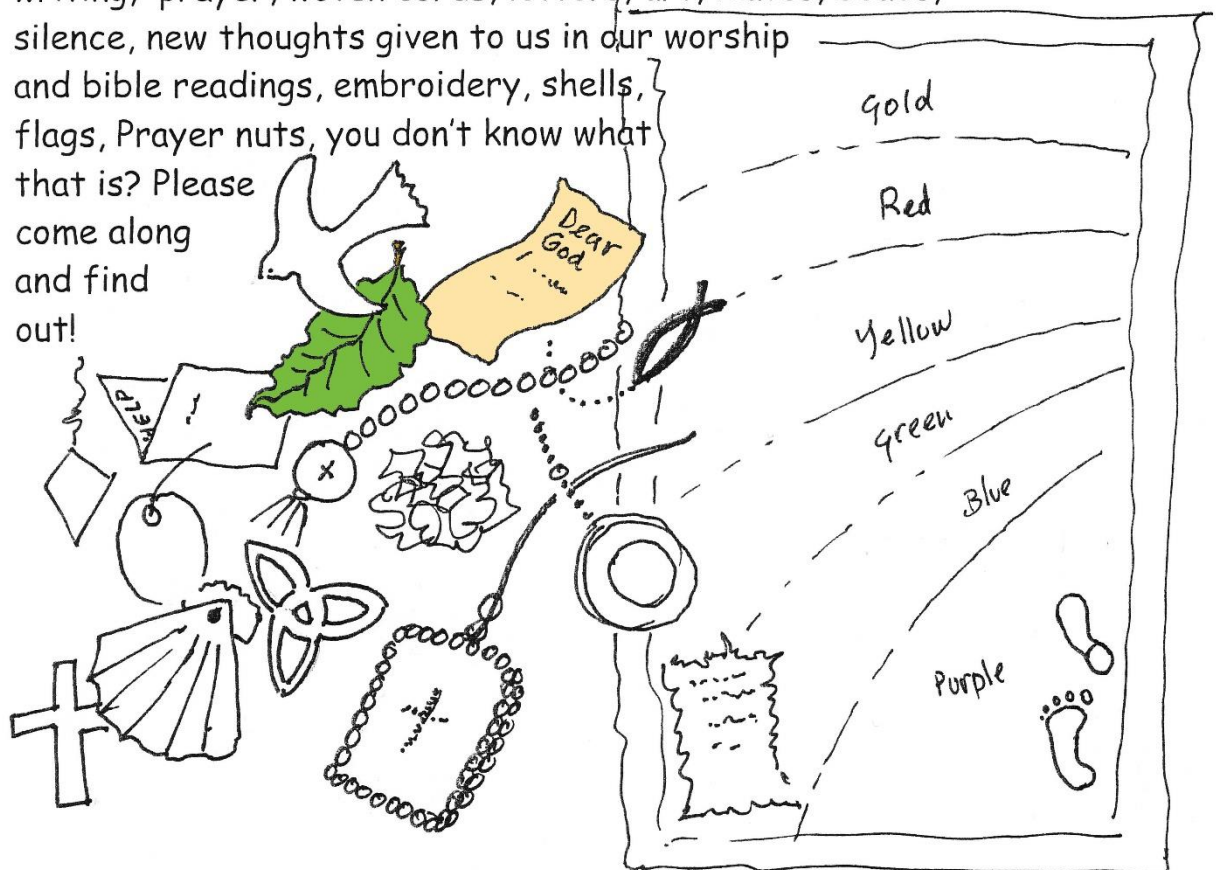


St. Mary's Lent Banner "IN TOUCH"

A creative time together to explore being in touch with God and ourselves, through the 5 weeks of Lent and expressing this by making a BANNER which will be hung in the Hall at Easter.

How? Through...Listening, our senses, stories of life, poetry, psalms, writing, prayer, woven cords, letters, art, leaves, beads, silence, new thoughts given to us in our worship and bible readings, embroidery, shells, flags, Prayer nuts, you don't know what that is? Please come along and find out!



Rosie and Janet will be in the Church hall to encourage, and give you ideas after the Sunday and Wednesday services of Lent beginning this week on **ASH Wednesday**.

Lent 1. Sun. Mar.10. / Weds. 17.

Lent 2. Sun. Mar.17./ Weds. 20.

Lent 3: Mar. 24./ Weds. 27

Lent 4. Mar.31. / Weds. 3.

Lent 5. Apr. 7 / Weds. 10Apr.

14. Palm S. & Holy Week

Coff./Tea will be provided on Wednesdays maybe bring sandwiches to share.

Please feel free to come, take part, watch and chat, you are very welcome!

