the worries that bind us – or at least putting them in their place. But it's more than that. Our thankfulness and our celebrating the “belovedness” of everyone we meet doesn't only change us. It changes the world.

When we look to the good, we're more ready to give our time and our energy and resources to help it grow.

When we share ourselves that completely, when we speak with gratitude, when we're full of thanks, others begin to respond in kind – not just to us, but to those around them.

It's a way that we can live Christ's call to love with all that we are.

Each and every day.

*Christine+*

## Church Mice

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## St Mary's Fair Trade Group and Fairtrade Fortnight 2019



As St Mary's AGM approached in November 2018, news from Traidcraft suggested that the company would have to cease trading at the end of the year. With no obvious alternative supplier, we decided, in that case, that the group would also cease to function once we had sold off our remaining stock. The brilliant news (for the producers of Fairtrade goods in particular) is that Traidcraft has been able

to make some changes and to continue to operate – and so does St Mary's Fair Trade Group!

“Fairtrade Fortnight 2019 runs from 25<sup>th</sup> February to 10<sup>th</sup> March and this year will focus on cocoa. Sadly, the price of cocoa has crashed to crisis levels in the last few years, especially in West Africa where most cocoa is grown. Many farmers (both men and women) are underpaid and exploited, earning too little for even the basics such as food, education and housing. It is even worse for the women who work in the fields and at home, often overlooked and underrepresented.

Choosing Fairtrade is important and buying more cocoa (and the chocolate made from it) can catalyse transformative change for producer communities, but more needs to be done to tackle the injustices at the heart of this multi-million-pound industry, and it will not happen without the chocolate consuming UK public demanding it. To this end the Fairtrade Foundation are launching a 3-year campaign to encourage everyone in the cocoa sector – consumers, companies, governments and others – to play their part and make a living income a reality for cocoa farmers.”

St Mary's Fair Trade group will continue to run stalls in the church hall selling Fairtrade goods, including cocoa and chocolate, on the first and third Sunday of the month after the morning service. We hope you will continue to support the stall and we have agreed to review things in a few months' time.

*Steve Haigh*

## Curtains in the Douglas Hall



The Douglas Hall has been painted as part of our contractual responsibility and the cost to St Mary's has been considerable. We have an excellent hall, which can be used for social gatherings, meetings, private parties, wedding venues etc. Our Hall Committee is hoping to attract local communities to make use of our hall

and we want to make the hall as comfortable and inviting as possible.

With this in mind we need curtains made for the windows in the hall. The curtains are not only for aesthetic reasons, as they will also help with heating and acoustics.

The windows will be dressed in the Ancient Douglas Tartan in honour of the late Lord Morton (John Douglas) who had the Douglas Hall built for St Mary's.

We have already received some generous monetary donations for which we are very grateful, and Carole MacBride has generously offered to make the curtains as her contribution. The total cost for materials is £610.00.

If you would like to help with the curtain fund, any donation would be greatly appreciated.

*Rona Finlayson – Hall Convenor*

*Donations:* 1. *By cheque, payable to St Mary's Church Dalmahoy*  
 or 2. *Online Account No: 00810306, Sort Code: 80-12-71*  
 or 3. *Cash to our Treasurer, Gavin Craig*

## Eucharist Readings:

<b>Year C Eucharist</b>	<b>(Year C1 for Morning Prayer)</b>	<b>First Reading</b>
3 February	Epiphany 4	Jeremiah 1: 4-10
10 February	Epiphany 5	Isaiah 6: 1-8 (9-13)
17 February	Epiphany 6	Jeremiah 17: 5-10
24 February	Epiphany 7	Genesis 45: 3-11, 15
3 March	Transfiguration	Exodus 34: 29-35
6 March	Ash Wednesday	Joel 2: 1-2, 12-17
10 March	Lent 1	Deuteronomy 26: 1-11
17 March	Lent 2	Genesis 15: 1-12, 17-18
24 March	Lent 3	Isaiah 55: 1-9
31 March	Mothering Sunday	Joshua 5: 9-12
7 April	Passion Sunday	Isaiah 43: 16-21
14 April	Palm Sunday	Isaiah 50: 4-9a
18 April	Maundy Thursday	Exodus 12: 1-4, (5-10), 11-14
19 April	Good Friday	Isaiah 52: 13 – 53: 12
21 April	Easter Dawn	Acts 10: 34-43
	Easter Sunday	Isaiah 65: 17-25
28 April	Easter 2	Acts 5: 27-32

## February – April 2019

Second Reading	Gospel
1 Corinthians 13: 1-13	Luke 4: 21-30
1 Corinthians 15: 1-11	Luke 5: 1-11
1 Corinthians 15: 12-20	Luke 6: 17-26
1 Corinthians 15: 35-38, 42-50	Luke 6: 27-38
2 Corinthians 3: 12 – 4: 2	Luke 9: 28-36, (37-43a)
2 Corinthians 5:20b – 6: 10	Matthew 6: 1-6, 16-21
Romans 10: 8b-13	Luke 4: 1-13
Philippians 3: 17 – 4: 1	Luke 13: 31-35
1 Corinthians 10: 1-13	Luke 13: 1-9
2 Corinthians 5: 16-21	Luke 15: 1-3, 11b-32
Philippians 3: 4b-14	John 12: 1-8
Philippians 2: 5-11	Luke 22: 14 – 23: 56 Luke 19: 28-40
1 Corinthians 11: 23-26	John 13: 1-7, 31b-35
Hebrews 10: 16-25	John 18: 1 – 19: 42
1 Corinthians 15: 19-26	John 20: 1-8
Acts 10: 34-43	Luke 24: 1-12
Revelation 1: 4-8	John 20: 19-31

## Chocolate Roulade

Serves 6

### Ingredients

6 oz plain chocolate (plenty of cocoa solids)

5 eggs

6 oz castor sugar

3 tablespoons hot water (see recipe)

Icing sugar

½ pint double cream (plus cream for serving with it)



This recipe needs to be baked in a large shallow tin. Use a biscuit tin 13½ x 9½ inches, or a large Swiss roll tin. Brush the tin with oil, line with greaseproof paper and set aside.

1. Break the chocolate into a small mixing basin and place over a pan of hot (not boiling) water, and stir until melted (I now use the microwave but follow your own manufacturer's instructions as the chocolate must not get too hot or it goes lumpy)
2. Separate the egg yolks into one basin and whites into another.
3. Add castor sugar to the yolks and whisk until very pale in colour.
4. When the chocolate has melted, remove from heat and stir in the 3 tablespoons of hot water. Stir chocolate and water thoroughly together to get a smooth soft mixture and then add to the egg yolks and sugar and mix well.
5. Whisk the egg whites until stiff then fold gently but thoroughly into the chocolate mixture.
6. Pour into the prepared tin and spread evenly, being careful to spread into the corners of the tin.
7. Place in the centre of a moderate oven (350°F, 180°C or Gas Mark 4, and bake for 15 minutes. (160°C for fan oven for 12 minutes)
8. Remove from the oven and cover with a sheet of greaseproof paper and a damp tea towel and leave overnight. This keeps the roulade soft as it cools making it possible to roll up when cold.
9. Turn out on to a sheet of greaseproof paper which has been well dusted with icing sugar and peel away the baking paper. (I find trimming the edges helps to make for a smooth rolling in 10.)
10. Lightly whip the cream and spread over the surface of the roulade. Roll up like a Swiss roll using the sugared paper to help. Chill until ready to serve, then using a sharp knife cut into slices diagonally.

**NB: Don't be nervous when rolling it, cracking is part of** the appearance of the roulade and it will crack no matter what you do. Keep the greaseproof for rolling only slightly larger than the roulade, it is easier that way and once you start rolling - go for it, she who hesitates ends up with chocolate mousse! Freezes well!

*Jean Tracey-Bower*

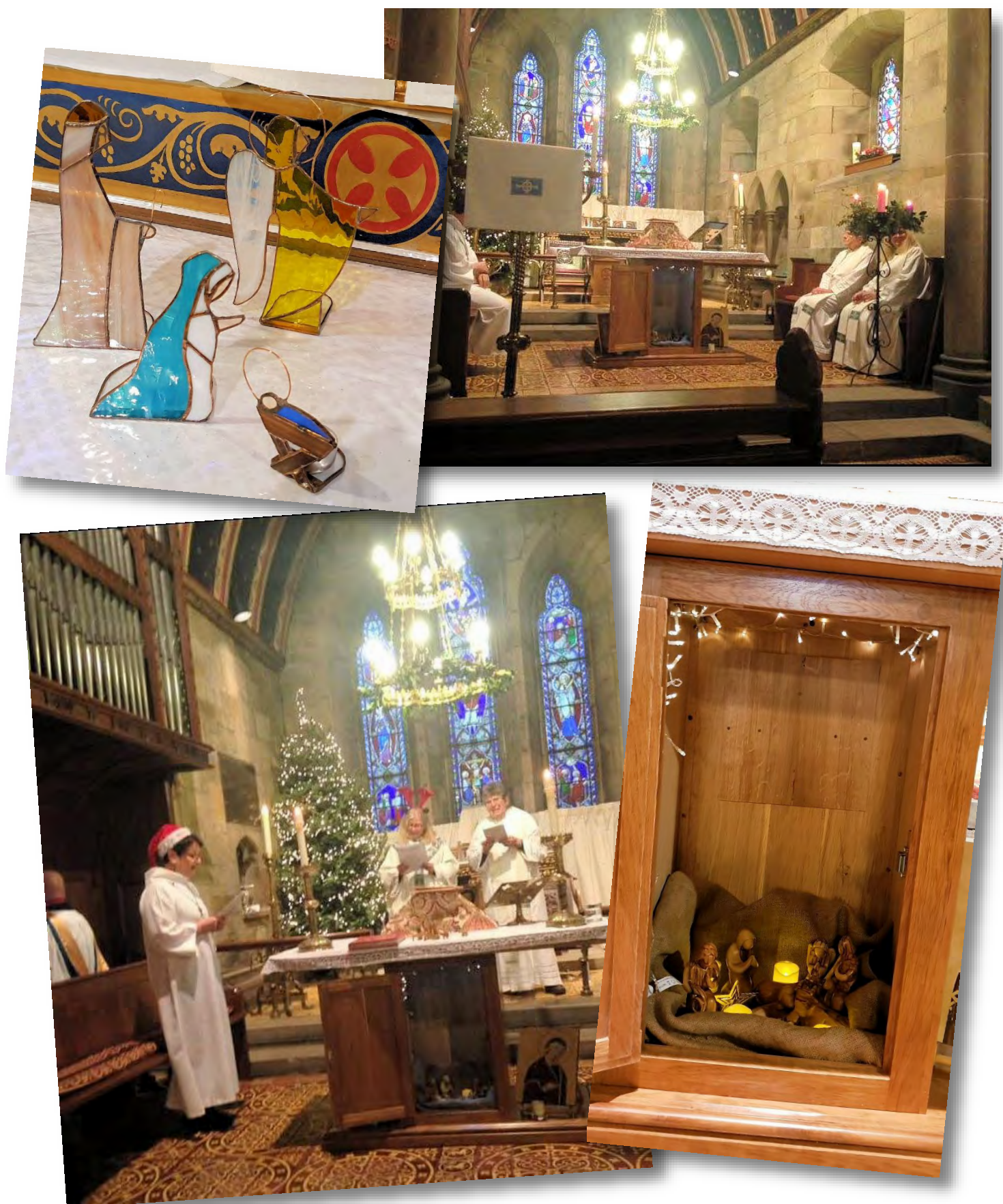
## Dalmations Party Gallery



## Christmas Gallery 1



## Christmas Gallery 2



St Mary's Church – Dalmahoy

In Touch

## 🎵Organist's Corner🎵

Programme notes for February and March  
by Alan John Phillips

(A fuller, illustrated, version can be found on my website  
<https://alanjohnphillips.weebly.com/blog>)



### **Sunday 3 February – Epiphany 4**

Prelude and Fugue (from Voluntary no.5) – Charles Wesley (1757-1834)

Fugue in B minor – Samuel Wesley (1766-1837)

Choral Song in C – Samuel Sebastian Wesley (1810-1876)

*Sons of Charles Wesley, the great hymn-writer and one of the founders of Methodism, Charles and Samuel Wesley were regarded as musical prodigies in childhood. Charles did not enjoy public performance, and worked mainly as a private organist. He was connected with the royal family through much of his life.*

*In contrast, Samuel was one of the foremost public organists of his day and seems to have been one of the pioneers of the British organ recital. A month before his death, he was introduced to, and played for Felix Mendelssohn at Christ Church, Newgate Street, playing this Fugue in B minor, which he had written especially in preparation for this meeting three days earlier.*

*Due to Samuel Wesley's enthusiasm for Bach's music, he named his own son Samuel Sebastian, who became organist of a number of Anglican cathedrals in succession. This well-known 'Choral Song' was written in 1842 while Samuel Sebastian was organist of Exeter Cathedral. The set of pieces from which this is taken was written for his pupil Lady Lydia Acland of Killerton House, just outside Exeter, which still possesses the chamber organ installed for her. Unfortunately the pieces proved too difficult for Lady Acland and Wesley had to write another, easier, set for her!*

### **Sunday 10 February – Epiphany 5**

By the sleepy lagoon – Eric Coates (1886-1957)

Herr Jesu Christ, mein's Lebens Licht – Gustav Adolf Merkel (1827-1885)

Tu es petra et portae inferi non praevallebunt adversus tibi – Henri Mulet (1878-1967)

*'By the sleepy lagoon', written in 1930, was inspired by the view on a warm, still summer evening looking across the 'lagoon' from the east beach at Selsey towards Bognor Regis. In 1942, Coates's original orchestral version was chosen (with added seagulls) to introduce the BBC Home Service radio series*

*'Desert Island Discs', which it still does to this day on BBC Radio 4.*

*Having been given some lessons by Schumann in his youth, Merkel spent most of his career in Dresden, concentrating on organ-playing from 1858. Although a Lutheran, he held an appointment at one of Dresden's main Catholic churches from 1864 until his death, also teaching the organ at Dresden's Conservatorium.*

*The 'Esquisses Byzantines' ('Byzantine Sketches'), a large ten-movement suite published in 1920, is Henri Mulet's most famous work for organ. Written over a period of at least ten years, the pieces were dedicated 'in memory of the Basilica of the Sacred Heart, Montmartre, 1914-1919.' The tenth movement, 'Tu es petra', is, however, thought to refer to the smaller, medieval church of Saint Pierre-de-Montmartre, which had been consecrated over 700 years previously. The title loosely refers to Matthew 16.18, 'You are the rock, and the gates of Hell will not prevail against it.'*

### **Sunday 17 February – Epiphany 6**

Voluntary in D minor (Z 718) – Henry Purcell (1659-1695)

Voluntary in C (Z 717) – Purcell

Voluntary for Double Organ (Z 719) – Purcell

*Although Purcell was organist of both Westminster Abbey and the Chapel Royal, his extant compositions for organ are very few – a mere half-dozen pieces. A 'double organ' meant simply an organ with two manuals, like ours at St. Mary's. The Voluntaries in D (Z 718/719) are actually two versions of the same piece – one for one manual, the other for two.*

### **Sunday 24 February – Epiphany 7**

Sheep may safely graze – Johann Sebastian Bach (1685-1750)

Air on the G string – Bach

Toccata and Fugue in D minor (BWV 565) – attributed to Bach

*Popular music by the Master! Today's postlude, the most famous of all organ works, needs no introduction – or does it? Doubt was cast upon the authenticity of its authorship and upon its origins as an organ piece by Professor Peter Williams of the University of Edinburgh, in two talks on BBC Radio 3 in 1981. Williams suggested that it may have originated as a piece for solo violin in A minor by a composer later than Bach. He invited the violinist Jaap Schröder to arrange a transcription for solo violin. It certainly sounds very convincing as a violin piece!*

### **Sunday 3 March – Sunday before Lent**

Bach Goes To Town – Alec Templeton (1909/10-1963)

Jesus meine Zuversicht (Op.67 no.20) – Max Reger (1873-1916)

Alleluyas – Simon Preston (b.1938)

*Templeton was a Welsh composer, pianist and satirist. Blind from birth, he studied at the Royal Academy of Music. In 1936, he moved from Wales to the United States as a member of Jack Hylton's Jazz Band, where he played with a number of orchestras and gave his first radio performances on a number of shows. He memorized the scripts for his shows by having them read to him 20 times.*

*Johann Baptist Joseph Maximilian Reger, otherwise known simply as Max, was a composer, pianist, organist, conductor, and academic teacher. He worked as musical director at the Leipzig University Church, as a professor at the Royal Conservatory in Leipzig, and as music director at the court of Duke Georg II of Saxe-Meiningen.*

*Simon Preston was sub-organist of Westminster Abbey from 1962-7, and organist of Christ Church, Oxford from 1970 before returning to Westminster as Organist and Master of the Choristers in 1981. He relinquished his Westminster post in 1987, and has since led an international concert career, and has also composed works for the organ, probably the best-known of which is 'Alleluyas', written in the 1960s in the style of Olivier Messiaen.*

### **Wednesday 6 March – Ash Wednesday**

Adagio (Toccata, Adagio and Fugue in C, BWV 564) – Bach

Erbarm' dich mein, O Herre Gott (BWV 721) – Bach

Aus der Tiefe rufe ich (BWV 745) – attributed to Bach

*The Toccata, Adagio and Fugue is an early work, probably composed in Weimar, i.e. 1708–1717. Incidentally, this Adagio is said to have been played during a satanic ritual scene in the 1934 Karloff/Lugosi film 'The Black Cat'!*

*Bach's prelude on a metrical version of Psalm 51 is influenced by a cantata once thought to have been by Buxtehude, but actually written by Buxtehude's Estonian pupil Ludwig Busbetzky, organist at the German church in Narva, on the Estonian-Russian border, from 1687 to 1699.*

*The melody of 'Aus der Tiefe rufe ich' is generally sung in English-speaking countries to the Lenten hymn 'Forty days and forty nights'. Formerly attributed to Bach himself, this prelude is now thought to have been composed by his son Carl Philipp Emanuel Bach.*

### **Sunday 10 March – Lent 1**

For he shall give his angels (Elijah) – Felix Mendelssohn (1809-47)

Panis angelicus – Cesar Franck (1822-1890)

He that shall endure to the end (Elijah) – Mendelssohn

*Panis angelicus ('Bread of angels') is the Communion hymn from Franck's Messe à 3 voix (1859), and is probably the best-known setting of the hymn for Corpus Christi by St. Thomas Aquinas (1225-1274).*

## **Sunday 17 March – Lent 2**

How lovely are thy dwellings (Requiem, 4<sup>th</sup> movement) – Johannes Brahms (1833-1897)

Gabriel's Oboe (The Mission) – Ennio Morricone (b.1928)

Jerusalem, du hochgebaute Stadt (Op.67 no.18) – Reger

*Brahms's 'German Requiem', composed between 1865 and 1868, is not a setting of the usual Requiem Mass texts, but of a freely-chosen set of Biblical texts. This fourth movement is a setting of Psalm 84, verses 1, 2 and 4. I play two other movements from the 'Requiem' later in Lent (see below).*

*'Gabriel's Oboe' is the main theme for the 1986 film 'The Mission'. In the film, the oboe of the title was owned by Father Gabriel, a Jesuit missionary in South America.*

*'Jerusalem, du hochgebaute Stadt' was written by the Lutheran Johann Matthäus Meyfart (1590-1642) in 1626, with a melody which is possibly by Melchior Franck (ca.1579-1639). Catherine Winkworth translated the hymn in 1858 as 'Jerusalem, thou city fair and high'. Reger's organ setting was published as No. 18 of his set of 52 chorale preludes, Op. 67, in 1903.*

## **Sunday 24 March – Lent 3**

O come, everyone that thirsteth (Elijah) – Mendelssohn

Ave verum corpus – Wolfgang Amadeus Mozart (1756-1791)

Adagio in E major – Frank Bridge (1879-1941)

*Mozart's setting of 'Ave verum corpus' was written for the feast of Corpus Christi, 17 June 1791, for Anton Stoll, who was musical co-ordinator in the parish of Baden near Vienna.*

*Bridge, pupil of Stanford and teacher of Britten, wrote his 'Three Pieces for Organ' in 1905. The Adagio is the middle piece of the set. It has an arched form, starting with a single pianissimo note, building to a big fortissimo climax in the middle before cutting down to the final chord, marked 'ppp'.*

## **Sunday 31 March – Lent 4 / Mothering Sunday**

A Meditation on Brother James's Air – Harold Darke (1888-1976)

Ombra mai fu ('Largo' from 'Serse') – George Frideric Handel (1685-1759)

Behold, all flesh is as the grass (Requiem, 2<sup>nd</sup> movement) – Brahms

*'Brother James' was the popular name for James Leith Macbeth Bain who died in 1925. This well-known tune was composed by him for the Scottish metrical version of Psalm 23. This organ meditation on it by the organist of St. Michael Cornhill, London, was written in October 1947.*

*'Ombra mai fu' is the opening aria from Handel's 1738 opera 'Serse'. The opera was a commercial failure, lasting only five performances in London after its*

premiere. In the 19th century, however, this aria was rediscovered and became one of Handel's best-known pieces. The aria is sung by the main character, Xerxes I of Persia, whilst admiring the shade of a plane tree.

### **Sunday 7 April – Lent 5**

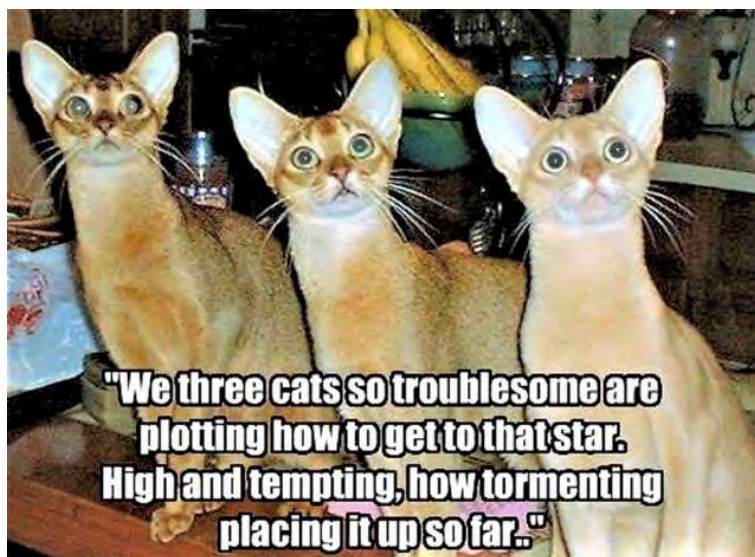
Elegy – George Thalben Ball (1896-1987)

Bist du bei mir – Gottfried Heinrich Stölzel (1690-1749)

Blessed are they that mourn (Requiem, 1<sup>st</sup> movement) – Brahms

*Thalben-Ball composed several anthems and organ works, of which the best known is his meditative Elegy for organ. This piece originated in an improvisation which Thalben-Ball played at the end of a live BBC daily religious service during World War II, when the service finished a couple of minutes earlier than expected. So many listeners to the broadcast telephoned the BBC to ask what the composition was, that he decided to write down his improvisation as well as he could remember it.*

*Stölzel's well known aria comes from his 1718 opera 'Diomedes', from which only five arias survive. 'Bist du bei mir' must have been a favourite of Anna Magdalena Bach, as Johann Sebastian composed a new bass line to the melody in the notebook he gave her in 1725.*



Discovered on Facebook  
Sung to "We three kings"

*Geoff Angell*

### **Charity Christmas Card**

Grateful thanks to everyone who donated towards our Charity Christmas Card. We raised a total of £130.00 for the Aberlour Childcare Trust.


Thank you also to Holly Davies for designing the beautiful Card.

*Rona Finlayson*

## Diary of Events: February - March 2019

Date	Times	Venue	Event
Sun 3 Feb <b>Epiphany 4</b>	10:00 am 10:30 am At coffee  At coffee	Church Church Hall  Hall	Morning Prayer Sung Eucharist Collection of groceries/toiletries for St Salvador's Food Bank Fair Trade Stall
Mon 4 Feb	7:30 pm	Hall	Vestry Meeting
Tue 5 Feb	8:30 pm	Hall	Ratho Community Choir
Wed 6 Feb	11:00 am	Hall	Said Eucharist
Sun 10 Feb <b>Epiphany 5</b>	10:00 am 10:30 am	Church Church	Morning Prayer Sung Eucharist
Tue 12 Feb	8:30 pm	Hall	Ratho Community Choir
Wed 13 Feb	11:00 am	Hall	Said Eucharist
Sat 16 Feb	12 noon	Hall	Rich Man Poor Man Lunch
Sun 17 Feb <b>Epiphany 6</b>	10:00 am 10:30 am At coffee	Church Church Hall	Morning Prayer Sung Eucharist Fair Trade Stall
Tue 19 Feb	8:30 pm	Hall	Ratho Community Choir
Wed 20 Feb	11:00 am	Hall	Said Eucharist

## Diary of Events (continued)

Date	Times	Venue	Event
Sun 24 Feb <b>Epiphany 7</b>	10:00 am 10:30 am At coffee	Church Church Hall	Morning Prayer Sung Eucharist Meet, Eat and Sing
Mon 25 Feb to 10 March	----	----	Fairtrade Fortnight See Page 16. 
Tue 26 Feb	8:30 pm	Hall	Ratho Community Choir
Wed 27 Feb	11:00 am Noon	Hall Hall	Said Eucharist Dalmations – ‘The Castaways’ Singing Group
Fri 1 March	7:00 pm	Church	World Day of Prayer
Sun 3 March <b>Transfiguration</b>	10:00 am 10:30 am At coffee  At coffee	Church Church Hall  Hall	Morning Prayer Sung Eucharist Collection of groceries/toiletries for St Salvador’s Food Bank Fair Trade Stall
Mon 4 March	7:30 pm	Hall	Vestry Meeting
Tue 5 March	8:30 pm	Hall	Ratho Community Choir
Wed 6 March <b>Ash Wednesday</b>	11:00 am 7:30 pm	Hall Church	Said Eucharist Sung Eucharist and Imposition of Ashes

*For the latest information, please see our website  
[www.stmarysdalmahoy.org.uk](http://www.stmarysdalmahoy.org.uk)*

## Diary of Events (continued)

Date	Times	Venue	Event
Sun 10 Mar <b>Lent 1</b>	10:00 am 10:30 am	Church Church	Morning Prayer Sung Eucharist
Tue 12 Mar	8:30 pm	Hall	Ratho Community Choir
Wed 13 Mar	11:00 am	Hall	Said Eucharist
Sun 17 Mar <b>Lent 2</b>	10:00 am 10:30 am At coffee <i>Midnight</i>	Church Church Hall	Morning Prayer Sung Eucharist Fair Trade Stall <i>Deadline for 'In Touch' articles</i>
Tue 19 Mar	8:30 pm	Hall	Ratho Community Choir
Wed 20 Mar	11:00 am	Hall	Said Eucharist
Sun 24 Mar <b>Lent 3</b>	10:00 am 10:30 am	Church Church	Morning Prayer Sung Eucharist
Tue 26 Mar	8:30 pm	Hall	Ratho Community Choir
Wed 27 Mar	11:00 am Noon	Hall Hall	Said Eucharist Dalmations – 'A Canadian Sampler' Revd Christine.
Sun 31 Mar <b>Mothering Sunday</b>	10:00 am 10:30 am 12 noon	Church Church Hall	Morning Prayer Sung Eucharist Meet, Eat and Sing

*For the latest information, please see our website  
[www.stmarysdalmahoy.org.uk](http://www.stmarysdalmahoy.org.uk)*

## Sunday Humour

A minister in a little church announced: "Before we pass the collection plate, I would like to request that the person who stole the chickens from Brother Martin's hen house please refrain from giving any money to the Lord. The Lord doesn't want money from a thief!" The collection plate was passed around, and for the first time in months everybody gave.

\*\*\*\*

I always make the same resolution and I have never once broken it. Every year I resolve to give something up for Lent and then when Lent comes, I give up my New Year's resolution.

\*\*\*\*

Long ago when men cursed and beat the ground with sticks, it was called witchcraft. Today, it's called golf.

\*\*\*\*

An old, tired-looking dog wandered into my house. Slowly he walked into the sitting room and fell asleep on the rug for an hour. The next day he was back for another nap. This daily visit and snooze continued for several weeks. Curious, I finally pinned a note to his collar: "Are you are aware that your sweet dog comes to my house each day for a nap?"

The next day he arrived with a different note pinned to his collar: "He lives in a home with six children – he's trying to catch up on his sleep. Can I come with him tomorrow?"

\*\*\*\*

How many Atheists does it take to change a light bulb?

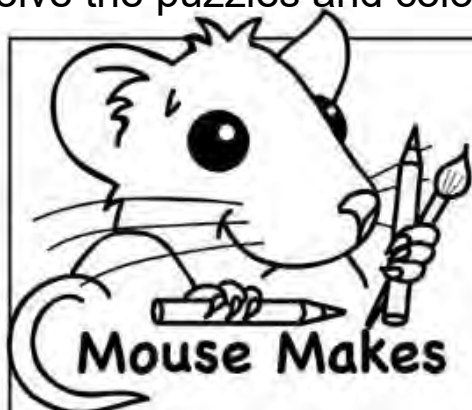
You can ask them to change it as often as you like, but they'll still remain in darkness.

\*\*\*\*

A man was driving down the street in a panic because he had an important meeting and couldn't find a parking place. Looking up towards heaven, he said "Lord, take pity on me. If you find me somewhere to park, I will go to church every Sunday for the rest of my life." Miraculously, a parking place appeared. The man looked up again and said, "Never mind. I've found one."

## Children's Section (Adults are not excluded though!)

Solve the puzzles and colour-in.



### WHAT IS LOVE?

Cross out every other letter to find the Bible verse, then look it up.

OHNKEWJLOSHCNP  
CGHUADPBTFEKRA  
FJOMUORD  
VWEURDSKEV  
TOEGNP

### God's love is...

Change each letter to the letter before it in the alphabet.

"Hpe mpwfe uif xpsme tp nvdi  
uibu if hbwf ijt pomz tpo tp  
uibu fwfszpod xip cfmjfwft  
jo ijn nbz opu ejf cvu  
ibwf fufsobm mjgf."  
Kpio 3:16



### How does God show he loves us?

Look at this in a mirror!

God showed His love for us  
by sending his only Son into  
the world, so that we  
might have life  
through him  
1 John 4:9

### HOW LONG IS GOD'S LOVE?

Cross out all the xxx to find out!

xxGxixvxextxhxaxnxkxsxxtxoxxtxhx  
exxLxoxrxdx,xfxoxrxxHxexxixxsxg  
xoxxoxdx,xxHxixsxsxxtxeaxxdx  
fxaxsxtxxlxoxvxeexnxdxu  
rxxexsxfxoxrxxexvxxexr.  
xpxsxaxxlmxx  
1x3x6:1

"The steadfast love of  
the Lord *never* ceases"  
Lamentations 3:22



## Who's Who (continued from Page 2)

### Vestry

Secretary	Denis King	01506 873061 secretary@stmarysdalmahoy.org.uk
Treasurer	Gavin Craig	01506 891538 treasurer@stmarysdalmahoy.org.uk
Rector's Warden	Rona Finlayson	07955 922000
People's Warden	Carole MacBride	07909 582760
Lay Representative	Ted Tracey-Bower	0131 449 5312 layrep@stmarysdalmahoy.org.uk
Alt. Lay Representative	Rosie Mann	0131 442 1340
	Margaret Chill	01506 880244
	Ella Henderson	0131 449 2262
	Jane Russell	0131 441 2346
	Douglas Walker	07854 105407

### Altar Guild

Co-ordinator	Denis King	01506 873061
	Mavis Blackwell	0131 449 4711
	Rona Finlayson	07955 922000

### Child Protection & Vulnerable Adults Co-ordinator

Caroline Gunn	0131 443 4059 protection@stmarysdalmahoy.org.uk
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### Gift Aid Secretary

Geoff Angell	0131 315 2639
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### Fabric Co-ordinator

Rosemary Procter	0131 333 1756
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### Head Server

Denis King	01506 873061
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### Hall Bookings

Paula McCall	0131 333 1683 admin@stmarysdalmahoy.org.uk
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## Pastoral Visitors

Lois May Donaldson	0131 449 4279
Janice Goodfellow	01506 495082
Irina Grigolava	07796 305789
Derek & Ella Henderson	0131 449 2262
Margaret Hunter	01506 410761
Denis King	01506 873061
Margaret King	01506 442549
Carole MacBride	07909 582760
Rosemary Procter	0131 3331756
Jane Russell	0131 441 2346
Claire Starr	0131 449 3045

## Sunday Stewards

First Sunday	Richmond Davies	01506 652343
Second Sunday	Wilma Brown	01506 440292
Third Sunday	Irina Grigolava	07796 305789
Fourth Sunday	Jane Russell	0131 441 2346
Fifth Sunday	Rona Finlayson	07955 922000

## Transport

If you need transport to or from church on Sunday, please contact the steward for that Sunday.

## Postal Address

Church Office, St Mary's Church Hall,  
Dalmahoy, Kirknewton, EH27 8EB

## Prayer Chain

Myrtle Burnett	0131 449 2760
Margaret Donaldson	01506 466522
Janet Dyer	0131 449 3767
Rona Finlayson	07955 922000
Claire Starr	0131 449 3045

## 'In Touch' Editor

John Blaber	intouch@stmarysdalmahoy.org.uk 01555 663910
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## Website Administration

John Blaber	webmaster@stmarysdalmahoy.org.uk
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## Service Times

Sunday	Morning Prayer	10:00 am
	Sung Eucharist	10:30 am
Wednesday	Said Eucharist	11:00 am

## Church Open Times

Monday & Friday – 9:30 am to 10:00 am for quiet reflection and prayer.

Wednesdays – 11:30 am to 12:30 pm following the 11:00 am service.

Saturdays – 10:00 am to 3:00 pm from beginning of May to the end of September except during Wedding ceremonies.

**Copy date for the April - May  
Issue is Sunday 17<sup>th</sup> March**